

Jefferson Lab's Restaurant Guide

Quick eats

Leaving Jefferson Lab and turning right (west) onto Jefferson Avenue, you will find numerous fast food restaurants within a one-mile radius. Go past the intersection where Jefferson Avenue crosses Oyster Point Road and look for them on both sides of Jefferson Avenue. Choices include Starbucks, Kentucky Fried Chicken, Taco Bell, Wend/s, Chick-Fil-A, and Subway.

A U rating are from The Daily Press and based en a. 5-star system

Average dinner entree under \$10

Applebee's Neighborhood Grill

12235 Jefferson Ave
Newport News
249-2207

Dependable American cuisine. Rated 3.5 stars for food, 3 for service and atmosphere. Open daily for lunch and dinner.

Asian Grill

12442 Warwick Blvd.
Newport News
595-5942

In a very small shopping center, this Asian restaurant has a sushi bar and magnificent Chinese food. You pay very little for die food, but you get a lot!

Belgian Waffle & Steak House

14700 Warwick Boulevard
Newport News
874-3562

Open daily for breakfast, lunch and dinner, this unique restaurant offers and extensive menu of wonderful breakfast dishes and mouthwatering steaks.

Cheddar's Casual Cafe

12280 Jefferson Ave
Newport News, VA 23602-6969
757-249-4000

American Cuisine. Rated 3.5 stars for food, 3 for service and atmosphere. Open daily for lunch and dinner.

Cracker Barrel Old Country Store

12357 Hornsby Lane

Newport News

249-3020

Country cooking with a variety of selections. Shop in the country store while you wait to be seated. Open daily for breakfast, lunch and dinner.

Fuddruckers

101 Legal Way

Newport News

872-6661

Menu consists primarily of hamburgers. Open daily for lunch and dinner.

Jade Buffet

11979 Jefferson Ave

Newport News

249-8988

Wide selection of Chinese, Japanese, American and Italian food. Lunch and dinner buffets similar, dinner features more seafood such as crab legs and shrimp. Rated 3.5 for food, 3 for service and atmosphere. Lunch and dinner daily.

Pizzeria Uno Chicago Bar & Grill

5007 Victory Blvd# 120

Yorktown

886-9050

Great pizzas, Italian specialties, appetizers, and desserts. Lunch and dinner served daily. Rated 3.5 for food and 3 for atmosphere and service.

Schlotsky's Deli

11830 Jefferson Ave

Newport News

591-8800

With quality high-end sandwiches and pizzas, and unique beers and wine, Schlotsky's provides a quality high-end fast food alternative.

TGI Fridays

12122 Jefferson Ave

Newport News

881-9218

American cuisine; variety of sandwiches, salads and entrees. Lunch and dinner served daily.

Tropical Smoothie Cafe

Pork Warwick

4191 William Styron Square

Newport News

757-595-0600

A health food based restaurant offering fresh fruit smoothies, specialty sandwiches, gourmet wraps and salads for lunch and dinner.

Average dinner entree \$10-\$15

Al Fresco

11710 Jefferson Ave
Newport News
873-0644

Traditional Italian cuisine, relaxed dining with a hint of formality. Emphasis on pastas, veal, shrimp and chicken. Generous tomato and cheese sauces. Rated 4 stars for service, 3.5 for food and atmosphere. Open for lunch Mon-Fri, dinner Mon-Sat. Smoke-free.

Cheers Unlimited Cafe & Tavern

615 Thimble Shoals Blvd
Newport News
873-3375

The food is surprisingly flavorful and varied and the atmosphere conversational and pleasant. Steaks, seafood combos and a barbecue platter are typical of the hearty meals offered. Chicken and pasta are also well represented. Rated 3 stars for food, 4 stars for food and atmosphere. Open for lunch and dinner daily with weekday lunch buffet.

Cities Grille

605 Pilot House Dr
Newport News
595-6085

Upscale urban restaurant, architecturally interesting interior, upbeat, energetic atmosphere. Rated 4.5 stars for food, 3.5 for atmosphere and service. Favorites include grilled salmon and Medici chicken; extensive wine list. Open for lunch Mon-Sat and dinner 7 nights.

County Grill & Smokehouse

1215 -A George Washington Memorial Hwy (Rt. 17)
York County
591-0600

Over-heaping helpings of open-pit cooked barbecue, brisket and chicken. Good selection of appetizers, sauces and down-home side dishes, platters and combos. Daily specials. Open daily lunch and dinner. Rated 4 stars for food, 3 for service and atmosphere. Smoke-free.

