

# Compact Stars with Exotic States of Matter

A basic (but hopefully interesting) introduction  
to matter under extreme conditions

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# Outline (I)

- Lect 1 – Neutron stars
  - Introduction to compact stars
    - relevant physics – theorists' playground
    - relevant scales – get some numbers in your head
    - formation – “Little” Bangs
    - unraveling the “onion” – strange pasta
    - observational data on compact stars
  - Basic equations of structure
    - Newtonian stars – white dwarves
    - Fermi gas equation of state
    - mass vs. radius curve
    - general relativistic equations
    - neutron stars – next lecture

## Outline (II)

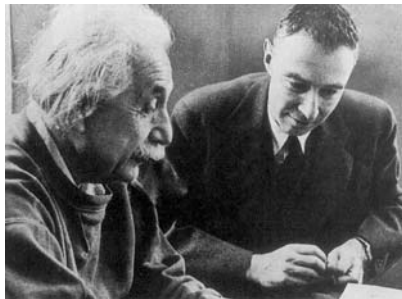
- Lect 2 – The layers of the “onion” – Exotic states of matter
- EoS of nuclear matter
  - realistic potentials
  - solving the Schrodinger equation variationally
  - cold catalyzed nucleon matter
- Exotic states of matter
  - unpaired quark matter
  - CFL
- Building a “realistic” star
  - equations of state
  - phase transitions in nuclear and quark matter
  - maximum mass limits

## References

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- S. Weinberg,  
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- M. Prakash and J. Lattimer,  
`The physics of neutron stars', astro-ph/0405262
- J. Lattimer,  
`Stars', SUNY Stonybrook grad course,  
<http://www.ess.sunysb.edu/lattimer/PHY521/index.html>
- S. Reddy,  
`Novel phases at high density and their roles in the structure  
and evolution of neutron stars' (Zakopane Summer School),  
nucl-th/0211045
- M. Alford,  
`Color superconducting quark matter', hep-ph/0102047

# The Theorist's Playground & Astrophysical Laboratory

- Relevant Theories
  - general relativity
  - classical electrodynamics
  - quantum field theory
    - Electroweak
    - QCD
    - EFT
  - statistical physics
  - transport phenomena
  - collective phenomena



- Overlapping disciplines
  - nuclear physics
  - particle physics
  - astrophysics
  - condensed matter



## Scales – Mass & Length

- Fundamental constants

$$\hbar c \approx 197 \text{ MeV fm}, k_B = 8.62 \times 10^{-11} \text{ MeV/K}$$

- Solar scales  $M_{\odot} = 1.99 \times 10^{30} \text{ kg}$   
 $= 1.79 \times 10^{54} \text{ erg}$

$$R_{\odot} = 6.96 \times 10^5 \text{ km}$$

$$\rho_c \approx 160 \text{ g/cc} \approx 20\rho_{Fe}$$

$$T_c \approx 1.6 \times 10^7 \text{ K}$$

$$H \approx 50 \text{ G}$$

- NS scales  $M \approx 1.4M_{\odot}$

$$R \approx 10 - 20 \text{ km}$$

$$\rho_c \approx 10^{15} \text{ g/cc} \approx 5 - 10 n_0, n_0 = 0.16 \text{ fm}^{-3}$$

