

Sigma terms in Chiral Effective Field Theory

Jose Manuel Alarcón



Works done in collaboration with L. S. Geng, J. Martín Camalich and J. A. Oller



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 - LQCD (Hellmann-Feynman) $\sigma_q = m_q \frac{\partial m_N}{\partial m_q}$

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- Chiral EFT extractions

- LQCD

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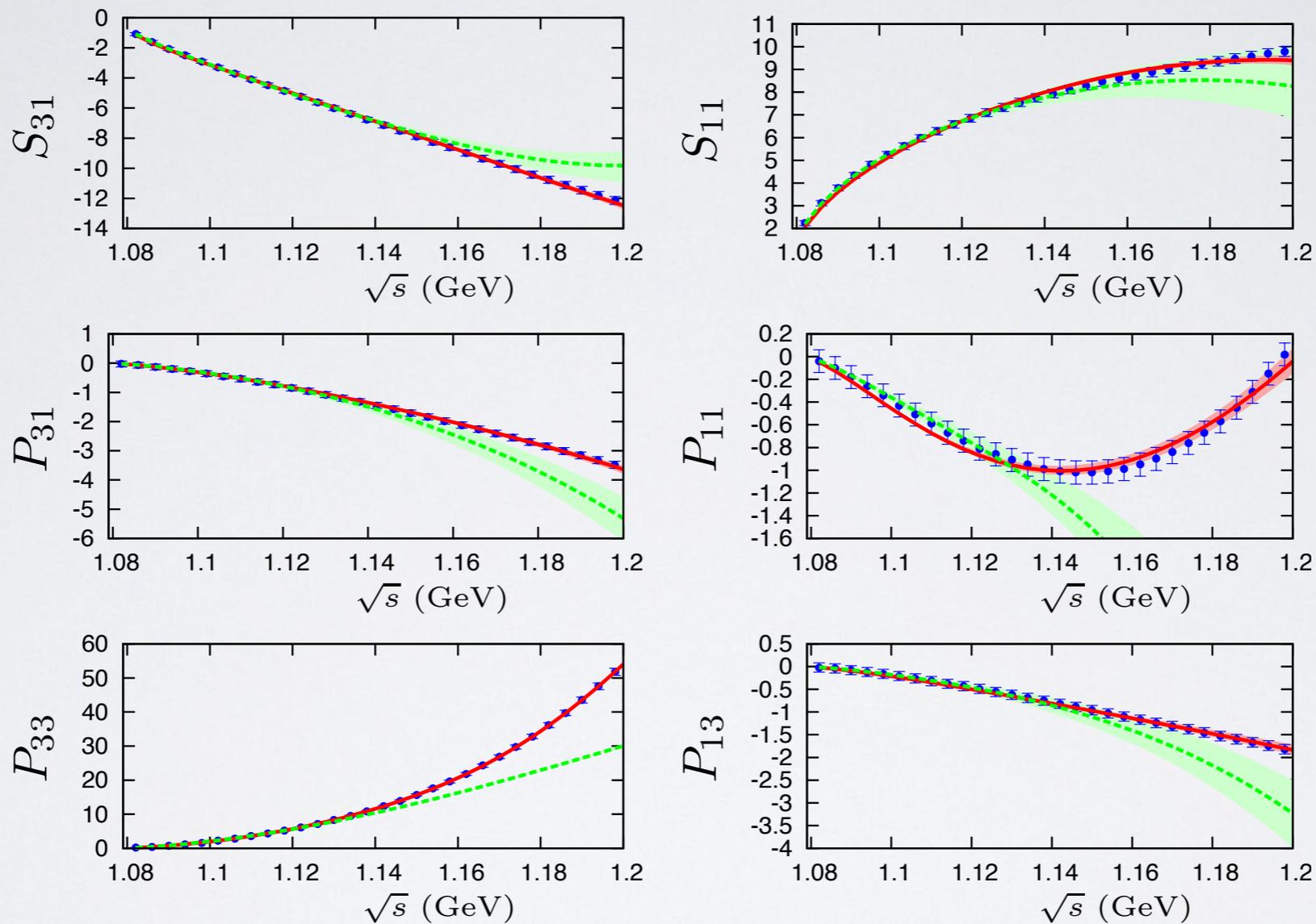
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 - George Washington University (WI08) *[Workman, et al., PRC 86, (2012)]*
 - Zürich group (EM06) *[Matsinos, Woolcock, Oades, Rasche and Gashi, NPA 95 (2006)]*

πN scattering with relativistic chiral EFT

Fits to WI08



Δ -less ChPT



Δ -ChPT

[Alarcón, Martin Camalich and Oller, *Ann. of Phys.* 336 (2013)]

πN scattering with relativistic chiral EFT

Threshold parameters

Partial Wave	KA85 Δ -ChPT	WI08 Δ -ChPT	EM06 Δ -ChPT	KA85	WI08	EM06
a_{0+}^+	-1.1(1.0)	-0.12(33)	0.23(20)	-0.8	-0.10(12)	0.22(12)
a_{0+}^-	8.8(5)	8.33(44)	7.70(8)	9.2	8.83(5)	7.742(61)
$a_{S_{31}}$	-10.0(1.1)	-8.5(6)	-7.47(22)	-10.0(4)	-8.4	-7.52(16)
$a_{S_{11}}$	16.6(1.5)	16.6(9)	15.63(26)	17.5(3)	17.1	15.71(13)
$a_{P_{31}}$	-4.15(35)	-3.89(35)	-4.10(9)	-4.4(2)	-3.8	-4.176(80)
$a_{P_{11}}$	-8.4(5)	-7.5(1.0)	-8.43(18)	-7.8(2)	-5.8	-7.99(16)
$a_{P_{33}}$	22.69(30)	21.4(5)	20.89(9)	21.4(2)	19.4	21.00(20)
$a_{P_{13}}$	-3.00(32)	-2.84(31)	-3.09(8)	-3.0(2)	-2.3	-3.159(67)

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$a_{P_{13}}$	-3.00(32)	-2.84(31)	-3.09(8)	-3.0(2)	-2.3	-3.159(67)

Pion-nucleon coupling (d_{18})

	KA85 Δ -ChPT	WI08 Δ -ChPT	EM06 Δ -ChPT	KA85	WI08	EM06
Δ_{GT}	5.1(8)%	1.0(2.5)%	2.0(4)%	4.5(7)%	2.1(1)%	0.2(1.0)%
$g_{\pi N}$	13.53(10)	13.00(31)	13.13(5)	13.46(9)	13.15(1)	12.90(12)

πN scattering with relativistic chiral EFT

Threshold parameters

Partial Wave	KA85 Δ -ChPT	WI08 Δ -ChPT	EM06 Δ -ChPT	KA85	WI08	EM06
a_{0+}^+	-1.1(1.0)	-0.12(33)	0.23(20)	-0.8	-0.10(12)	0.22(12)
a_{0+}^-	8.8(5)	8.33(44)	7.70(8)	9.2	8.83(5)	7.742(61)
$a_{S_{31}}$	-10.0(1.1)	-8.5(6)	-7.47(22)	-10.0(4)	-8.4	-7.52(16)
$a_{S_{11}}$	16.6(1.5)	16.6(9)	15.63(26)	17.5(3)	17.1	15.71(13)
$a_{P_{31}}$	-4.15(35)	-3.89(35)	-4.10(9)	-4.4(2)	-3.8	-4.176(80)
$a_{P_{11}}$	-8.4(5)	-7.5(1.0)	-8.43(18)	-7.8(2)	-5.8	-7.99(16)
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Sigma-term (c_1)

	KA85 Δ -ChPT	WI08 Δ -ChPT	EM06 Δ -ChPT	KA85	WI08	EM06
$\sigma_{\pi N}$ (MeV)	43(5)	59(4)	59(2)	45(8)	64(7)	56(9)

πN scattering with relativistic chiral EFT

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Agreement with the PWA that provides the input.
Never achieved before in ChEFT !!!

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				5(7)%	2.1(1)%	0.2(1.0)%

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Subthreshold region

	KA85	WI08	EM06	KA85	WI08	EM06	KA85	WI08
	Δ -ChPT	[50]	[4]					
$d_{00}^+ (M_\pi^{-1})$	-2.02(41)	-1.65(28)	-1.56(5)	-1.48(15)	-1.20(13)	-0.98(4)	-1.46	-1.30
$d_{01}^+ (M_\pi^{-3})$	1.73(19)	1.70(18)	1.64(4)	1.21(10)	1.20(9)	1.09(4)	1.14	1.19
$d_{10}^+ (M_\pi^{-3})$	1.81(16)	1.60(18)	1.532(45)	0.99(14)	0.82(9)	0.631(42)	1.12(2)	-
$d_{02}^+ (M_\pi^{-5})$	0.021(6)	0.021(6)	0.021(6)	0.004(6)	0.005(6)	0.004(6)	0.036	0.037
$b_{00}^+ (M_\pi^{-3})$	-6.5(2.4)	-7.4(2.3)	-7.01(1.1)	-5.1(1.7)	-5.1(1.7)	-4.5(9)	-3.54(6)	-
$d_{00}^- (M_\pi^{-2})$	1.81(24)	1.68(16)	1.495(28)	1.63(9)	1.53(8)	1.379(8)	1.53(2)	-
$d_{01}^- (M_\pi^{-4})$	-0.17(6)	-0.20(5)	-0.199(7)	-0.112(25)	-0.115(24)	-0.0923(11)	-0.134(5)	-
$d_{10}^- (M_\pi^{-4})$	-0.35(10)	-0.33(10)	-0.267(14)	-0.18(5)	-0.16(5)	-0.0892(41)	-0.167(5)	-
$b_{00}^- (M_\pi^{-2})$	17(7)	17(7)	16.8(7)	9.63(30)	9.755(42)	8.67(8)	10.36(10)	-

[Alarcón, Martin Camalich and Oller, Ann. of Phys. 336 (2013)]

πN scattering with relativistic chiral EFT

Threshold parameters

Partial Wave	KA85	WI08	EM06	KA85	WI08	EM06
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	KA85	WI08	EM06	KA85	WI08	EM06
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	KA85	WI08	EM06	KA85	WI08	EM06	KA85	WI08
	Δ -ChPT	[50]	[4]					
$d_{00}^+(M_\pi^{-1})$	-2.02(41)	-1.65(28)	1.56(5)	-1.48(15)	-1.20(13)	-0.99(4)	-1.46	-1.30
$d_{00}^-(M_\pi^{-1})$	1.5(1)	1.7(1)	1.5(1)	1.5(1)	1.5(1)	1.5(1)	1.5(1)	1.5(1)
$d_{02}^+(M_\pi^{-5})$	0.021(6)	0.021(6)	0.021(6)	0.004(6)	0.005(6)	0.004(6)	0.036	0.037
$b_{00}^+(M_\pi^{-3})$	-6.5(2.4)	-7.4(2.3)	-7.01(1.1)	-5.1(1.7)	-5.1(1.7)	-4.5(9)	-3.54(6)	-
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Agreement with the dispersive results for first time!
Solves the problem found by Becher and Leutwyler!

[Alarcón, Martin Camalich and Oller, *Ann. of Phys.* 336 (2013)]

The pion-nucleon σ -term

$$\frac{1}{2m_N} \langle N | \hat{m} (\bar{u}u + \bar{d}d) | N \rangle$$

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Volume 253, number 1,2 PHYSICS LETTERS B 3 January 1991

Sigma-term update ☆

J. Gasser, H. Leutwyler
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and

M.E. Sainio
Research Institute for Theoretical Physics, University of Helsinki, Siltavuorenpenger 20C, SF-00170 Helsinki, Finland

Received 24 September 1990

$$\sigma \simeq 45 \text{ MeV}, \quad \Sigma \simeq 60 \text{ MeV}$$

**The pion-nucleon Σ term is definitely large:
results from a G.W.U. analysis of πN scattering data**

M.M. Pavan^a, R.A. Arndt^b, I.I. Strakovsky^b and R.L. Workman^b

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[PiN Newslett. 16 (2002) 110-115]

$$\sigma_{\pi N} = 64 \text{ MeV} \quad \Sigma = 79 \text{ MeV}$$

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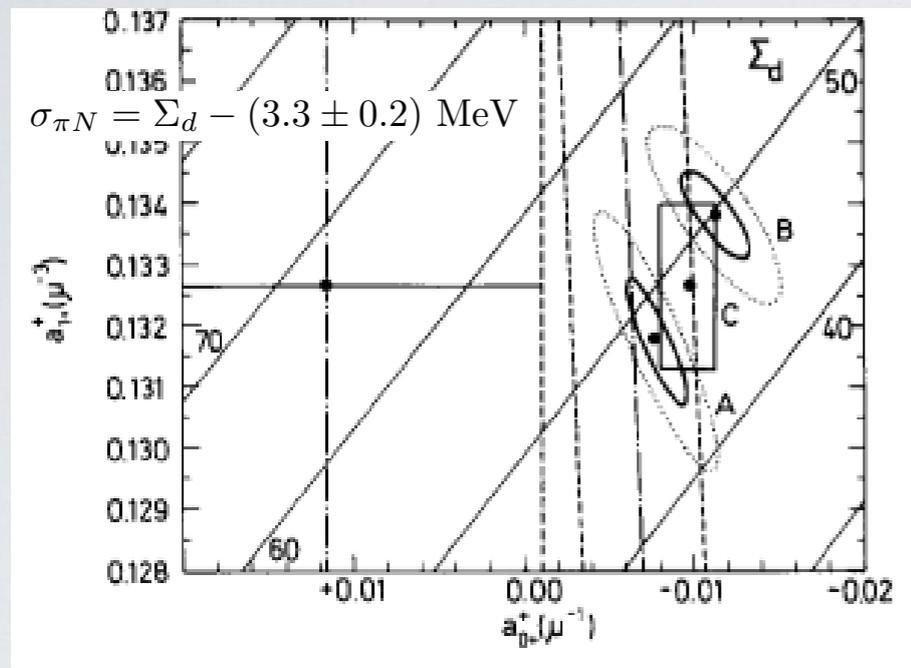
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- Necessary to give a picture fully consistent with phenomenology!

