Employee Self Service (ESS)

For Benefits Open Enrollment

Instruction Manual

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Human Resources Points Of Contact

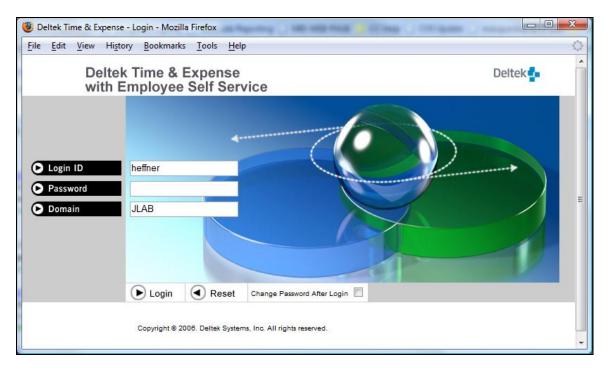
Human Resources Main Line 7598

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Logging onto ESS

- URL: misportal.jlab.org/time
- Use your current JLAB user id and password to access your ESS account



Main Screen

From the Main Screen, click on "Benefits" you can access all areas of Time Collection / ESS by clicking on the left menu items.

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Company Data

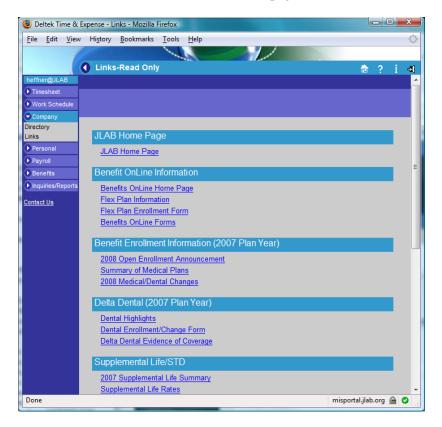
The Company Data application provides a convenient employee directory, with employee name, title, organization name, organization ID, work telephone and work e-mail, labor location, GLC, GLC description, employee class, full/part time status, and/or manager name display options. Click the Employee Directory link in the menu bar to search the employee directory. Click Company Links to access links and URLs that exist for your company.

Directory

You can use this link to search for JLab staff. Click on the "Directory" link, then type in a name to search for.

Company Links

The links and URLs that appear in the Company Links module depend on the links and groups setup by the administrator. When you select a link title, the URL's start page opens in a separate window. Select the Cancel button to return to the Platform page



Personal Data

The "Personal" section in ESS enables you to manage changes of personal information, including address and phone data, as well as emergency contacts. You can also view your current leave balance.

Address/Phone

The Address/Phone module displays your mailing address information. If your mailing address has changed, enter the updated information in the appropriate fields and click the Submit button. You can enter additional address information for home (if different from your mailing address), office, emergency contact, temporary, overseas, or other addresses by clicking on the More Addresses button. The following information displays for your address:

Note: if you mailing address is a PO Box, you must fill in the Home address information with a physical address.

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● Timesheet								
Work Schedule	Doe, John							
Company								
Personal	Your Mailing Address	s is where your paystub will be sent. To Update	your address, OV	ERWRITE the existing inform	ation.			
Life Events/New Hi	Address		Telephone —	-				
Address/Phone		_	Home		Ext			
Emergency Contact Leave Status		Type Mailing 💌	Office		Ext Ext		=	
Education, Skills & T	Street 1	123 Main St.					=	
Expense Checks	Street 2		Mobile		Ext		=	
Payroll	Street 3		Pager		Ext			
Benefits	City	Newport News	Other		Ext			
0	State/Province	Virginia 👻	Fax		Ext			
Contact Us	Postal Code	23606	Home E-Mail					
		United States of America						
		Same Mailing and Home Address						
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Emergency Contacts

Use the Emergency Contacts module to indicate two points of contact in the case of an emergency. Emergency contacts can be added, updated, and deleted.

To update your emergency contact information:

Under the Personal section, click on "Emergency Contacts". Choose either "Primary or Secondary", then make your changes and then click the "Save" link in the upper left-hand corner of the screen.