$$T_c \approx 10^6 \text{ K} \approx 0$$

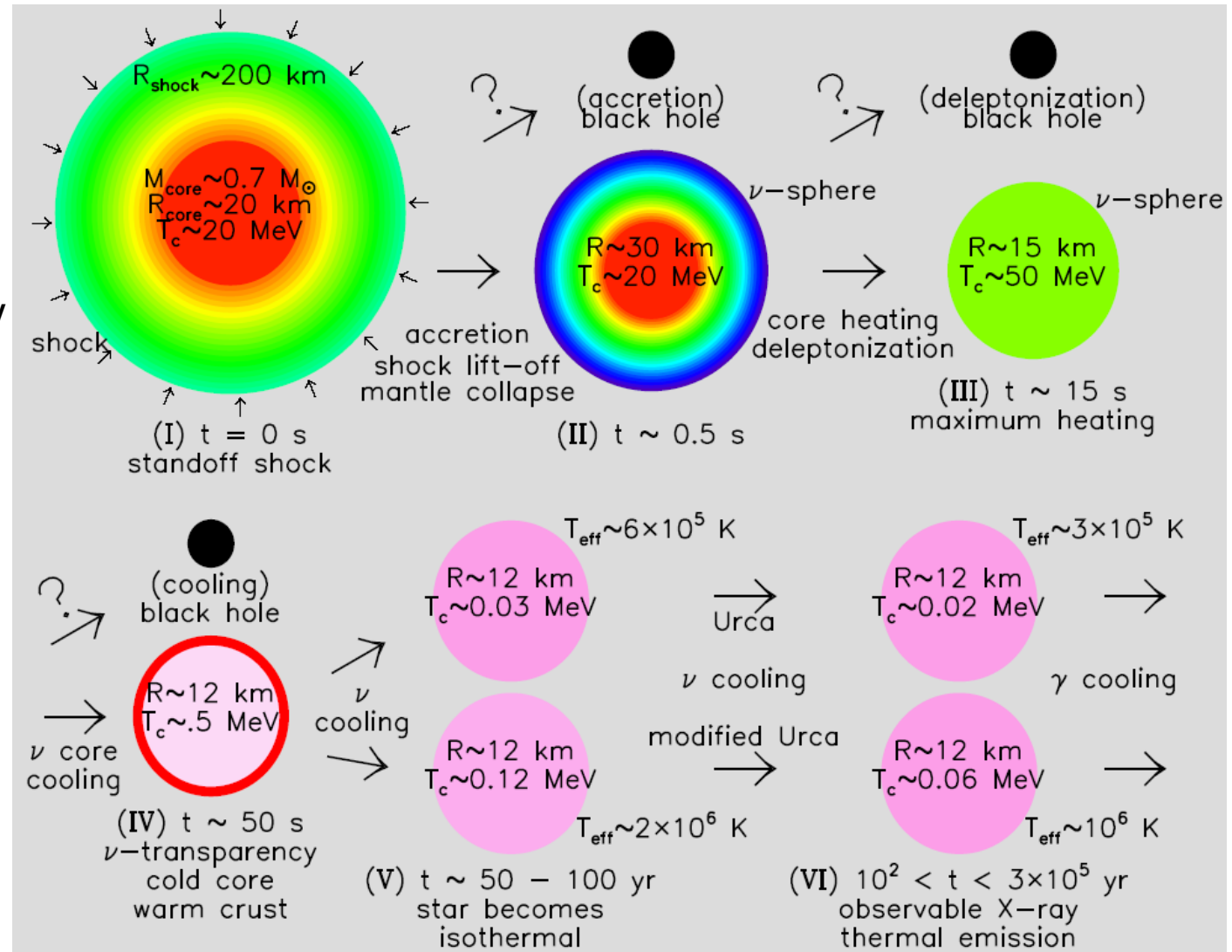
thimbleful of NM  $\gg 10^9$  tons

$$H \approx 10^{12} \text{ G}$$

# Formation of neutron stars: supernovae

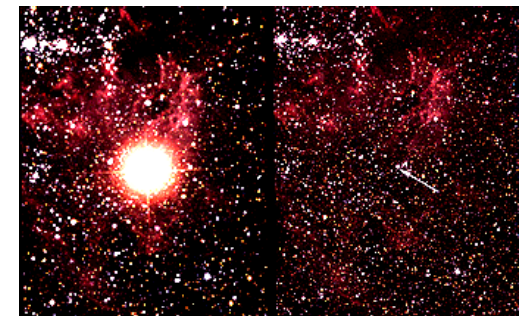
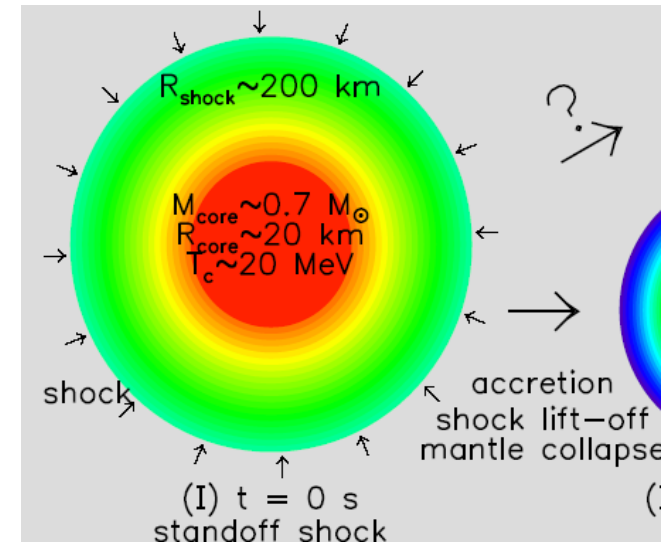
Main stages:

- (I) core collapse
- (II) proto-neutron star
- (III)  $\nu$  heating
- (IV)  $\nu$  transparency
- (V) photon cooling



# Formation of proto-neutron stars: Type II Supernova

- Type II supernova explosion
  - gravitational collapse massive star's white dwarf core  $> 8M_{\odot}$
  - collapse halts @ core density  $\gg n_0$
  - shock wave dynamics
    - shock wave forms @ outer core radius