The pion-nucleon σ -term

- However, the scatt. lengths from π -atoms point to a large $\sigma_{\pi N}$!

The pion-nucleon σ -term

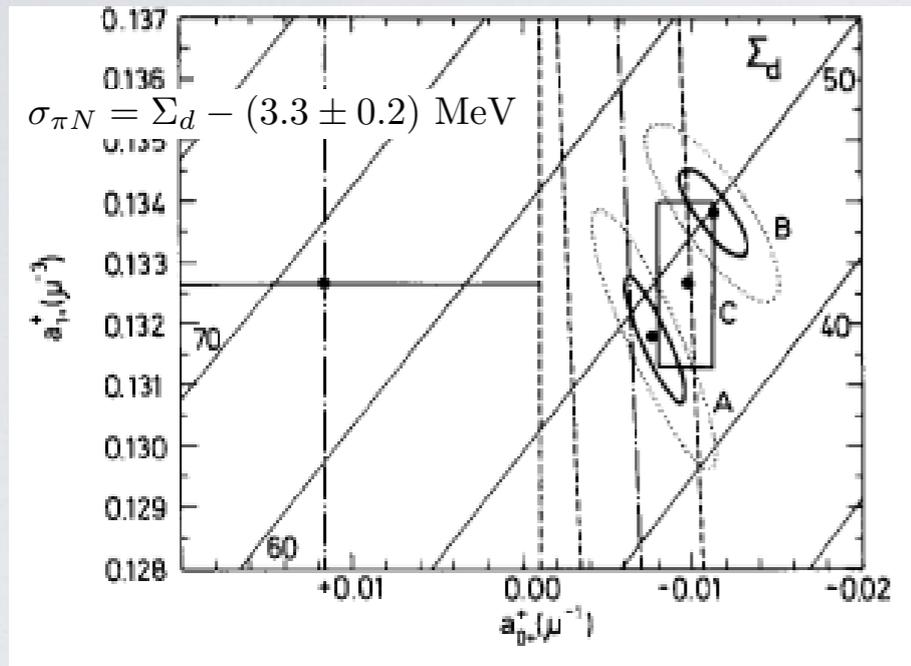
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[Gasser, Leutwyler and Sainio, PLB 253 (1991)]

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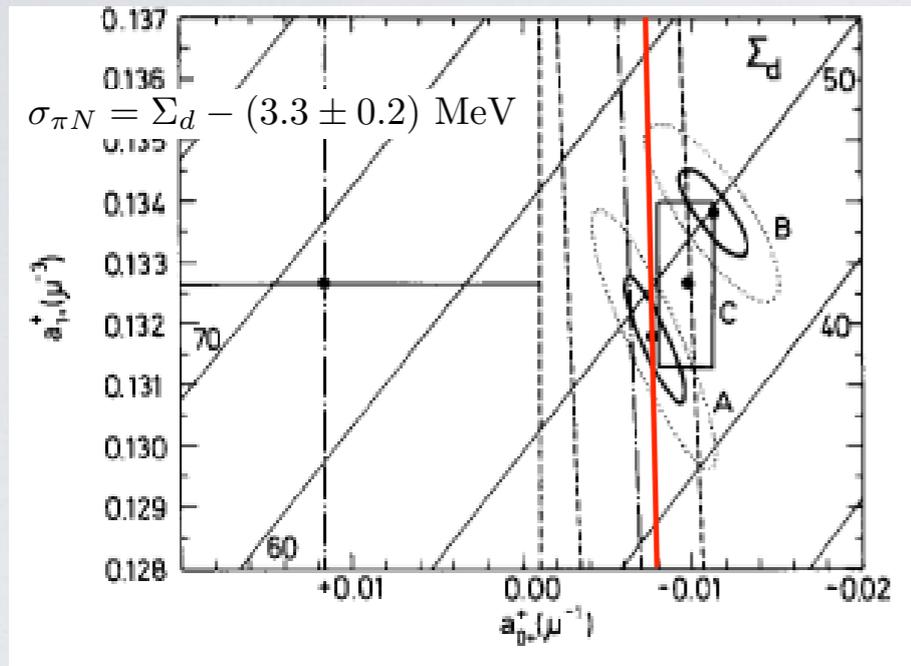
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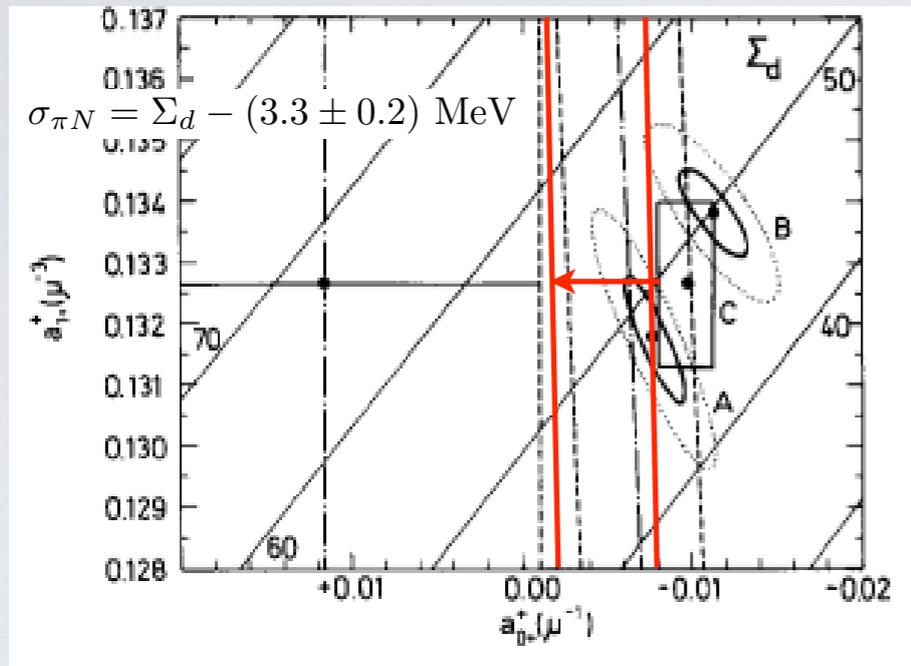
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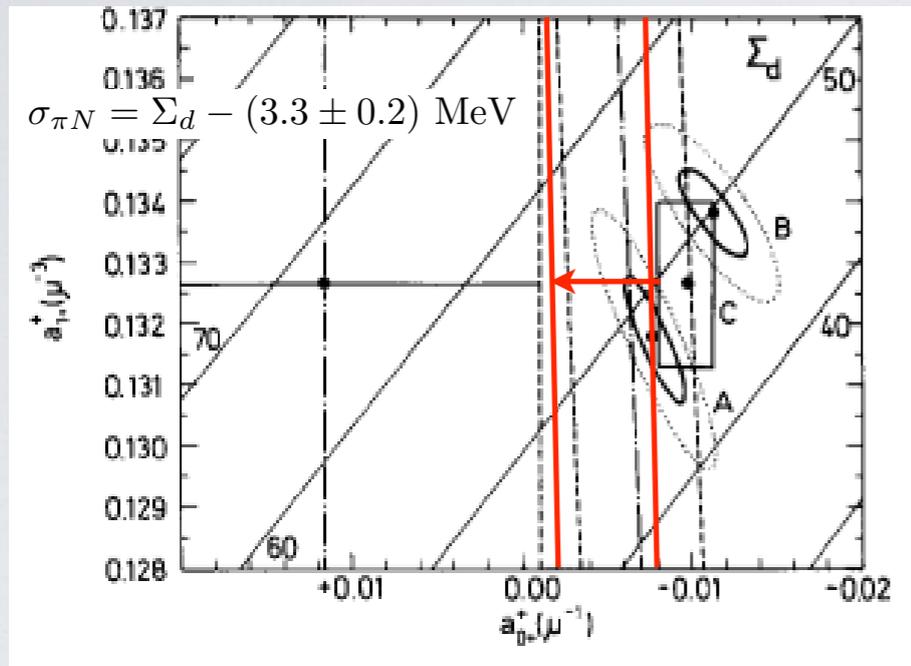
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π -atoms [Baru, et al. NPA 872 (2011)]

$$a_{0+}^+ \approx -1 \times 10^{-3} M_\pi^{-1} \longrightarrow \text{Larger } \Sigma_d!$$

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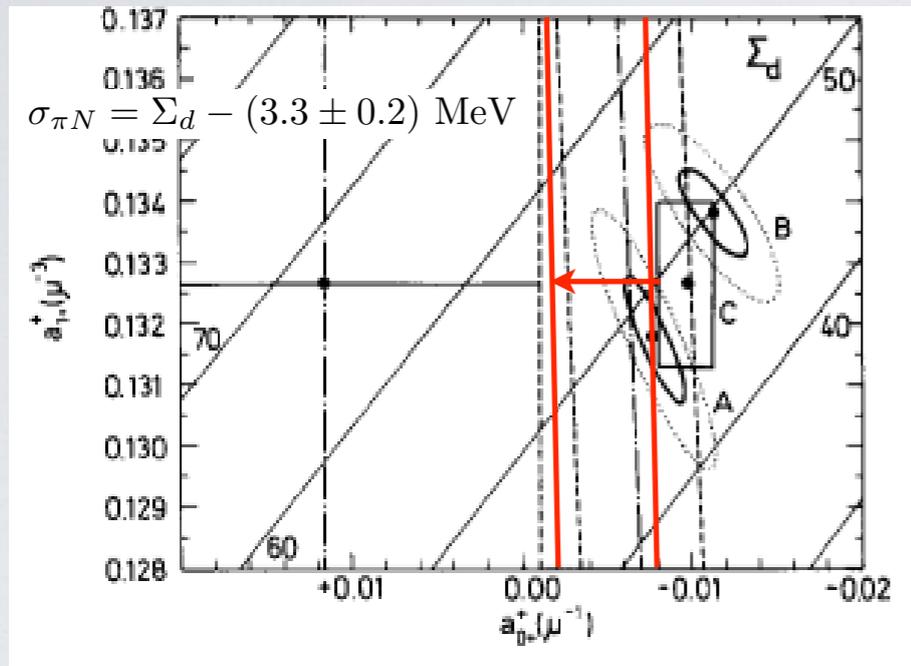
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- However, the scatt. lengths from π -atoms point to a large $\sigma_{\pi N}$!