Crab Shack Seafood Restaurant on the James

7601 River Rd
James River Fishing Pier
Newport News
245-2722

Seafood menu with spectacular riverfront views. Former hole-in-the-wall has been revamped and gentrified but is still no-frills. Rated 4 stars for atmosphere, 3 for food and 2.5 for service. Open daily for lunch and dinner.

Das Waldcafe

12529 Warwick Blvd
Newport News
930-1781

Home-style German foods with a Rhineland flavor, consistently well-prepared. A local favorite for 23 years. Rated 3.5 stars for food, service and atmosphere. Open for lunch Tue-Fri, dinner Tue-Sat. Reservations recommended.

Don Pablo's Mexican Kitchen

12150 Jefferson Ave
Newport News
249-8411

Tex-Mex cooking with emphasis on chicken; some pork and ground beef dishes as well. Rated 3 stars for food, 3 each for atmosphere and service. Open daily for lunch and dinner.

El Mariachi's Mexican Restaurante

660 J. Clyde Morris Blvd
Newport News
596-4933

Mild-mannered Mexican food, in combos and a la carte. Rated 3.5 stars for food, 3 for service and atmosphere. Open daily for lunch and dinner.

Kappo Nara Seafood & Sushi

550 Oyster Point Rd
Newport News
249-5395

The Peninsula's first sushi and sashimi bar; fresh seafood artfully prepared. Rated 4 stars for food, service and atmosphere. Open for lunch Mon-Fri, dinner daily.

Kyung Sung Korean Restaurant

13748 Warwick Blvd
Newport News
877-2797

Unpromising exterior and Spartan interior, but home to real Korean foods - spicy, authentic combinations in soups and stews as well as sushi, egg rolls, squid and beef. MUD, familiar dishes are also available for tamer palates. Rated 3.5 stars for food, 3 stars each for atmosphere and service. Lunch and dinner daily.

Manchester Grill

1003 Brick Kiln Blvd
Newport News
874-2600

Cozy and casual, with bird's-eye view of golfers at Kiln Creek Laid-back eatery, steaks, sandwiches and munchies. Open Tue-Sat. Rated 4 stars for food, 3 for service and atmosphere. Outdoor patio seating. Smoke-free.

Manhattan's New York Deli & Pub

601 Thimble Shoals Blvd

Newport News

873-0555

Deli and American cuisine. Lunch features specialty sandwiches, soups and salads. All-you-can-eat pasta selections, gourmet coffees. Live blues music several nights a week. Rated 3 stars for service, food and atmosphere. Open for lunch and dinner Mon-Sat. Smoke-free.

Nawab Indian Cuisine

11712 Jefferson Ave

Newport News

591-9200

Delicate, Indian-style music and the aroma of exotic spices and wonderful breads. There's an exotic array of flavorful Indian entrees and light desserts. Lunch buffet, combination platters and vegetarian entrees available. Lunch, Mon-Sat. Dinner, Sun-Thur. Rated 4 stars for food, 3.5 stars each for atmosphere and service. Smoke-free.

Olive Garden

12560 Jefferson Ave

Newport News

833-7503

Italian-theme chain. Garlicky, torpedo-shaped breadsticks and a bottomless salad bowl are key features. Homemade pasta and marinara sauce resurface throughout the menu. Rated 3.5 stars each for food, service and atmosphere. Lunch and dinner daily.

Plaza Azteca

12099 Jefferson Ave

Newport News

249-5299

Mexican cuisine made from authentic Mexican ingredients. Extensive menu. Great margaritas. Rated 3 stars for food, 2.5 for atmosphere and 2 for service. Open for lunch and dinner.

Red Lobster

12580 Jefferson Ave

Newport News

(757) 989-6423

Seafood and American cuisine of all kinds, reasonably priced. Casual family atmosphere. Rated 3.5 stars for food, 3 each for atmosphere and service.

Rock-Ola Cafe

12648 Jefferson Ave

Newport News

874-4847

Burgers are the big draw at Rock-Ola Cafe. Other items to note are the taco and grilled chicken salads, and thick, creamy milkshakes. Rated 3.5 stars for food, 3 for atmosphere, and 4 for service. Serves lunch and dinner daily.