    - energy loss  $\nu$  and nuclear dissociation stalls shock wave 100-200 km
    - shock resuscitation from core  $\nu$ 's
      - + rotation, convection, magnetic fields, etc.
    - $\nu$ -driven explosion expels stellar mantle
  - gravitational binding energy released
 
$$BE_{\text{grav}} = \rho_{\text{av}} \int d^3r V(r) = \frac{3}{5} (GM^2/R) \approx 3 \times 10^{53} \text{ erg} \approx 0.1 M_{\text{star}}$$
  - kinetic energy mass blow-off  $\approx 10^{51} \text{ erg}$
  - Supernova (SN) 1987A in Large Magellanic Cloud
    - confirmed release of  $E_{\nu} = 3 \times 10^{53} \text{ erg}$

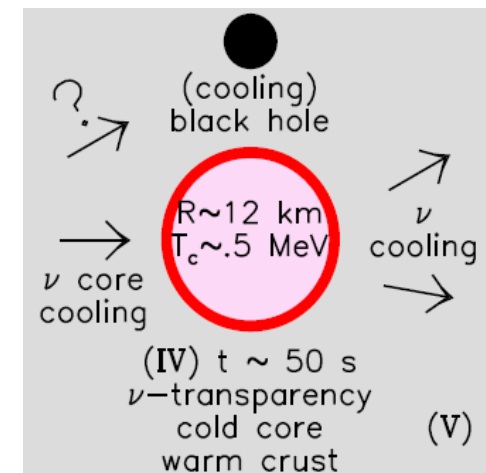
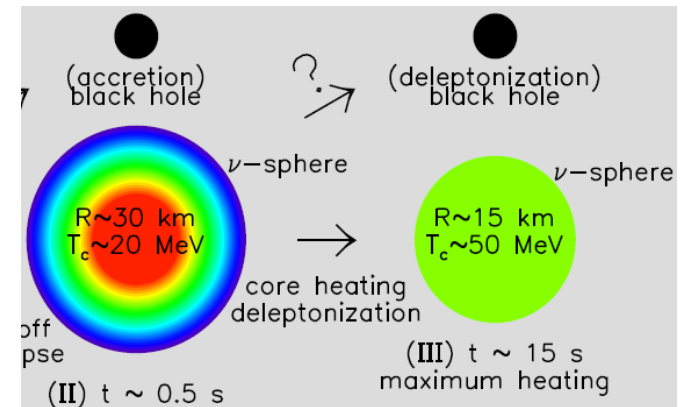