	Contact Primary
Details	Primary Secondary
Name	e Jane
Relationshi	Doe
Phon	e 757-555-1234
Street	1 123 Main St.
Street	2
Street	3
Cit	y Newport News
State/Provinc	e Virginia 💌
Postal Cod	e 23606
Countr	y United States of America 💌

<u>Leave Status</u> Use the "Leave Status" link in the Personal section to view a quick snapshot of your vacation and sick leave balances.

	VACATION	<u>SICK</u>
Beginning Balance	329.39	544.00
[+] Year To Date Earned	13.34	8.00
[-] Year To Date Used	12.00	2.00
Current Balance	330.73	550.00

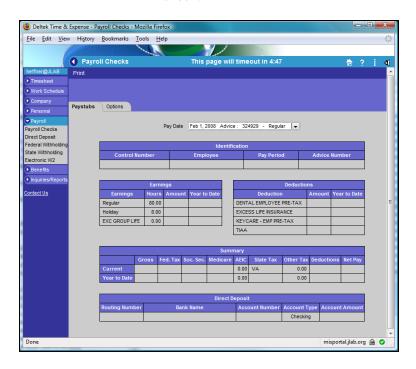
Payroll Data

Use the Payroll applications in Employee Self Service (ESS) to view and/or update information related to your payroll.

Payroll Checks

Use the "Payroll Checks" link to display your paycheck information for recent pay periods. Your earnings, deductions, and taxes are displayed for the pay period you select. The information in the Electronic Paystub module cannot be modified. You can print a copy of a paystub by clicking on the "Print" link in the upper left-hand corner of the screen.

Pay DateUse the drop-down list to select the pay period to be displayed.EarningsYour hourly pay for the current period and year-to-date by pay type.DeductionsYour statutory and other deductions for the current period and year-to-date.SummaryShows the current and year-to-date breakdown for your gross to net payroll.Direct Deposit InfoIf this record is a direct deposit advice, this column displays the direct depositinformation for the current period. This section does not appear if the record is a check.



Direct Deposit

Use the Direct Deposit module to view and modify information related to Direct Deposit. Your current account and distribution information displays on the first page of the Direct Deposit module, the Direct Deposit – Summary page. The following information displays for current and/or pending account information:

Priority	The order in which your funds are distributed.
Routing Transit #	The number that uniquely identifies your financial institution.
Financial Institution	The name of your Financial Institution.
Account #	Your bank account number.
Туре	The type of bank account.
Method	The method for the distribution of funds in to your account.
Pct/Amount	The percent or amount for this account.
Net Pay	Flag that indicates that any funds not allocated via a percent or amount go to
	this account.

Current Account Information							
Priority	Routing Transit #	Financial Institution	Account #	Туре	Method	Pct/Amount	Net Pay
1				Checking	Percent	100.00	0
Click to return to the Splash screen.							
	all a share and dated						
	Click to make changes and deletions to existing accounts/amounts only. Click to add new accounts and change existing and pending accounts. Note: Changes entered here will not be activated until they are tested						

To update your current account information:

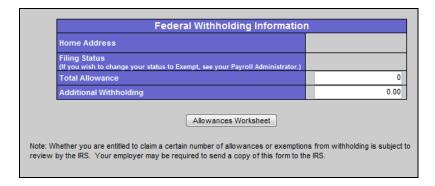
Click the Update button to make changes to amounts, methods or deletions on existing accounts only. You cannot enter new accounts in this screen. Enter the updated information in the appropriate fields and click the Save button.

To update your pending account information or add new accounts:

Click the Add button to make changes to existing accounts and/or add new accounts. Changes entered here must be tested with your financial institution before they take effect. Enter your changes and additions and click the Save button.

Federal Withholding

Use the W-4 module to view and modify information on your W-4 tax withholding form. The information currently on your W-4 form displays on the first page of the W-4 module, the W-4 – Summary page. The following information displays:



To update your information on your W-4 directly:

Update the information on the screen directly. When you are done, click the "Save" link in the upper right hand corner of the screen.

To update your information using the worksheet:

Click the "Allowances Worksheet" button to display the W-4 – Menu page. Select the "Personal Allowances Worksheet" option. Select the checkboxes that pertain to you and enter your total number of dependents and allowances. Click the Use Allowances button when all of the updated information has been entered correctly.