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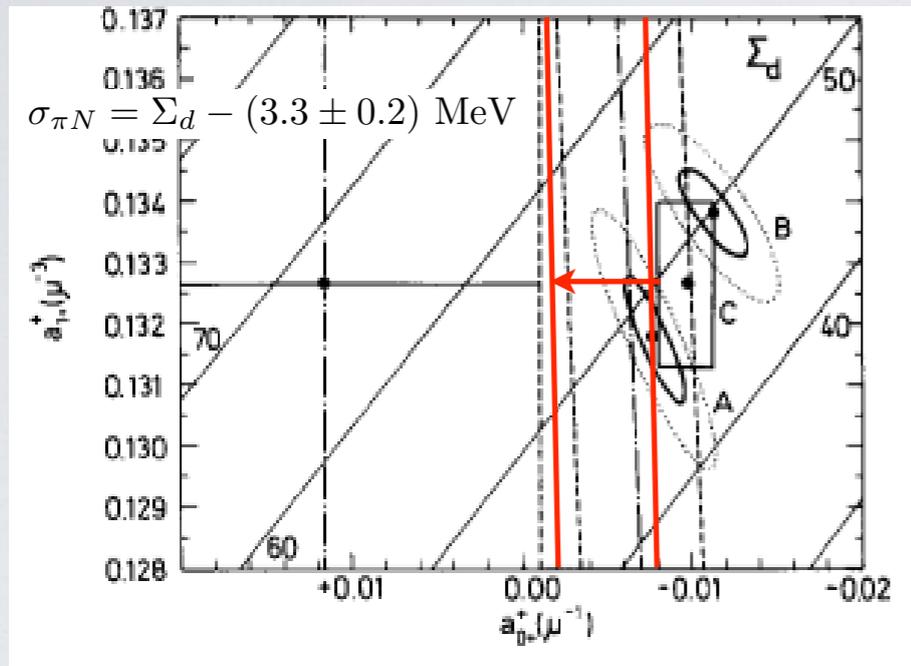
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In order to recover $\sigma_{\pi N} = 45 \text{ MeV}$ one needs $a_{0+}^+ \sim -9 \times 10^{-3} M_\pi^{-1}$

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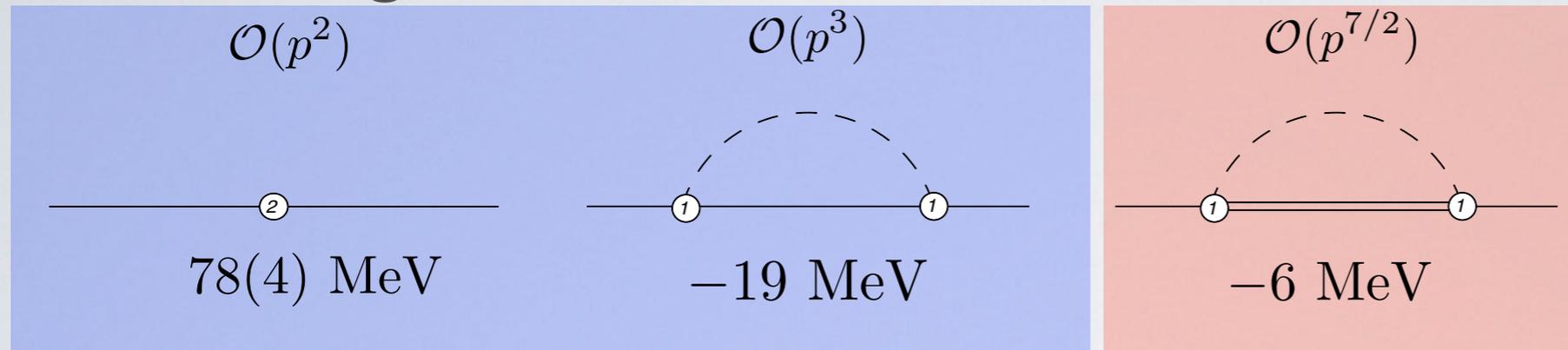
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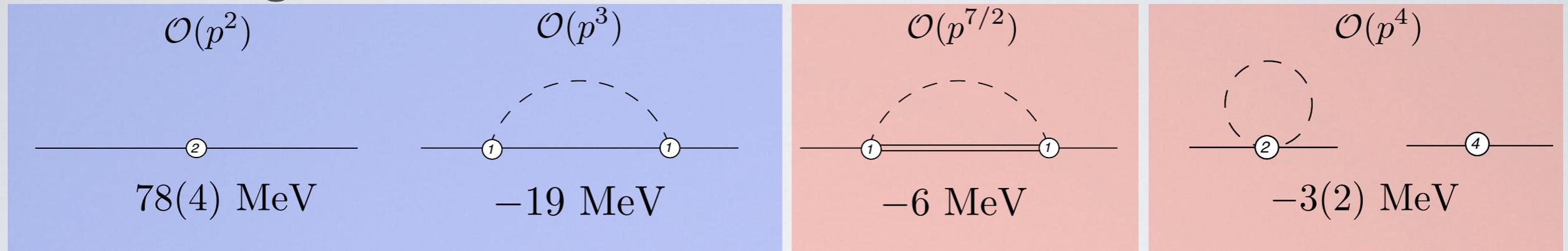
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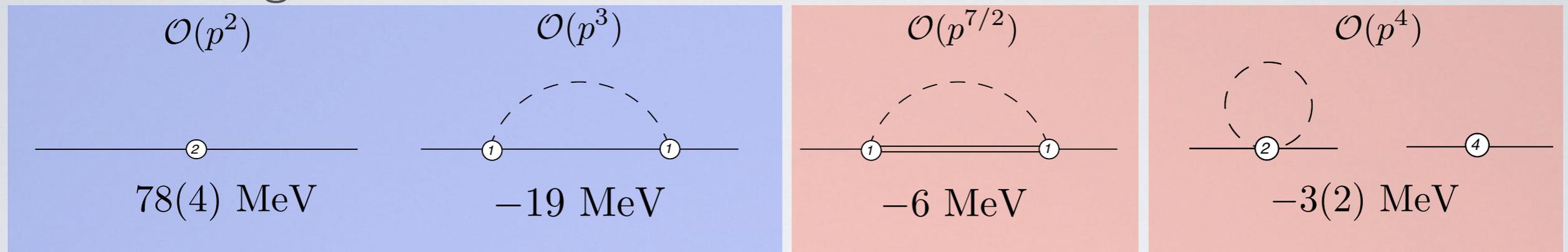
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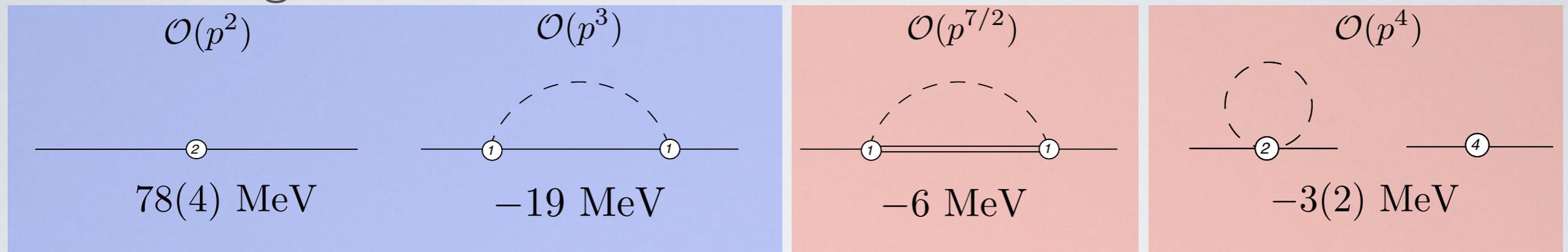


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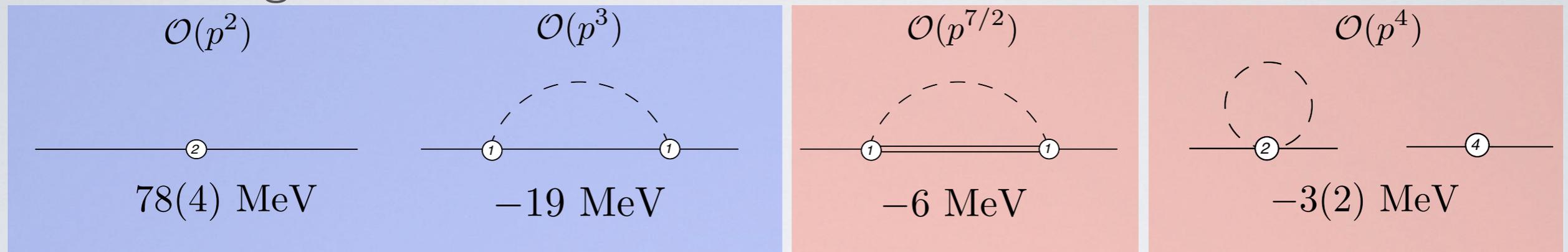
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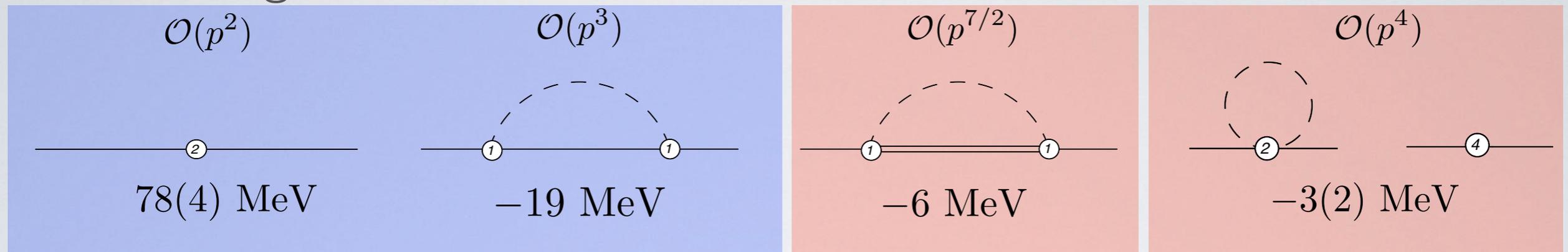
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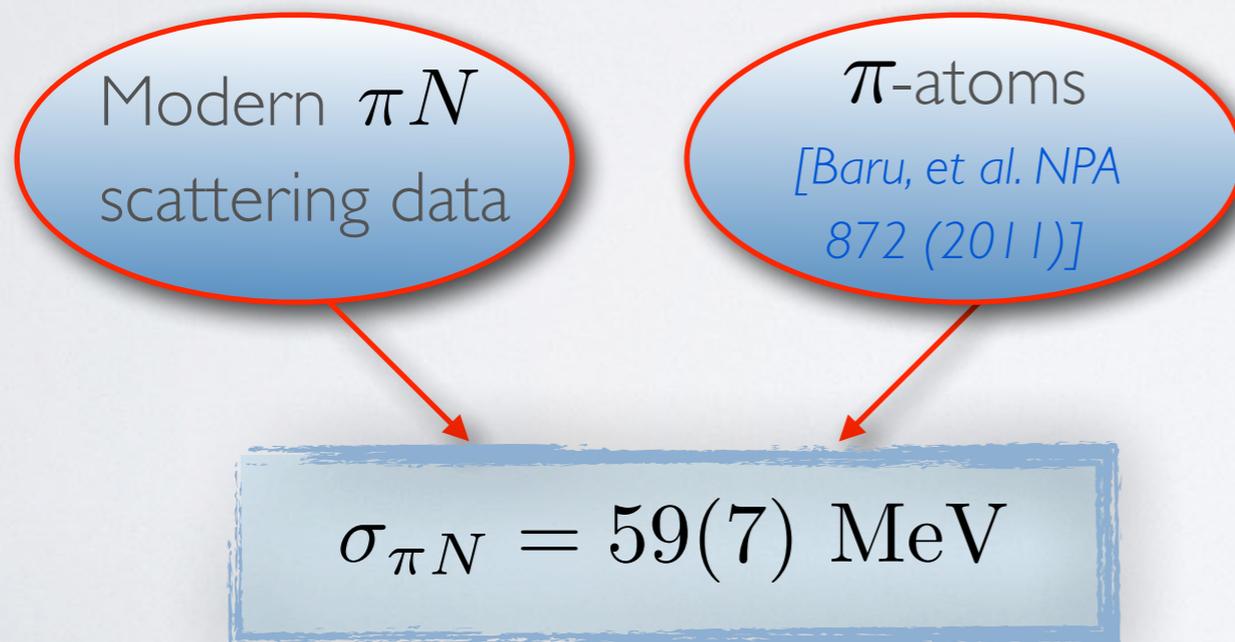
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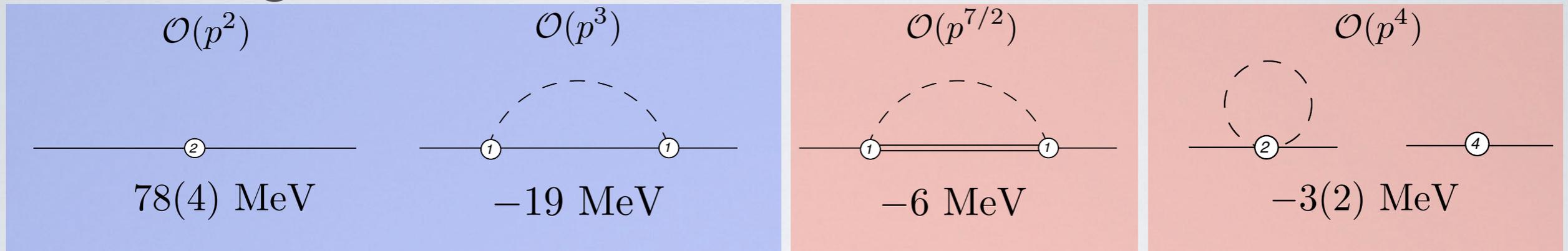
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[Alarcón, Martin Camalich and Oller, PRD 85 (2012)]