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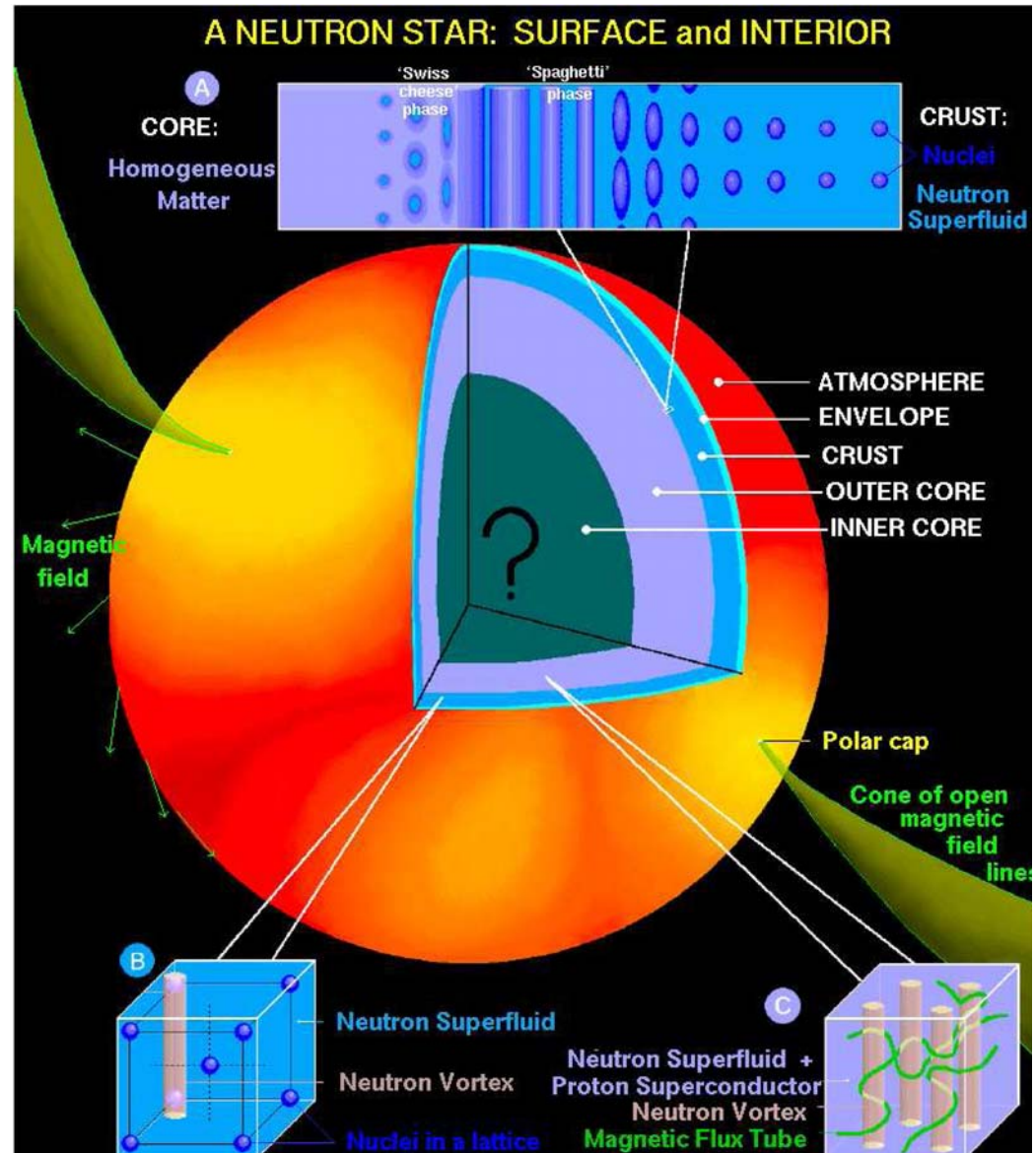
## Proto-neutron stars