Use this Personal Allowances Worksheet to calculate your Total number of allowances.
1) Select the appropriate conditions
For yourself, if no one else claims you as a dependent.
If you are single and have one job; or you are married, have only one job, and your spouse does not work; or your wages from a second job or your spouse's wages (or the total of both) are \$1,000 or less.
For your spouse, but you may choose to uncheck this box if you are married and have either a working spouse or more than one job. (Leaving this box unchecked may help you avoid having too little tax withheld.)
If you file as head of household on your tax return.
If you have at least \$1,500 of child or dependent care expenses for which you plan to claim a credit.
2) Enter number of dependents (other than your spouse or yourself) you will claim on your tax return 0
3) Child Tax Credit (including additional child tax credit): 0
If your total income will be less than \$54,000 (\$79,000 if married), enter "2" for each eligible child.
If your total income will be between \$54,000 and \$84,000 (\$79,000 and \$119,000 if married), enter "1" for each eligible child, plus "1" additional if you have four or more eligible children.
Total Number of Allowances 0
Use Allowances Cancel

State Withholding

Use the State Withholding module to view and modify information on your state W-4 tax withholding form. The information currently on your state W-4 form displays on the first page of the State Withholding module, the W-4 – Summary page. The following information displays:

Current State Withholding Information		
Home Address		
Withholding State	Virginia	
Additional State Information	<u>Website</u>	
Filing Status	Single or Married 💌	
Total Allowance	0	
Additional Withholding	0.00	

Electronic W-2

Use the Electronic W-2 module to display your W-2's. Your earnings, deductions, and taxes are displayed for the payroll year and company you select. You cannot modify information in the Electronic W-2. You can print a copy of a W-2 by clicking on the "Click here to view a printable version of this page" link and using your browser's print function.

Benefits

Benefits applications enable you to view and manage select medical, dental and life insurance options. You can update your health plan coverage by adding or removing dependents, designating individuals as life insurance beneficiaries, and by specifying deduction amounts for your pre-tax Flexible Spending Accounts in the upcoming plan year. You will see only the plans and options that apply to you. If you have questions about these plans and options, you can drill down to see more information or contact your Human Resources Team.

<u>Benefits Enrollment</u>

To begin your enrollment process, click on the "Benefits Enrollment" link.

Instructions

The Instructions module is the first step in the Open Enrollment process. Once you've read the instructions on the Instructions page, press Continue to begin the Open Enrollment process. Select Cancel to return to the Platform Page.

Current Elections

Use the Current Elections module to view your current benefit elections before beginning the open enrollment process. As you progress through the open enrollment process, you will see a summary of your current election and coverage information for each respective benefit type.

After you have reviewed your benefits, click Continue to begin the benefits enrollment process or Cancel to return to the Platform page.

Dependents/Beneficiaries

The Dependents/Beneficiaries module provides a list of your active and inactive dependents. Dependents can be added, updated, and deleted during Benefits Enrollment or through a Life Event. Details for each dependent are displayed, and may be updated, by clicking on the hyperlink of the dependent's name.

To add a dependent:

Select the Add button to display the Dependents – Add Page. Enter the dependent's information in each field and click the Submit button.

General		
First Name		Address
Middle Name		Same Address as Employee (Changes to employee address should be made from Address/Telephone
Last Name		information.)
SSN /	(no dashes or punctuation)	Street 1
Government ID		Street 2
Relationship	Select	Street 3
Other Relationship		City
Gender	N/A 👻	State/Province Select
	Dependents/Beneficiaries	Postal Code
Туре		Country United States of America
	 Dependent Only 	Telephone
Status		Home
Date of Birth /		Office
Agreement	20	
	Cancel	Reset Save

To update a dependent:

Select the hyperlink of the dependent's name. Enter the updated information in the appropriate fields and click the Submit button.

To view inactive dependents:

Select the View Inactive button to display the Inactive Dependents/Beneficiaries page.