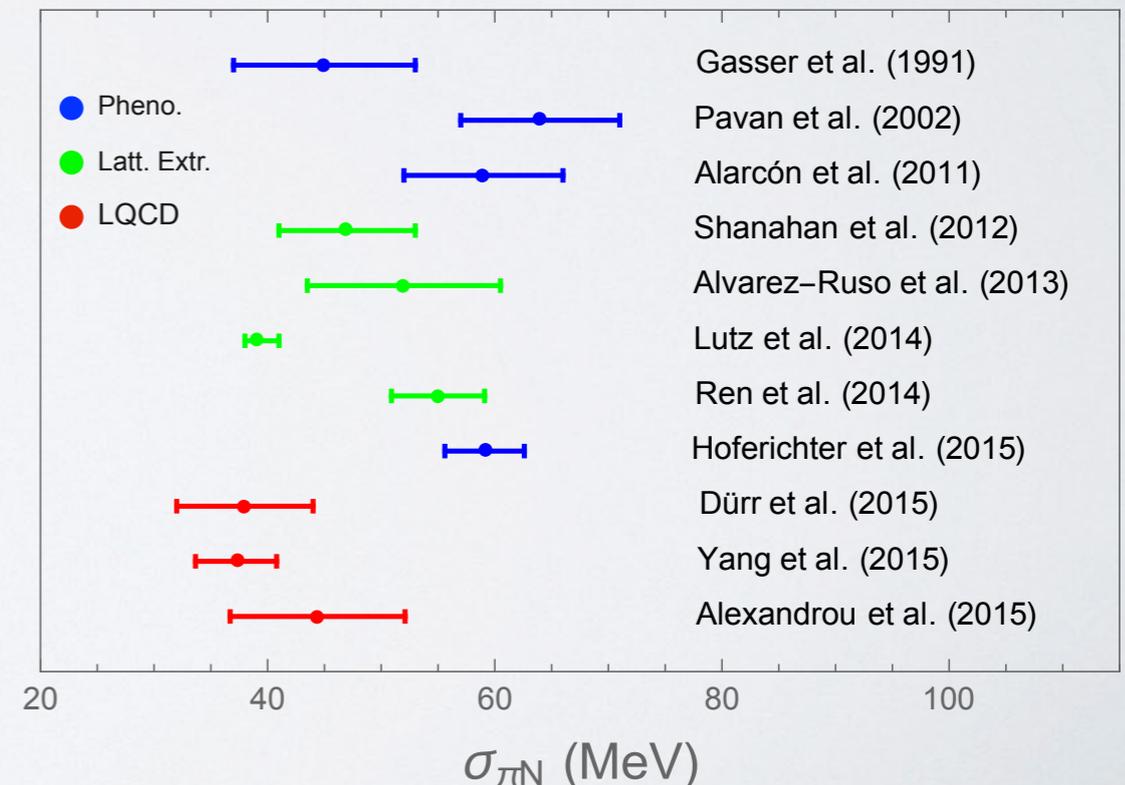
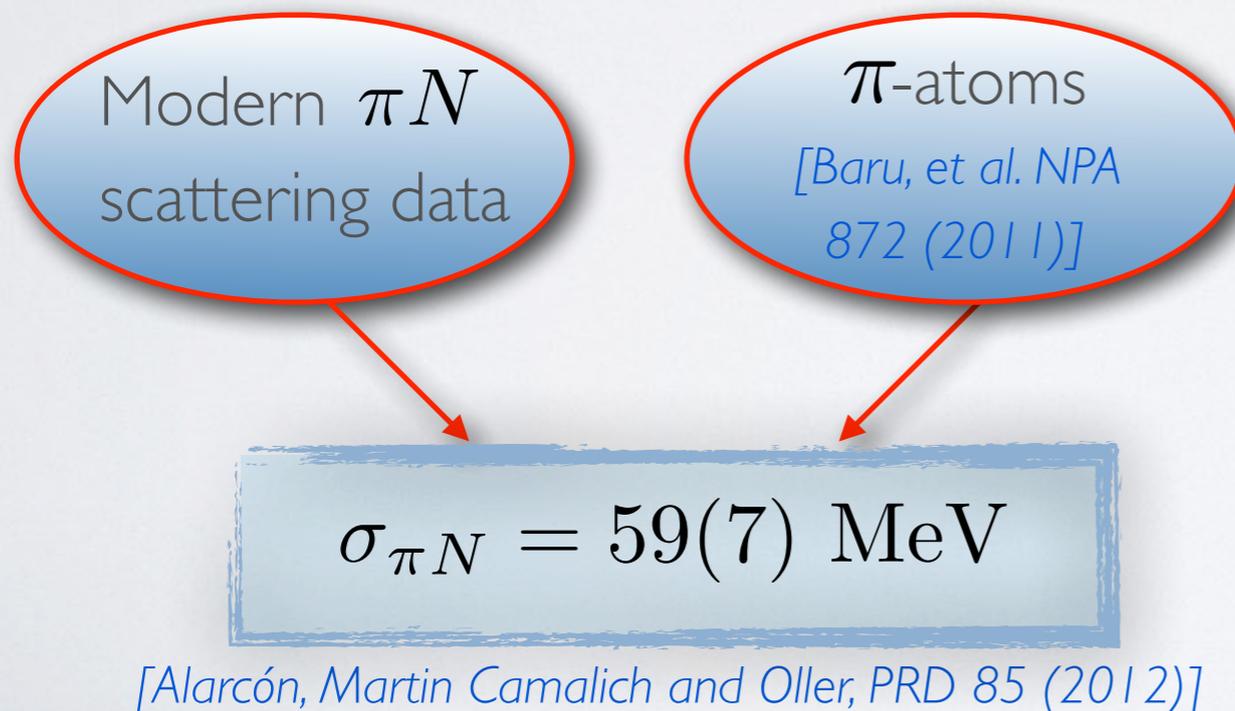
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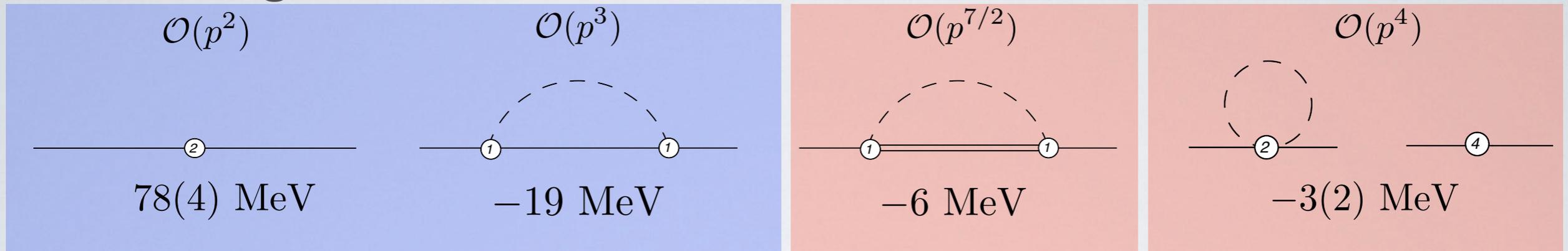
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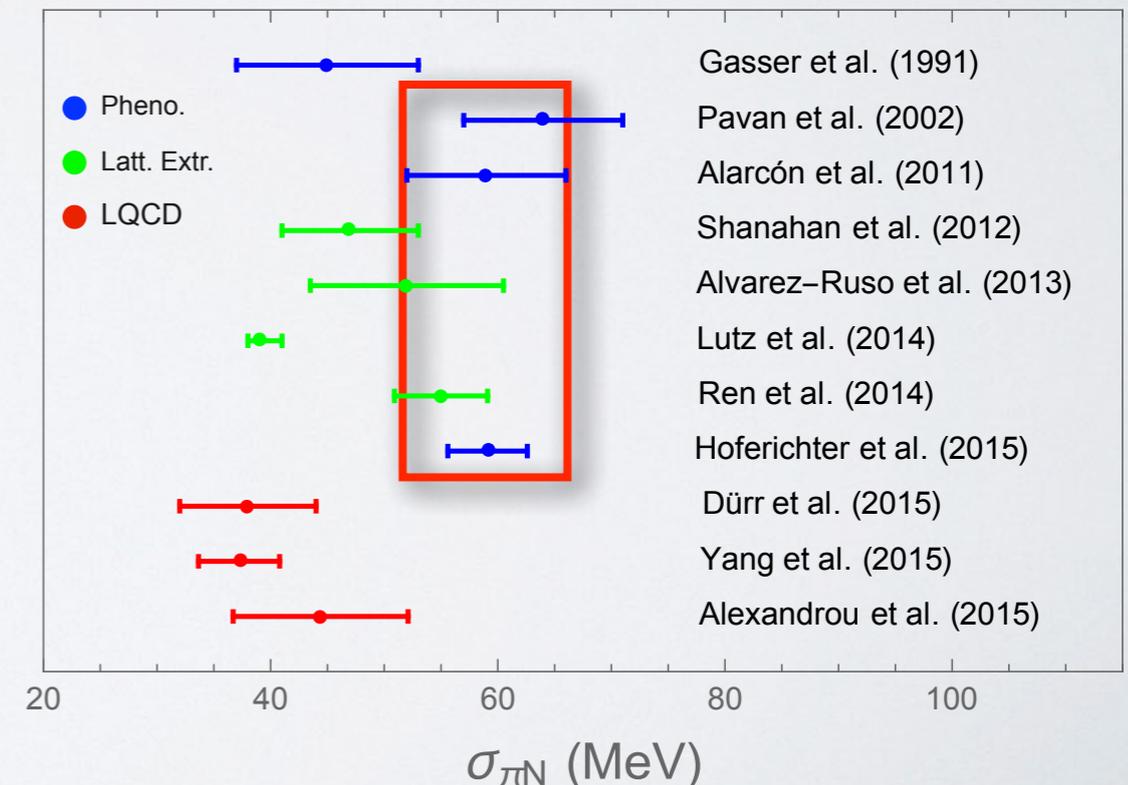
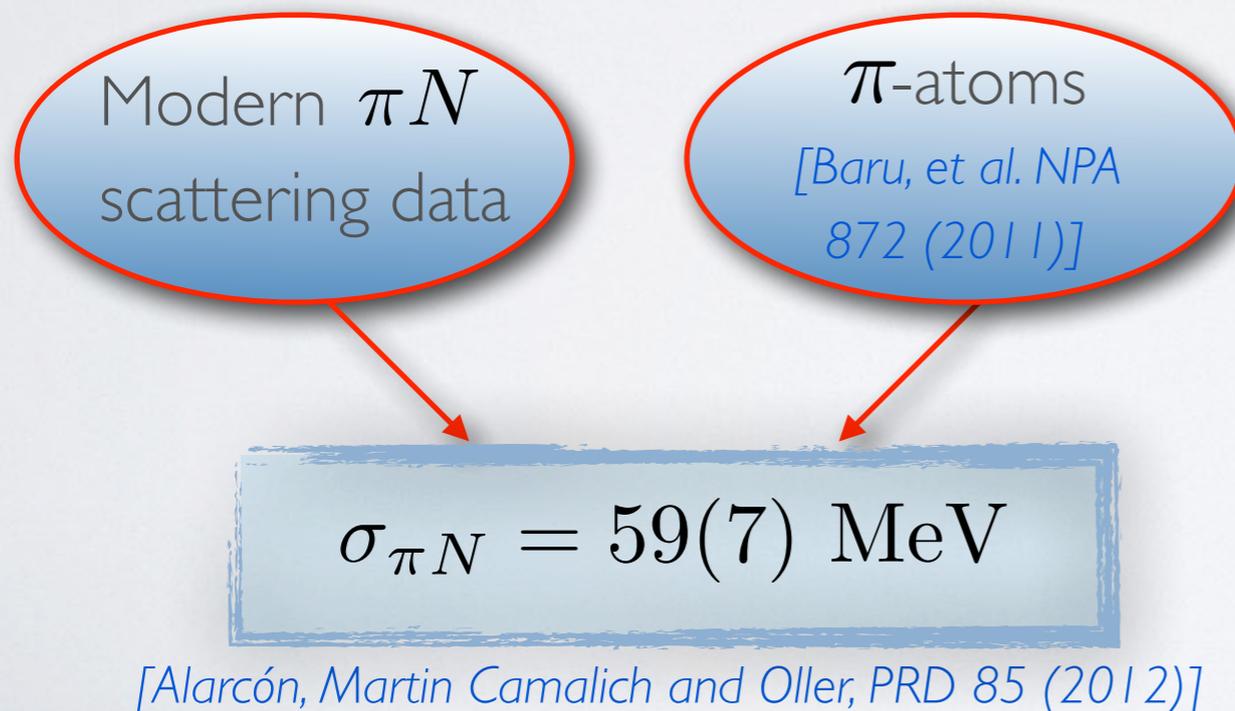
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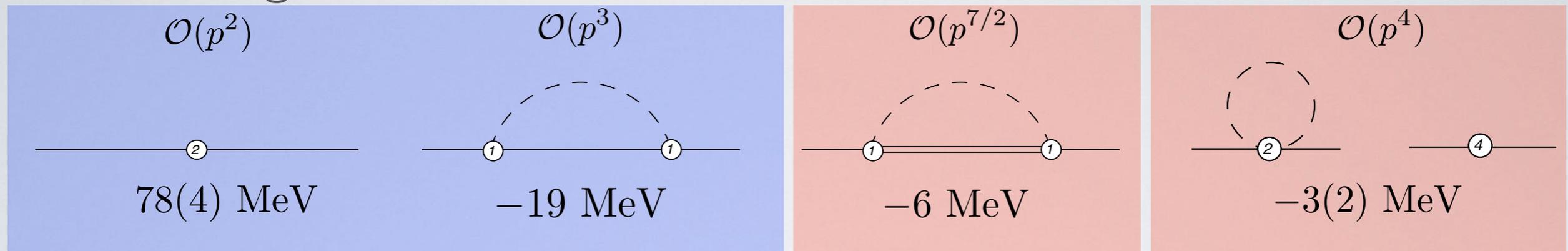
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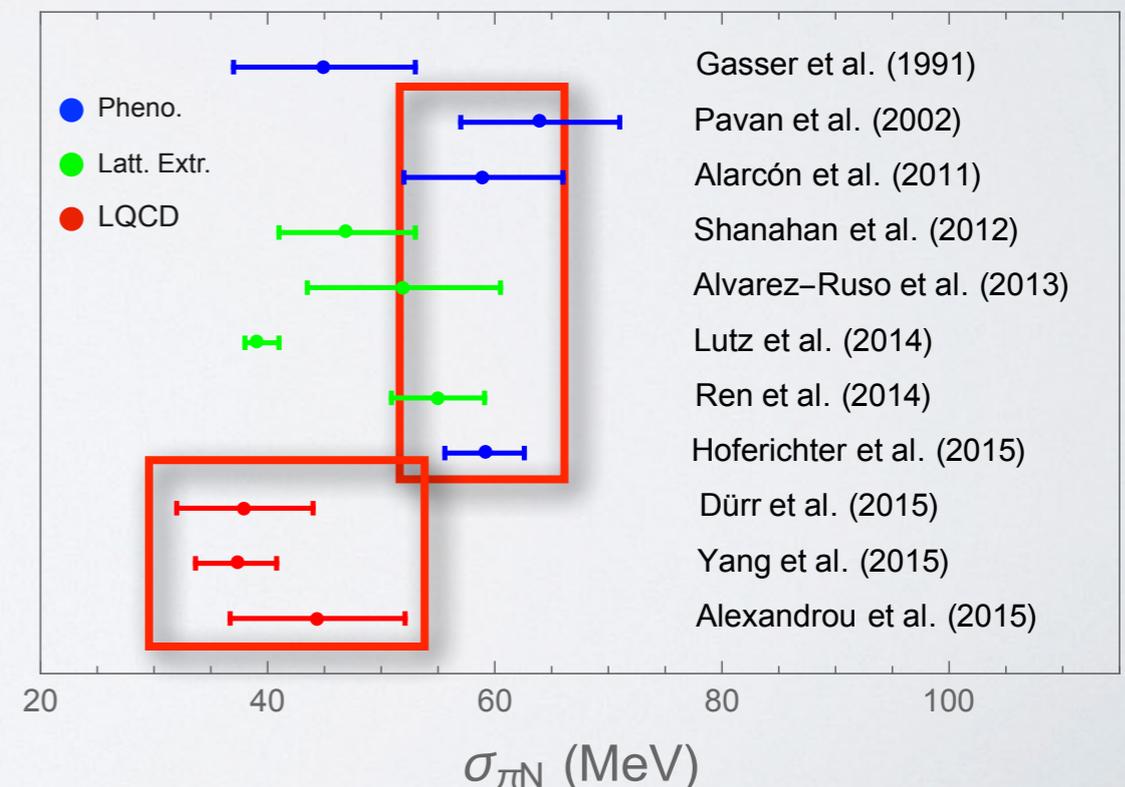
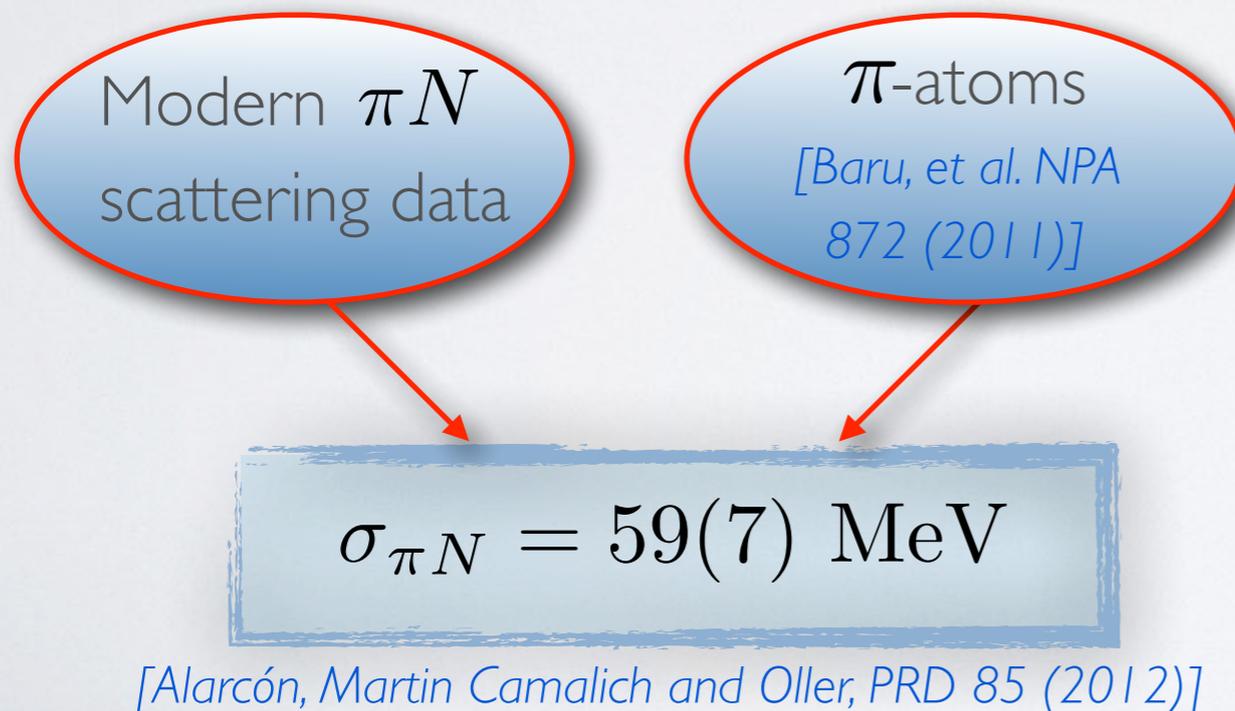
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The strangeness content of the nucleon