- proto-neutron star  $R \sim 20$  km
  - lepton rich -  $e^-$  and  $\nu_e$
  - baryon number density  $n = 2.3n_0$
  - trapped neutrinos  $\sigma_{\nu A} \sim 10^{-40} \text{ cm}^2$ 
    - $\lambda \sim (\sigma n)^{-1} \sim 10 \text{ cm}$
    - compare  $\sigma_{\nu A}$  to  $\sigma_{eA} \sim 10^{-24} \text{ cm}^2$
  - shrinks due to pressure loss from  $\nu$  emission at surface
  - escape of  $\nu$  from interior on diffusion time scale
 
$$\tau \sim 3R^2/\lambda c \sim 10 \text{ s}$$
  - $\nu$  loss  $\rightarrow e^-$  capture on protons and initially warms the interior as the  $\nu$ 's make their way out; mostly neutrons
  - core temperature  $T_c \sim 50 \text{ MeV}$  ( $6 \times 10^{11} \text{ K}$ )
  - cooling starts
  - $\sigma / \lambda^{-1} / h E_\nu^2 \rightarrow \lambda > R$  after  $\gg 50 \text{ s}$



# Peeling the astrophysical onion

- Atmosphere } negligible mass
- Envelope }
- Crust
  - nuclear lattice
  - neutron superfluid
- Transition region
  - inhomogeneous “pasta” phases
- Outer core
  - pion condensation
  - hyperonic matter
- Inner core
  - quark matter
  - color superconductors
    - CFL
    - 2SC