To inactivate a dependent:

Click the Inactivate button to the right of the dependent's information. If you confirm inactivation of a dependent through Benefits Enrollment and the change in dependent information causes a change in benefit eligibility, a new screen will appear, prompting you to reselect your coverage options. If the inactivated dependent was a beneficiary, you will also be prompted to update your beneficiary percentages. Any current benefit coverage and benefit elections for that dependent will be automatically updated.

To activate a dependent:

Select the View Inactive button to display the Inactive Dependents/Beneficiaries page. Click the Activate button to the right of the dependent's information. If you confirm the new dependent through Benefits Enrollment and the change in dependent information causes a change in benefit eligibility, a new screen will appear, prompting you to reselect your coverage options. You will also be able to assign that dependent as a benefit beneficiary.

Medical Benefits

When you are done with your Dependents/Beneficiaries, click on the "Done" button to continue to Medical Benefits. The Medical page displays your current coverage and allows you to enroll in another plan or waive the coverage (if applicable).

he Optima Enrollment Form					
surance Plans Overview					
and Dental Plan Changes					
nestic Partner Medical & Denta	Coverage				
ier Affadavit					
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ation is available on the Co	mpany - Company Links Section	of ESS			
		Current Cove	rade		
	Medical Pla		Semi Month	hly	
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	KeyCare Pre-	Tax Employee Onl	у 52.	65	
		roll in New Co			
Medical Plan	Empl + Spouse/Same Sex Dm Pt				Pt No Coverage
	0 169.60	0 117.85	0 81.15	221.95	
BlueCare Pre Tax	0 400.00	0 417.05	0 01.15	0.001.05	
BlueCare Pre-Tax	0 169.60	0 117.85	81.15	221.95	
BlueCare Pre-Tax HealthKeepers Post-Tax	96.65	66.90	O 46.15	0 126.55	
BlueCare Pre-Tax	96.65 96.65	 66.90 66.90 	 46.15 46.15 	C 126.55 126.55	
BlueCare Pre-Tax HealthKeepers Post-Tax HealthKeepers Pre-Tax	96.65	66.90	O 46.15	0 126.55	
BlueCare Pre-Tax HealthKeepers Post-Tax HealthKeepers Pre-Tax KeyCare Post-Tax	96.65 96.65 117.25	66.90 66.90 66.90 81.15	 46.15 46.15 56.15 	 □ 126.55 ○ 126.55 ○ 153.40 	
BlueCare Pre-Tax HealthKeepers Post-Tax HealthKeepers Pre-Tax KeyCare Post-Tax KeyCare Pre-Tax	96.65 96.65 117.25 117.25	 66.90 66.90 81.15 81.15 	 46.15 46.15 56.15 56.15 	 ○ 126.55 ○ 126.55 ○ 153.40 ○ 153.40 	
BlueCare Pre-Tax HealthKeepers Post-Tax HealthKeepers Pre-Tax KeyCare Post-Tax KeyCare Pre-Tax Optima Post-Tax	96.65 96.65 117.25 117.25 89.20	 66.90 66.90 81.15 81.15 61.75 	 46.15 46.15 56.15 56.15 42.55 	 126.55 126.55 153.40 153.40 115.340 116.95 	0.00

To enroll in new coverage:

Select the level of coverage, the desired plan, and the people to be covered on the plan. You can click the link on the plan name to view more information about that plan. Your dependents specified in the Dependents/Beneficiaries module are used to populate the list of dependents here. Select the checkbox to add a dependent to the selected medical plan. If the list of names in this field is not complete, add the missing name(s) in the Dependents/Beneficiaries module.

The enrollment will take effect when you click the Confirm button on the Summary page.

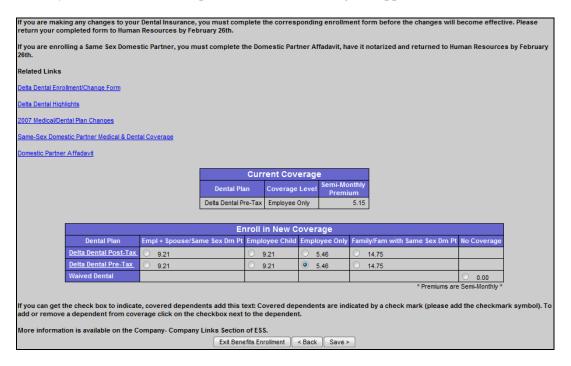
Click Save to save the benefit election and continue to the next benefit (first time through enrollment) or the Summary page (in change mode).