Bonefish Grill

340 Oyster Point Road

Newport News

269-0002

Bonefish Grill is a "polished casual" seafood restaurant known for its extraordinary fresh fish, tantalizing toppings, and spectacular martinis. Under the management of the former partner-owner of Outback Steakhouse, you should expect only the best of quality. Every day, Bonefish offers a variety of eight or more fresh fish to choose from: the fish is flown in and received fresh every morning, inspected for quality and then cut and weighed by hand. Rated 4 stars for service, atmosphere, and food.

Cowboy Syd's

Port Warwick

3150 William Styron Square North

Newport News

599-5800

Creative "Southern American" regional cuisine by one of the area's most esteemed chefs. Cajun and Creole influences abound, with selections such as bison tenderloin, smoked venison, strip steak and beef tenderloin, sauteed halibut. Outstanding homemade bread, and save room for dessert. Features one of the most interesting and unusual wine lists in Tidewater, including over 30 wines by the glass. Seasonal outdoor dining. Rated 5 out of 5 stars for food, 4.5 stars each for atmosphere and service. Dinner daily, lunch Mon-Fri. Reservations highly recommended.

Mona Korean & Japanese Restaurant

9921 Jefferson Ave

Newport News

591-0047

Delicious, exciting Korean food in an easily-overlooked location. Ignore the neighboring used-car lots. From hearty meat dishes to nicely flavored vegetarian options, the menu is out of this world and the dining room attractive and mellow. Sushi a specialty. Open daily lunch and dinner. Rated 5 out of 5 stars for atmosphere, 4.5 for food and 4 for service. Reservations, checks and credit cards accepted.

Nara of Japan Steak and Seafood Restaurant

10608 Warwick Blvd

Newport News

595-7399

The meal is the entertainment. Take an uncomplicated menu - beef, chicken, seafood - with soup, salad and appetizer included. Add some minimalist adornments - lemon juice, soy sauce, pepper and sesame seeds. Sit back and watch your chef do his stuff, on tabletop grills and hibachis. Consistent. Great fun. Rated 4 stars for food, service and atmosphere.

99 Main Restaurant

99 Main St
Newport News
599-9885

New addition to Hilton Village neighborhood, small and sophisticated. French and American cuisine. Rated 4 stars for food and atmosphere, 3 for service. Open for dinner only Tue-Sat. Reservations required.

Outback Steak House

12258 Jefferson Ave
Newport News
249-3637

Hearty Aussie-themed steakhouse. Slabs of meat for carnivores - prime rib, steaks, chicken, fish, pasta. Great potatoes and of course the bloomin' onion appetizer. Rated 3.5 stars for service, 3 for food and atmosphere. Open for lunch on Sun, dinner daily.

Red Maple Inn

202 Harpersville Road
Newport News
757-867-0110

Converted turn-of-the-century two-story home with elegant accoutrements - table cloths, linen napkins, fine china and antiques. Relaxed, comfortable atmosphere, extensive wine list. Range of seafood, beef, chicken, lamb, duck and pasta selections. Rated 4 stars each for food, service and atmosphere. Lunch and dinner Tues-Sat. Smoke-free except for covered porch. Seasonal outdoor dining.

Schlesinger's Chophouse

Port Warwick 1106 William Styron Square South
Newport News
599-4700

The first upscale classic New York Qty "chop house" style restaurant in the Tidewater area. The restaurant specializes in beef, including several bone-in cuts, brought in from Chicago, and a fine American and French wine list. The menu also offers veal, chicken and seafood items such as tuna, crab cakes and South African lobster tails. Elegant, subdued decor. Rated 4.5 stars for service, 4 for atmosphere and 3.5 for food. Dinner only, daily. Reservations recommended.

The Tapas Lounge

Port Warwick
141 Herman Melville Ave.
Newport News
594-9484

It's a small, cosmopolitan lounge/eatery in the heart of Port Warwick in Newport News. The beer list is long, wine list even longer, and the specialty drinks seem new and funky. More of a bar-scene than a restaurant, the Tapas Lounge is known for its appetizers, desserts and martinis, though quite pricey. With Jazz music playing in the background, the atmosphere is contemporary, which gives it a fresh downtown Manhattan appeal.

Texas Roadhouse

109 Cybernetics Way

Yorktown

874-5500

Come hungry to this steakhouse with a Texas-sized appetite. Rated 4 for food and service and 3 for atmosphere. M-F dinner only; lunch and dinner served Saturday and Sunday. Call ahead seating is available.