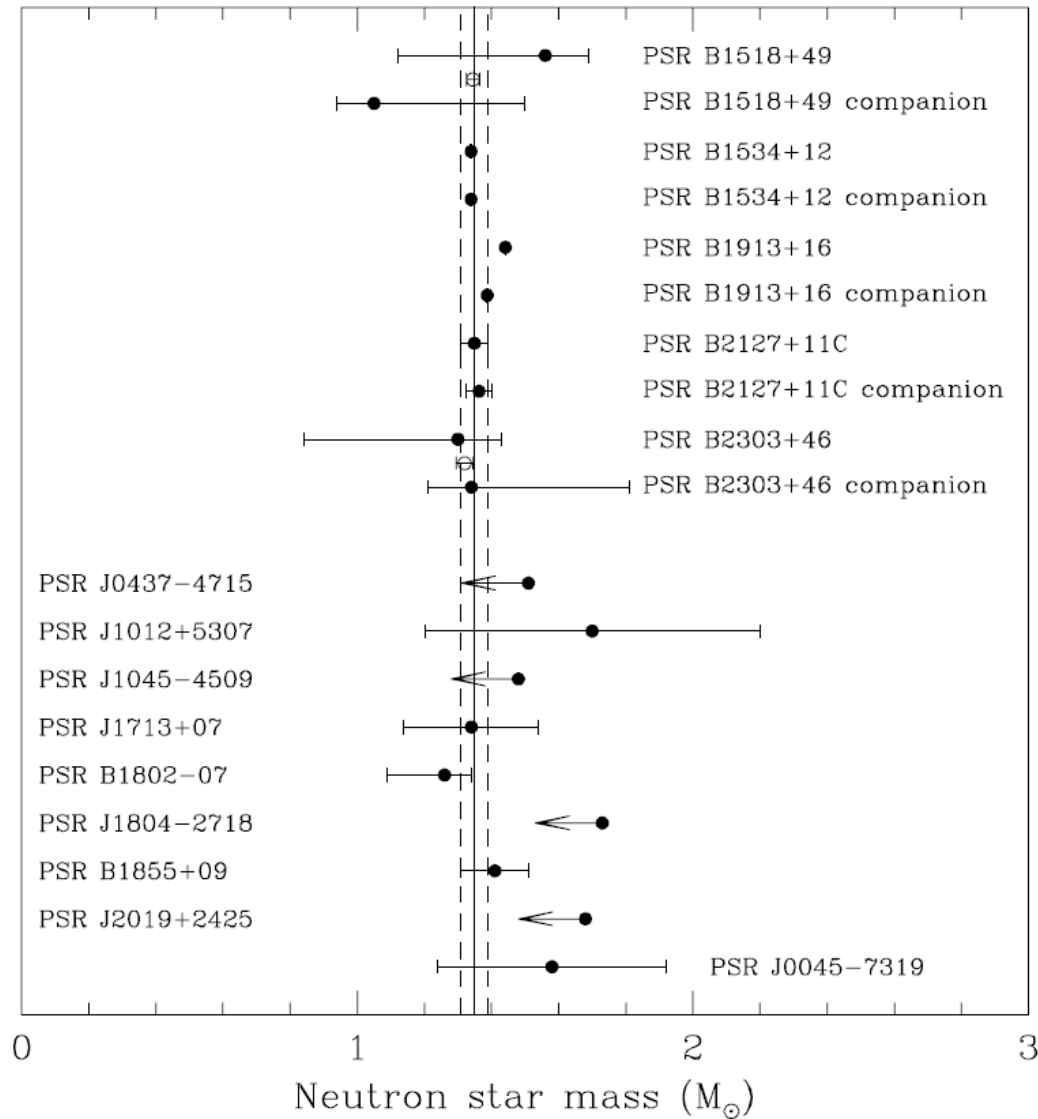


# Observation of astrophysical objects

- Varieties of astrophysical objects
  - main sequence stars
  - white dwarves
  - pulsars
  - binary systems
  - quasars
- Observational techniques
  - radio astronomy
    - Very Large Array – Socorro, NM
    - Arecibo – Puerto Rico
  - optical telescopes
    - low earth orbit
      - Hubble Space Telescope
    - land based
      - Mauna Kea, Chile, Arizona, etc.
  - x-ray observatories
    - Chandra
    - XMM



## Radio binary pulsar data

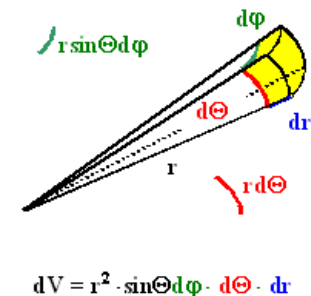


- Timing observations
  - orbital sizes and periods gives total mass
  - relativistic effects give mass of each component
- NS-NS binaries  
precision  $\sim 0.0003 M_{\odot}$
- NS-white dwarf binaries  
precision  $\sim 0.1 M_{\odot}$
- x-ray binaries  
larger errors
- An aside:  
radio observation of ms pulsars and extrasolar planets by A. Wolszczan

# Newtonian stars: warm up on white dwarves

- Assume:
  - spherically symmetric, static star
  - uniform (entropy & chemical composition)
  - $E/V \sim m_N N/V$  – neglect general relativistic effects
- Newtonian equation of motion – hydrostatics
  - gravity –  $F_g$
  - degeneracy pressure of electron gas –  $F_{deg}$

$$\begin{aligned}\hat{\mathbf{r}} \cdot \sum \mathbf{F} &= 0 \\ -F_g + F_{deg} &= 0 \\ F_{deg} &= P(r + dr)dA(r + dr) - P(r)dA(r) \\ F_g &= \frac{GM(r)}{r^2} \rho(r) dV \\ \frac{dP(r)}{dr} &= -\frac{GM(r)\rho(r)}{r^2} \\ \frac{dM(r)}{dr} &= 4\pi r^2 \rho(r)\end{aligned}$$