Click Come Back Later to skip the benefit and continue to the next benefit (first time through enrollment).

Click Cancel to return to the Summary page (in change mode).

Dental Benefits

Use the Dental module to enroll in dental coverage. The Dental page displays your current coverage and allows you to enroll in another plan or waive the coverage (if applicable).



Short Term Disability

Use the Short Term Disability module to enroll in short term disability insurance coverage. The Short Term Disability page displays your current coverage and allows you to waive the coverage (if applicable).

To enroll in new coverage:

Select the desired coverage level and plan from the drop-down list in the New Coverage Column. The enrollment will take effect when you click the Confirm button on the Summary page. Click Save to save the benefit election and continue to the next benefit (first time through enrollment) or the Summary page (in change mode). Click Come Back Later to skip the benefit and continue to the next benefit (first time through enrollment). Click Cancel to return to the Summary page (in change mode)

Medical Care FSA

Use the Medical Care FSA module to specify your annual contribution to your Medical Care Flexible Spending Account (FSA). The current contribution displays in the Current Coverage column.

Medical FSA					
Contribution	Current	New			
Annual Contribution	Annual Contribution 0.00 0.				
Semi-Monthly	Semi-Monthly 0.00 0.00				
Note: If you do not wish 0.00 in the box. Semi-Mo		al FSA plan, you must enter			

To enroll in new coverage:

To change the amount of your contribution, enter the desired annual or per pay period amount in the appropriate field. Once you enter an amount, the other field will calculate automatically. The annual amount cannot exceed the amount listed at the bottom of the page. The enrollment will take effect when you click the Confirm button on the Summary page.

Click Save to save the benefit election and continue to the next benefit (for first time through enrollment) or the Summary page (in change mode).

Click Come Back Later to skip the benefit and continue to the next benefit (for first time through enrollment). Click Cancel to return to the Summary page (in change mode).

Dependent Care FSA

Use the Dependent Care FSA module to specify your annual contribution to your Dependent Care Flexible Spending Account (FSA). The current contribution displays in the Current Coverage column.

Dependent Care FSA		
Contribution	Current	New
Annual Contribution	0.00	0.00
Semi-Monthly	0.00	0.00
You may enter a New Annual Contribution amount up to 5000.00 Note: If you do not wish to participate in the Dependent Care FSA plan, you mus enter 0.00 in the box. Semi-Monthly box. Exit Benefits Enrollment < Back Save >		

Designate Beneficiaries

Use the Designate Beneficiaries screen to view and update your Beneficiary designation. Your current and new benefits (the ones elected at Open Enrollment) are displayed in this screen.

Note:

The totals for your Primary and Contingent beneficiaries for each plan must equal 100%. For example: you have two primary beneficiaries that each receive 50%, and you have three contingent beneficiaries. The three contingent beneficiaries must also total 100%.

Click Save to save the benefit election and continue to the next benefit (for first time through enrollment) or the Summary page (in change mode).

Summary

The Summary module is the last step in the Open Enrollment process. It is very important that you carefully review the summary of elections you have made during the open enrollment process. The Saved column indicates the benefits for which an election has been saved. You can view additional information about each plan by clicking on the links (if available) in the Plan name column. You cannot confirm your elections until you've saved an election for every benefit type. Once you are sure that all the elections are correct, click the Confirm button. The Confirmed column will indicate that your benefit elections have been confirmed. You can make changes to these elections as long as the enrollment period is still open. If you make a change, you will need to re-confirm the elections using the same process.

Note:

When you press the confirm button in the Open Enrollment application, the system will return you to previous page you were on, the Summary ESS Screen. Be sure to print out a copy of your Open Enrollment selections from the Summary screen. Once you have cycled through the Open Enrollment process once, you must select "Benefits Enrollment "from the Main screen, then you will start at the Summary page. If you choose to navigate through other pages in the Open Enrollment application, you must access them by the quick links located on the Left.