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- Higher order calculations point to sizeable corrections

$$\sigma_0 = 35(5) \text{ MeV} \quad [Gasser, Ann. of Phys. 136, 62 (1981)]$$

$$\sigma_0 = 36(7) \text{ MeV} \quad [Borasoy and Meißner, Annals Phys. 254 (1997)]$$

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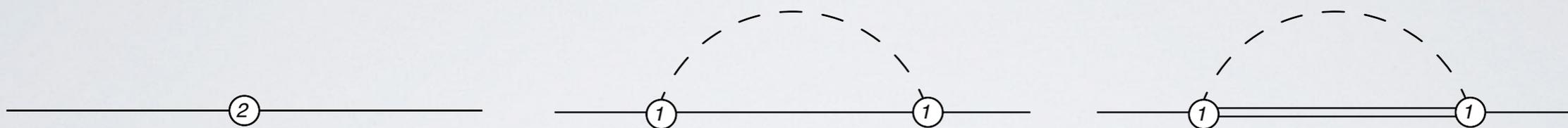
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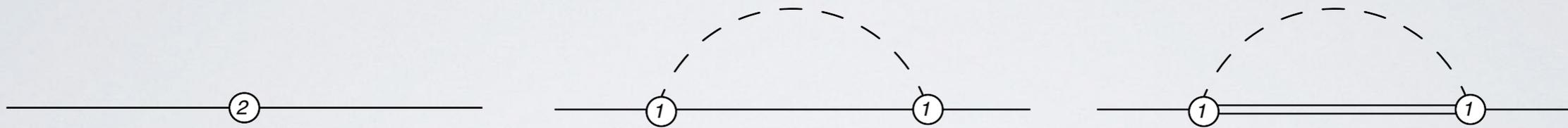
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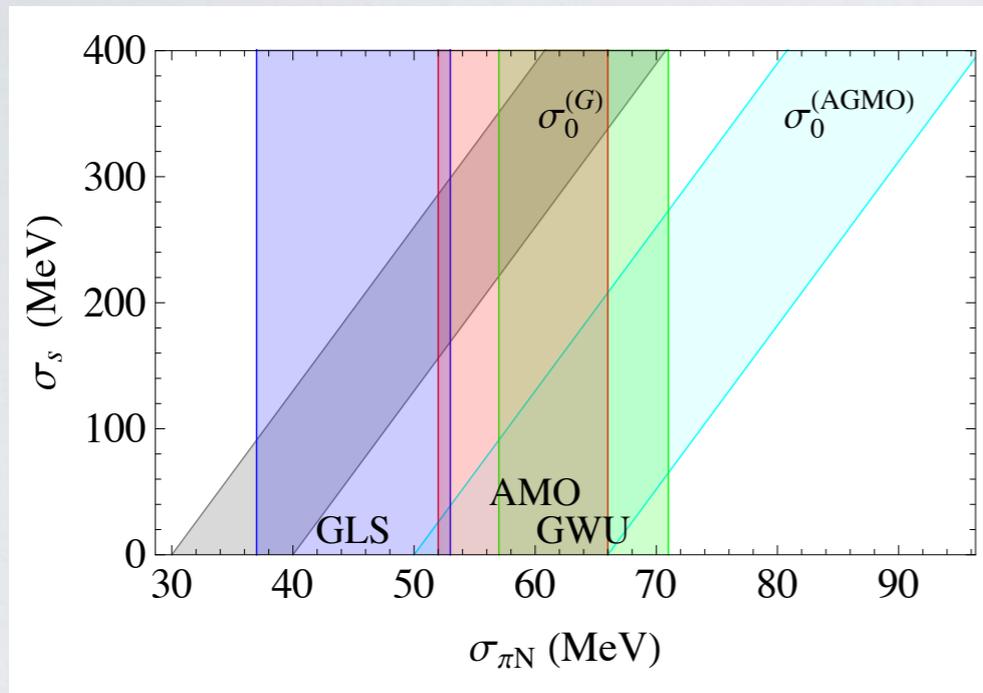
$$\sigma_0 = \underbrace{87 \text{ MeV}}_{p^2} - \underbrace{22 \text{ MeV}}_{p^3\text{-octet (rel.)}} - \underbrace{7 \text{ MeV}}_{p^3\text{-decuplet (rel.)}} = 58(8) \text{ MeV}$$