$$\frac{d}{dr} \frac{r^2}{\rho(r)} \frac{dp(r)}{dr} = -4\pi G r^2 \rho(r)$$

## Stellar structure equation

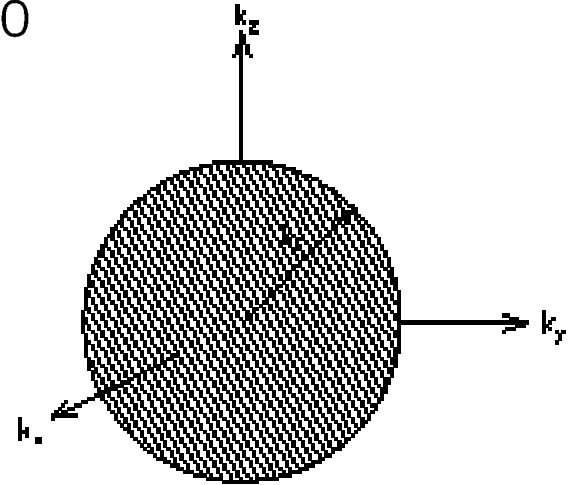
- Structure equation
$$\frac{d}{dr} \frac{r^2}{\rho(r)} \frac{dp(r)}{dr} = -4\pi G r^2 \rho(r)$$
  - obtain  $p(r)$ ,  $\rho(r)$
- Boundary condition
  - $p_c = p(0)$ ,  $\rho_c = \rho(0)$
- Integrate out from central values to  $p(R) = \rho(R) = 0$
- Requires Equation of State (EoS):  $p(\rho)$ 
  - EoS depends on species present
  - interactions
- Properties of EoS
  - “stiffness”  $\propto$  adiabatic compressibility –  $\kappa_s = \frac{1}{\rho} \left( \frac{d\rho}{dp} \right)_s \sim \frac{1}{\rho c^2}$ 
    - smaller slope (at fixed  $\rho$ ) ) “harder” EoS
    - “hard” EoS ) large wave propagation speed
      - all EoS’s are limited by superluminal wave speed
- Mass vs. radius  $M(R)$  curve
  - scan over central density/pressure
  - obtain total mass,  $M$  and radius,  $R$
  - maximum mass

## Fermi gas model EoS

- Assume cold, relativistic Fermi gas of electrons – all momenta filled to Fermi level,  $k_F$

$$n(k) = \left[ e^{(\epsilon(k) - \mu)/T} + 1 \right]^{-1} \rightarrow \theta(k_F - k), T \rightarrow 0$$

$$\begin{aligned} n = \frac{N}{V} &= g \int \frac{d^3k}{(2\pi)^3} \theta(k_F - k) \\ &= \frac{g}{2\pi^2} \int_0^\infty dk k^2 \theta(k_F - k) \\ &= \frac{g}{6\pi^2} k_F^3 \end{aligned}$$



$$\begin{aligned} \epsilon(k_F) = \frac{E}{V} &= g \int \frac{d^3k}{(2\pi)^3} \theta(k_F - k) \sqrt{k^2 + m^2} \\ &= \frac{g}{2\pi^2} \frac{m^4}{\pi^2} \int_0^{k_F/m} du u^2 (1 + u^2)^{1/2} \\ &= g \frac{\epsilon_0}{2} \left[ (2x^3 + x)(1 + x^2)^{1/2} - \sinh^{-1} x \right] \end{aligned}$$

$$\epsilon_0 = \frac{m^4}{\pi^2}, x = \frac{k_F}{m}$$

## Fermi gas EoS (II)

- pressure

$$\begin{aligned} p &= - \left( \frac{\partial E}{\partial V} \right)_{T=0} = n\mu - \epsilon \\ &= g \int \frac{d^3k}{(2\pi)^3} \left( \mu - \sqrt{k^2 + m^2} \right) \theta(k_F - k) \\ &= g \frac{1}{6\pi^2} \int_0^{k_F} dk k^4 (k^2 + m^2)^{-1/2}, \quad \text{I.B.P.,} \quad \mu = \sqrt{k_F^2 + m^2} \\ p &= g \frac{\epsilon_0}{48} \left[ (2x^3 - 3x)(1 + x^2)^{1/2} + 3 \sinh^{-1} x \right] \\ \epsilon &= nm_N A/Z + \epsilon(k_F), \quad \epsilon(k_F) \ll nm_N \\ \epsilon &\approx \rho \end{aligned}$$

- eliminate  $x$  to obtain  $p(\rho)$



## Fermi gas EoS (III)

- Relativistic

$$\begin{aligned} p(k_F) &= g \frac{1}{24\pi^2} k_F^4 \\ &= K_{rel} g^{-1/3} \epsilon^{4/3}, \quad K_{rel} = \frac{1}{24\pi^2} \left( \frac{6\pi^2 Z}{m_N A} \right)^{4/3} \end{aligned}$$

- Non-relativistic

$$\begin{aligned} p(k_F) &= g \frac{1}{2\pi^2} \frac{k_F^5}{15m_e} \\ &= K_{nr} g^{-2/3} \epsilon^{5/3}, \quad K_{nr} = \frac{1}{30\pi^2 m_e} \left( \frac{6\pi^2 Z}{m_N A} \right)^{5/3} \end{aligned}$$

- Polytropic EoS

$$p = K \epsilon^\gamma$$

## Mass vs. radius

- Polytropic EoS – exactly soluble

$$M = 4\pi R^{(3\gamma-4)/(\gamma-2)} \left( \frac{K\gamma}{4\pi G(\gamma-1)} \right)^{-1/(\gamma-2)} \xi_1^{-(3\gamma-4)/(\gamma-2)} \xi_1^2 |\theta'(\xi_1)|$$

- Lane-Emden function  $\theta(\xi)$
  - $\gamma > 6/5$
  - $\gamma = 4/3$  )  $M$  independent of  $R$ ,  $\rho(0)$
- Relativistic EoS and Chandrasekhar limit
  - $\gamma = 4/3$

$$M = 5.87 \left( \frac{Z}{A} \right)^2 M_{\odot} \approx 1.26 M_{\odot}, \quad Z/A = 26/56$$

## Neutron stars: General relativistic equation

- Tolman-Oppenheimer-Volkov Equation
  - gravitational and special relativistic corrections increase the strength of gravity relative to Newtonian case
  - neglects rotation

$$\begin{aligned} \frac{dP(r)}{dr} = & -\frac{G\rho(r)m(r)}{r^2} \\ & \times \left[ 1 + \frac{P}{\rho(r)c^2} \right] \\ & \times \left[ 1 + \frac{4\pi r^3 P}{m(r)c^2} \right] \\ & \times \left[ 1 - \frac{2Gm(r)}{r} \right]^{-1} \end{aligned} \quad \left. \begin{array}{l} \text{special relativistic mass-energy corrections} \\ \text{gravitational length contraction} \end{array} \right\}$$

$$\frac{dm(r)}{dr} = 4\pi r^2 \rho(r)$$

# Neutron stars

- For masses,  $M > ((\hbar c)^{3/2} / m_N^2 G^{3/2})^{1/4} \approx 2M_\odot$  (Chandrasekhar mass)
  - electron degeneracy can't support gravity
  - white dwarf collapses
    - possibly to a black hole
    - or a neutron star
- Similar to white dwarf – now neutron degeneracy
  - reaction:  $p + e^- \rightarrow n + \nu$
  - mostly neutrons, some protons – enough to prevent neutron decay
  - central density  $>$  white dwarf's  $\gg (m_N/m_e)^3 \gg 10^9$
  - radius  $<$  white dwarf's  $\gg m_N/2m_e \gg 10^3$
- Next lecture – neutron stars from “realistic” equations of state; and
- A “realistic” compact object taking into account “exotic matter”