The strangeness content of the nucleon

- Therefore $\sigma_0 = 58(8) \text{ MeV}$

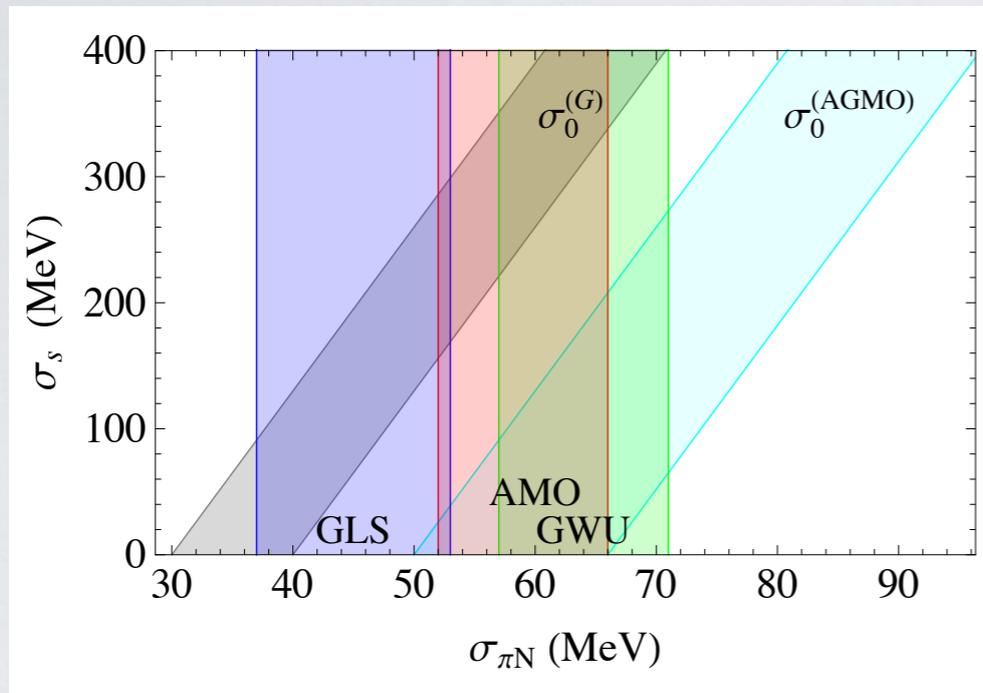
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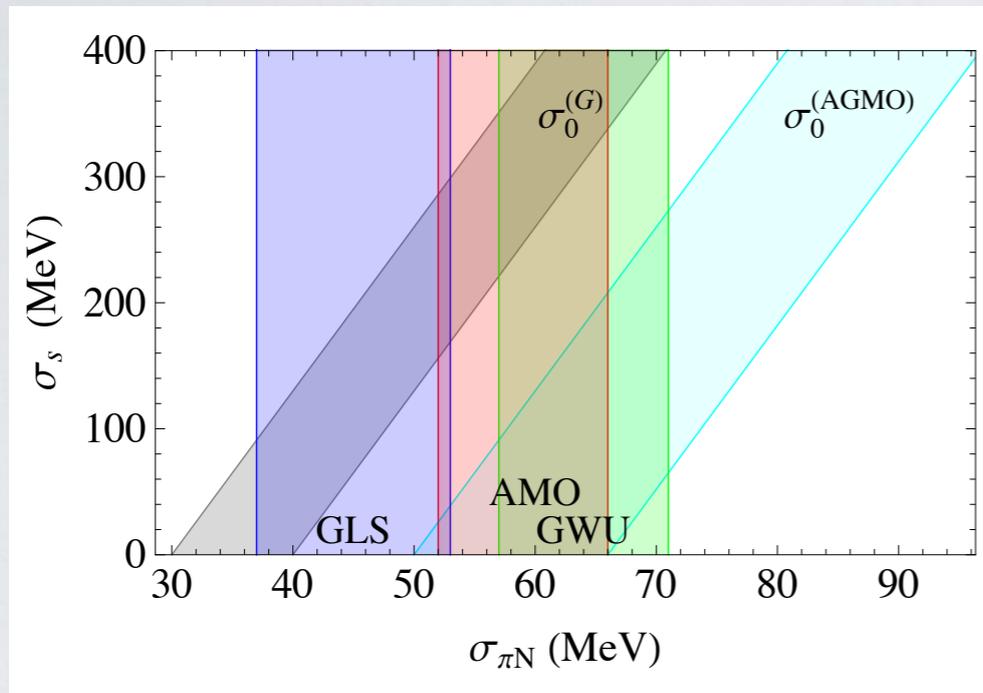
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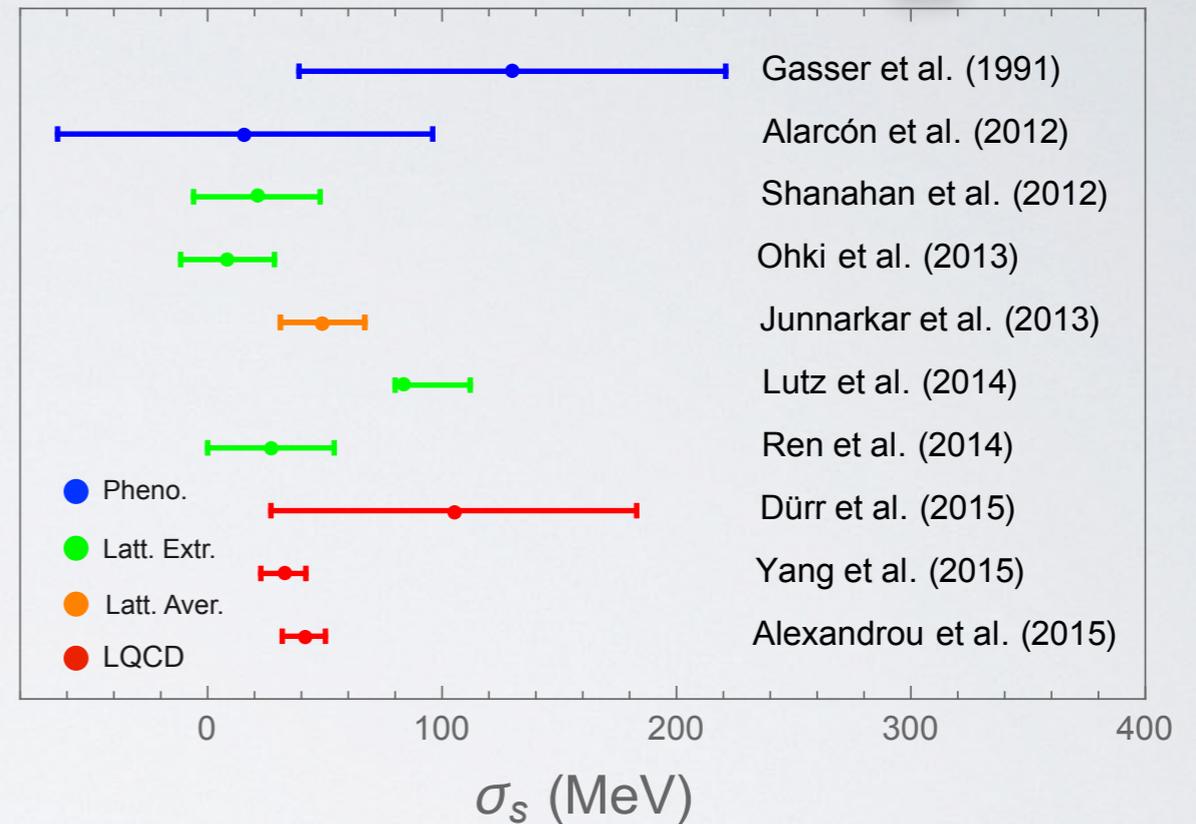
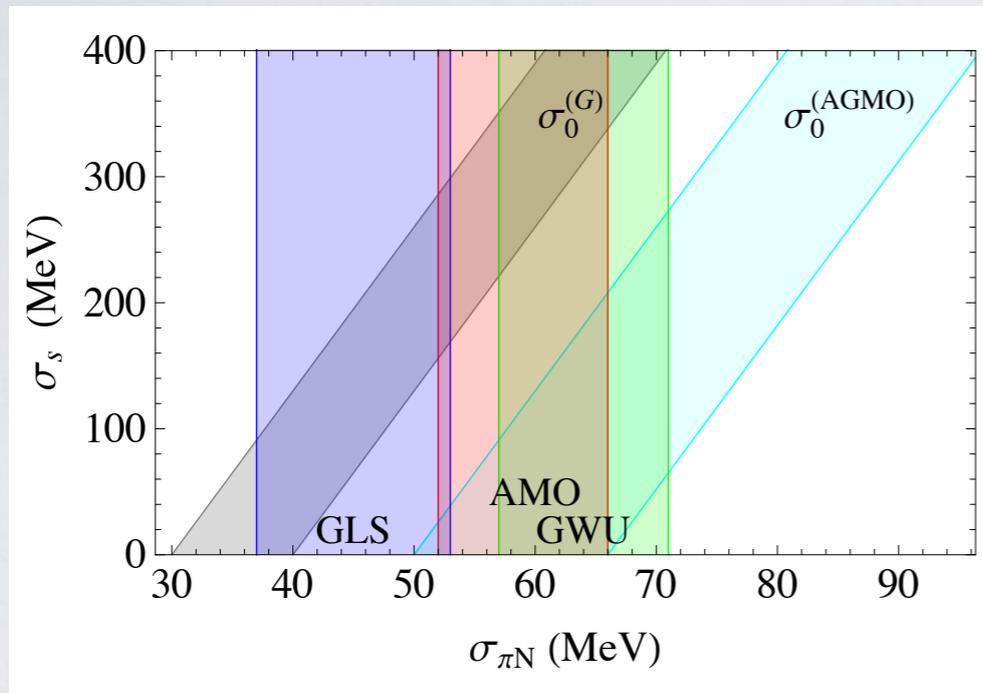
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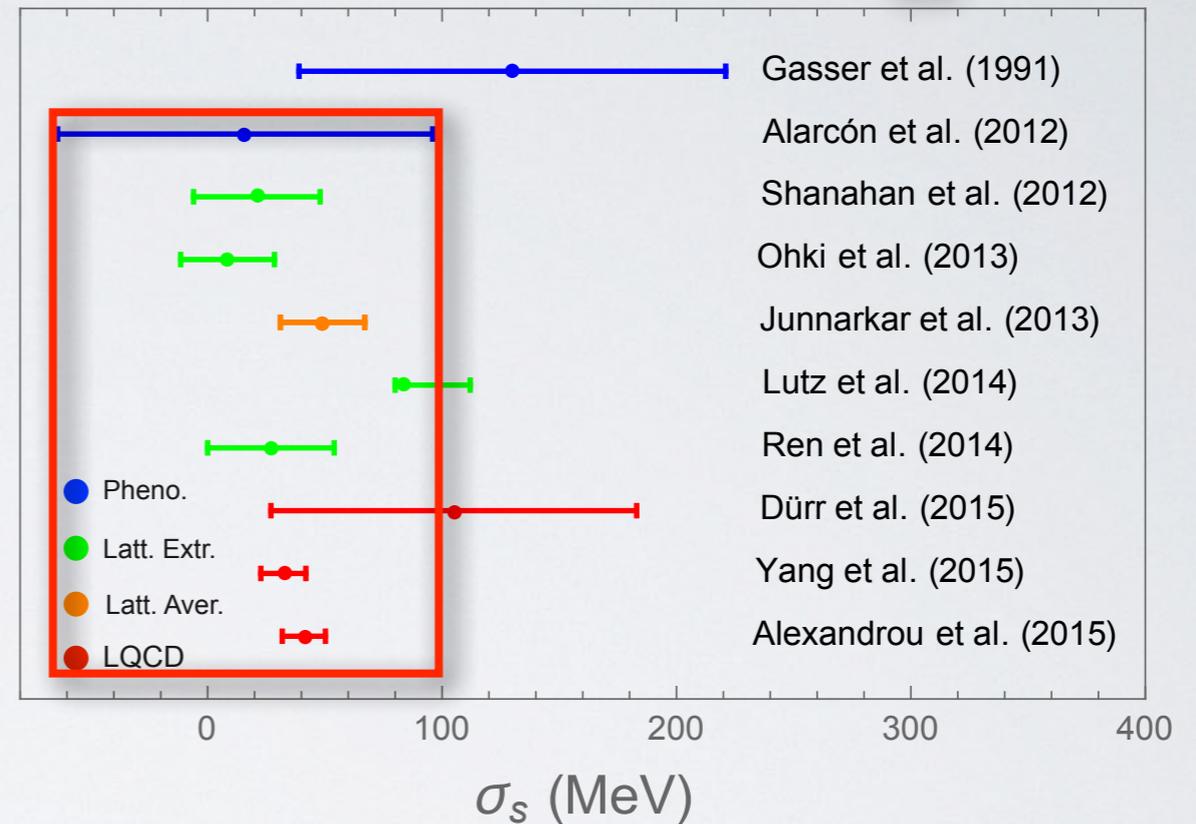
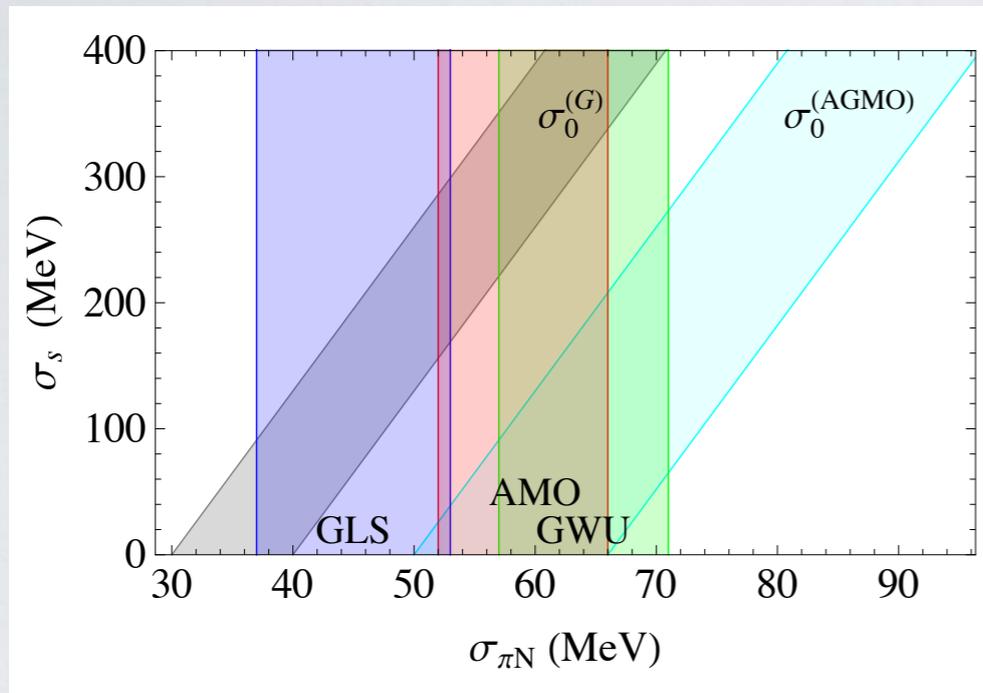
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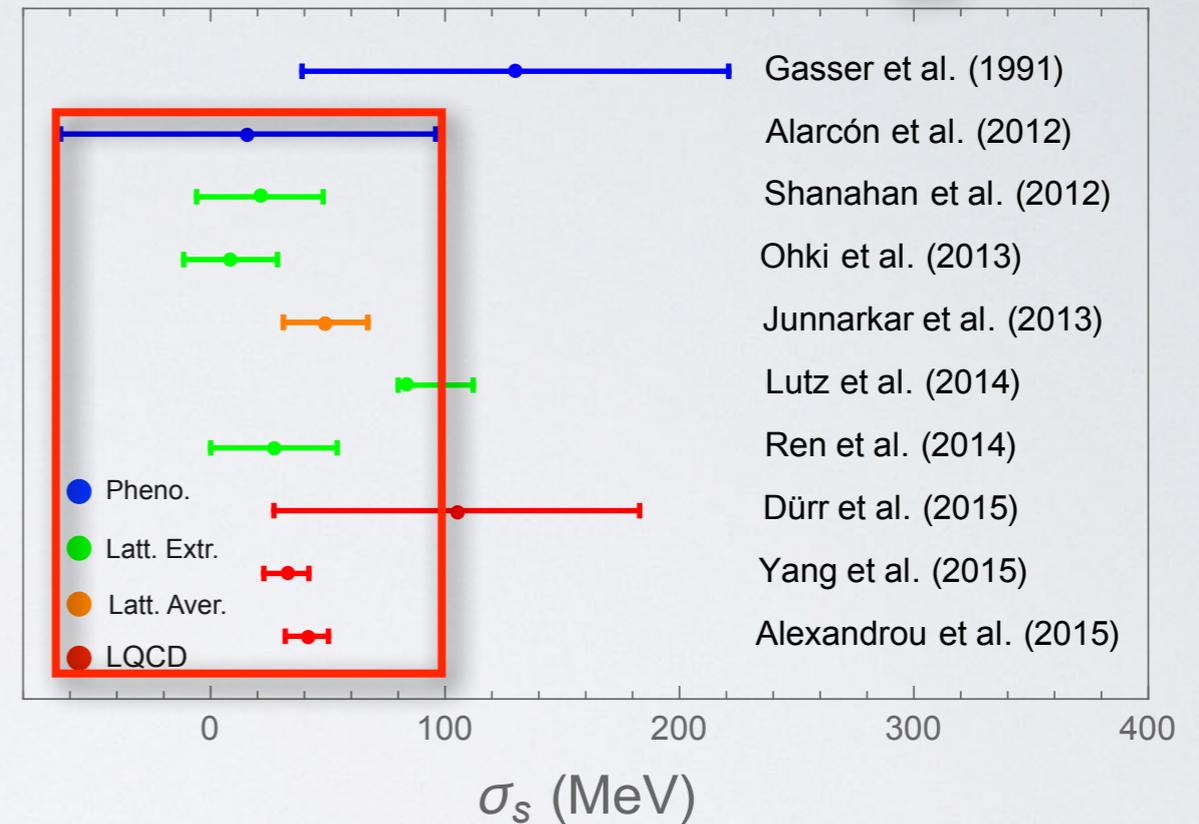
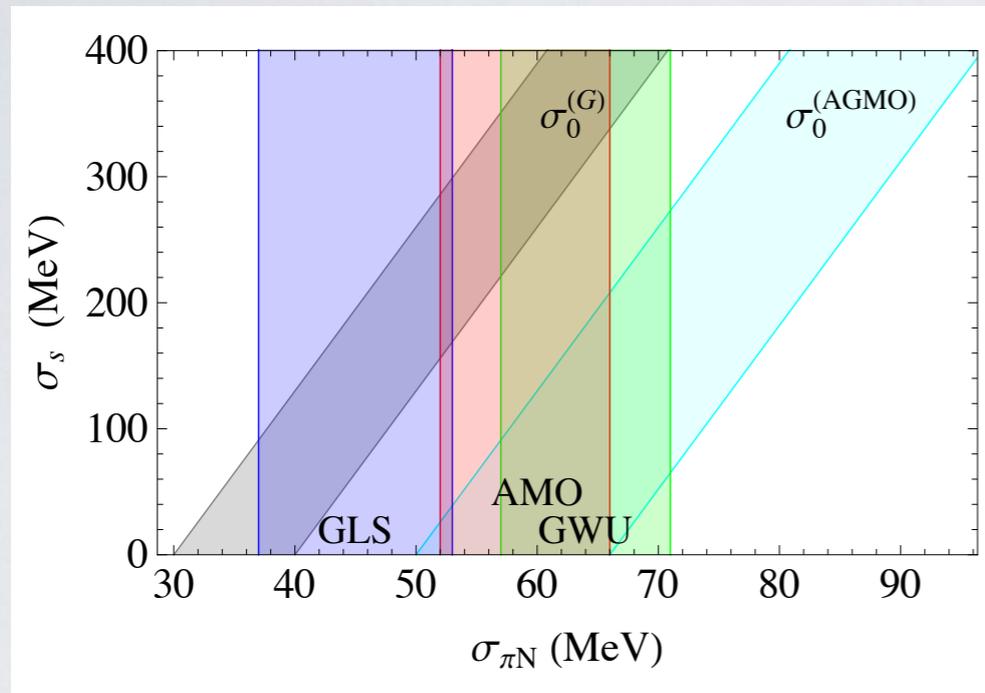
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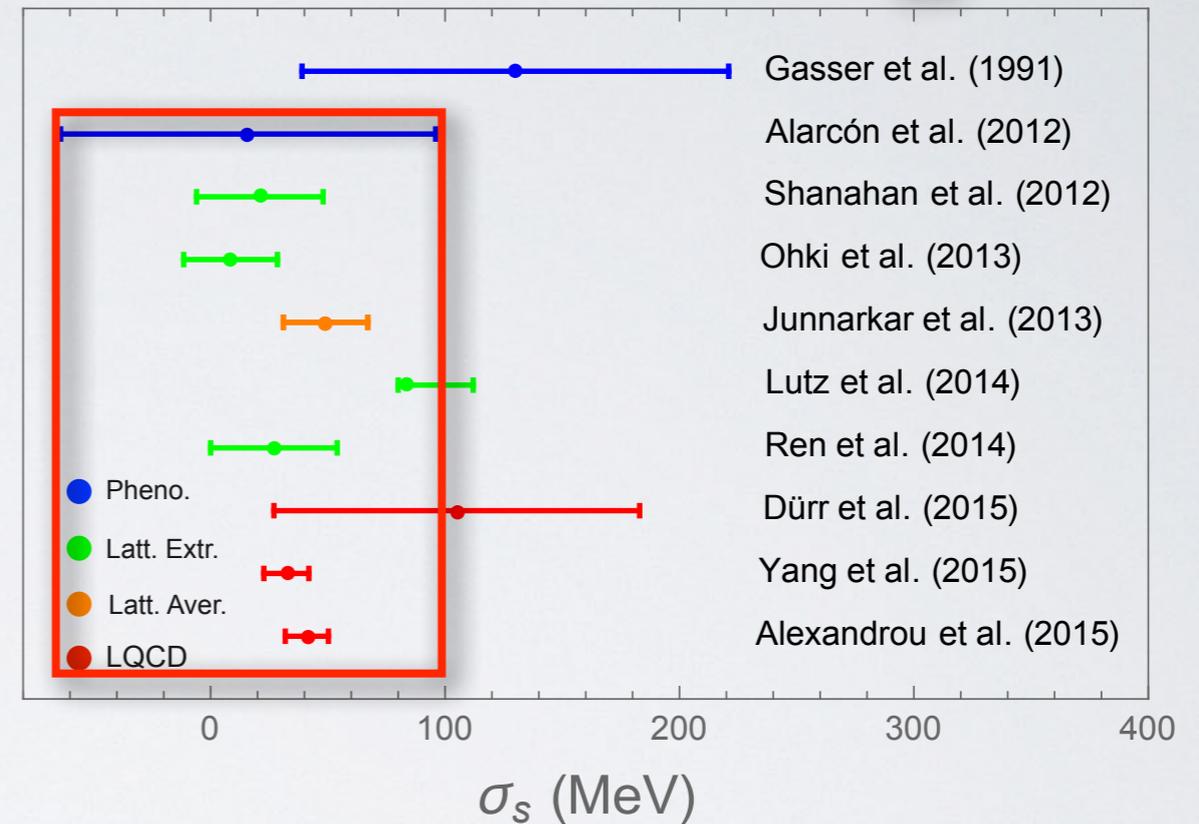
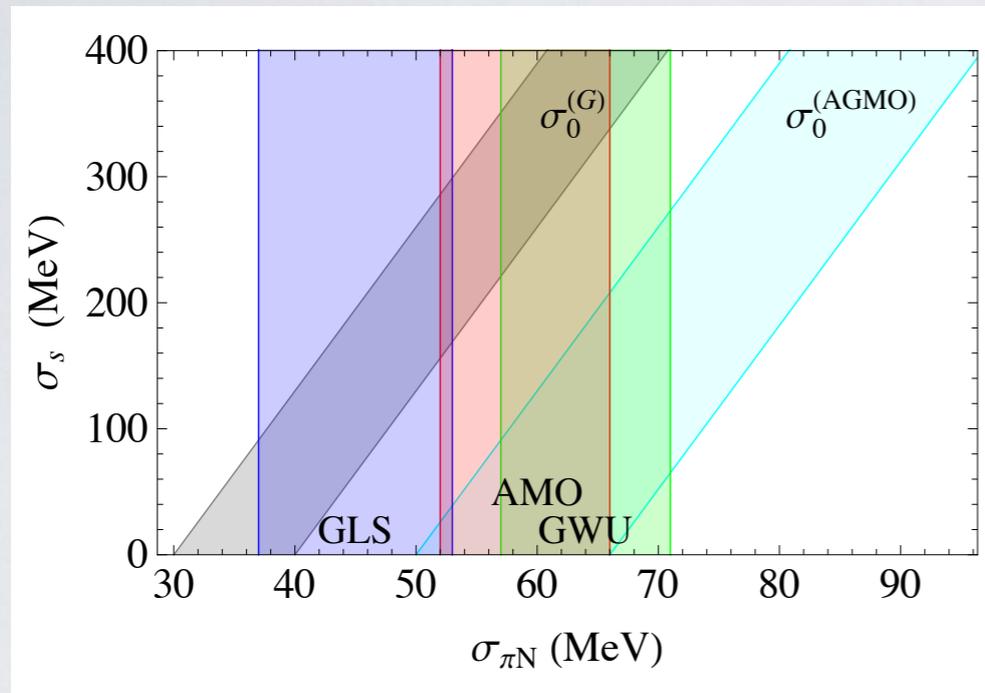


- A new scenario emerges:

	$\sigma_{\pi N}$	σ_0	σ_s	y
Old scenario	45(8)	35(5)	130(91)	0.23
New scenario	59(7)	58(8)	16(80)	0.02(13)

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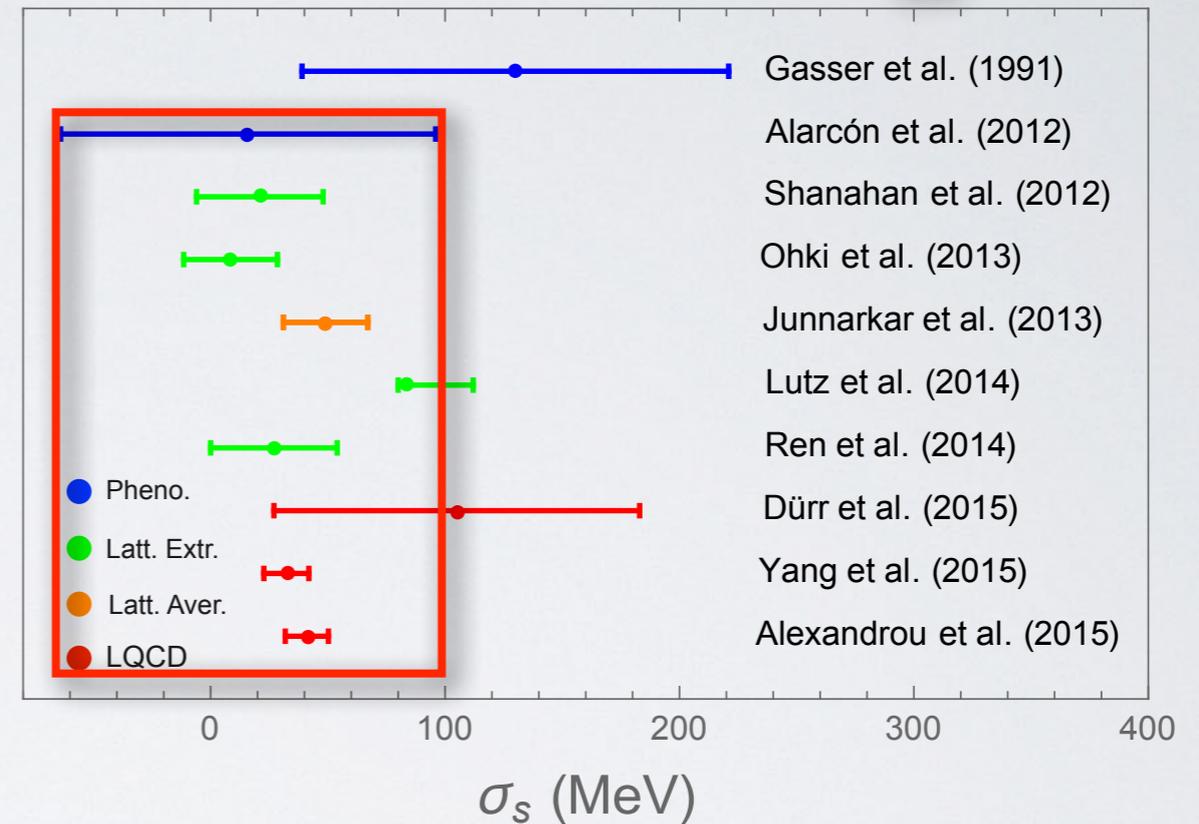
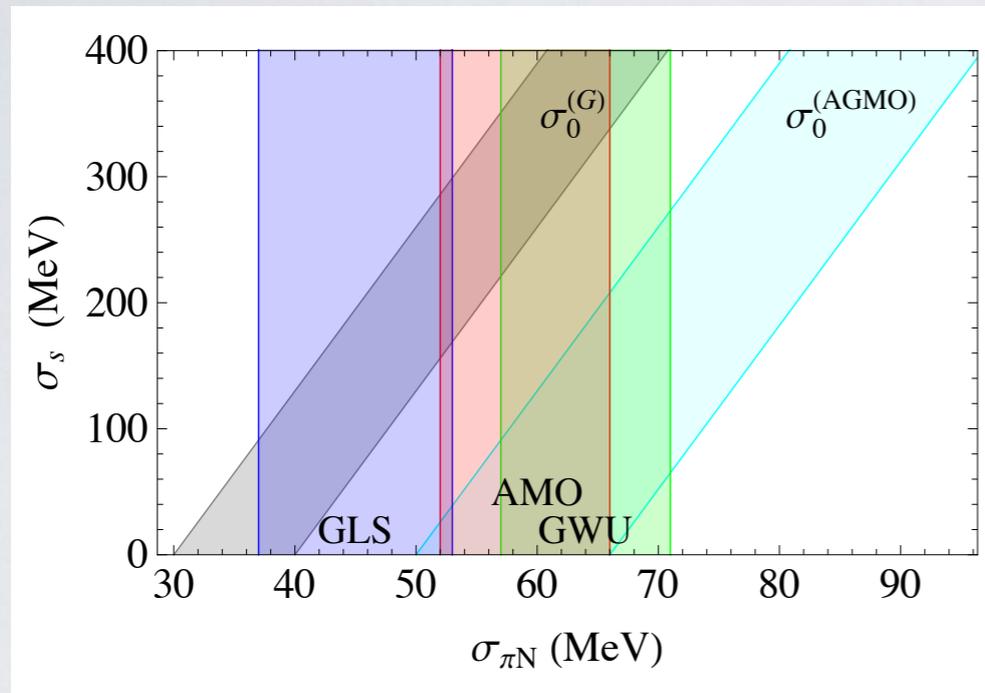


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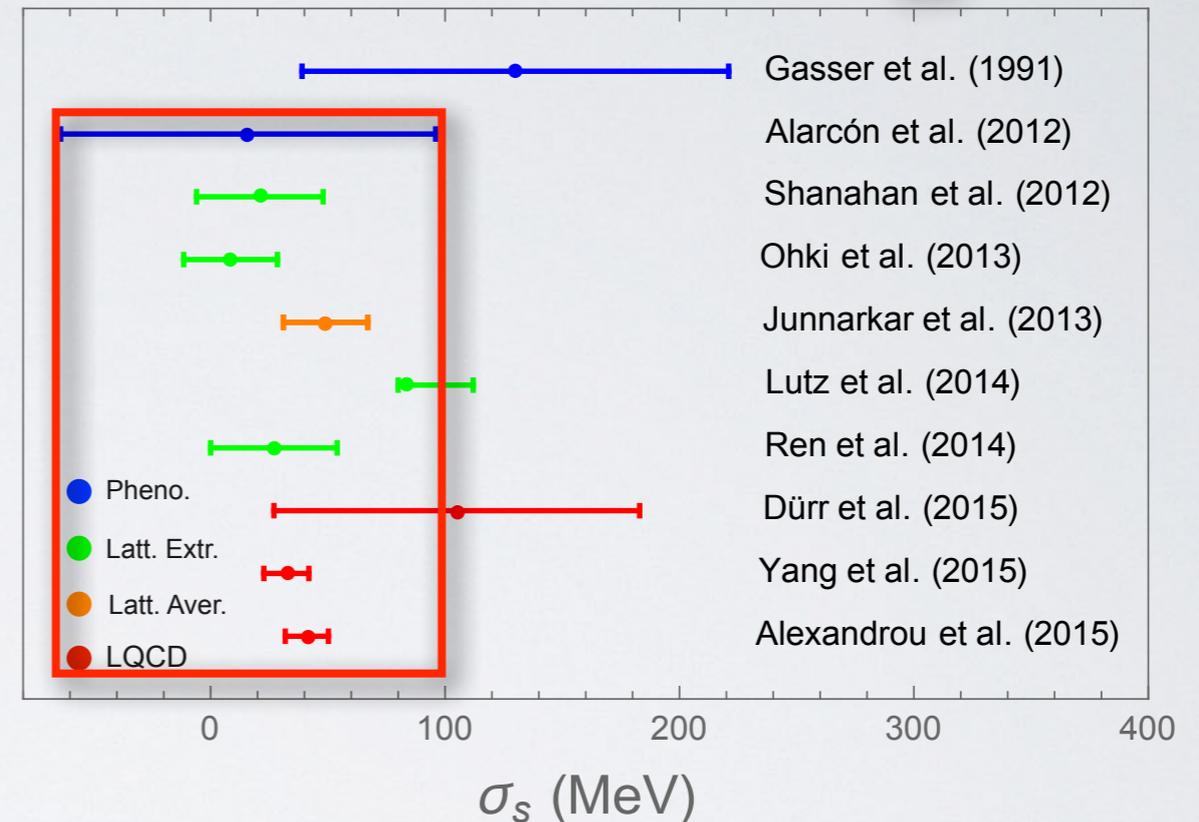
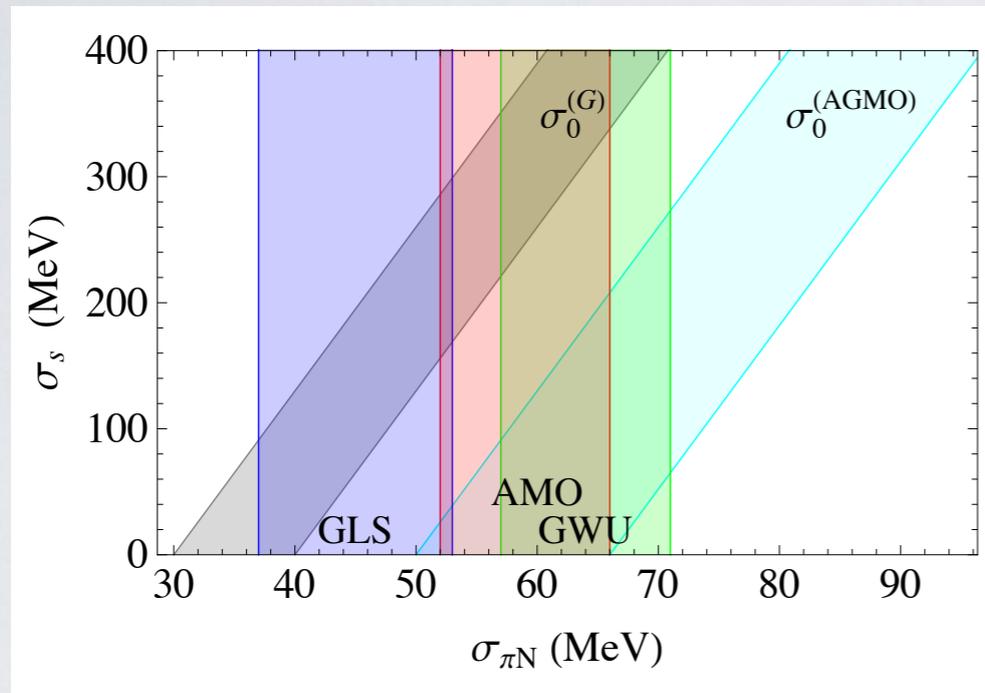
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Summary and Conclusions

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- Chiral EFT analysis of sigma-terms using updated phenomenological information.
- Relativistic baryon chiral EFT with explicit $\Delta(1232)$ points to a larger value of $\sigma_{\pi N}$ based on modern πN phase shifts + π -atoms scattering lengths:

$$\sigma_{\pi N} = 59(7) \text{ MeV}$$

[Alarcón, Martin Camalich and Oller, PRD 85 (2012)]

- This value is not at odds with a small strangeness content in the nucleon

$$\sigma_s = 16(80) \text{ MeV}$$

[Alarcón, Geng, Martin Camalich and Oller, PLB 730 (2014)]

- Decomposition of the proton mass:

	$\frac{1}{2m_N} \langle N \hat{m}(\bar{u}u + \bar{d}d) N \rangle$	$\frac{1}{2m_N} \langle N m_s \bar{s}s N \rangle$	$\frac{1}{2m_N} \langle N \frac{\beta}{2g} G_a^{\mu\nu} G_{\mu\nu}^a + \dots N \rangle$
m_p	59(7) MeV	16(80) MeV	864(87) MeV
%	6.3(7)%	1.7(8.5)%	92.0(9.3)%

FIN

*Spare*s

Other results for the proton mass decomposition

	$\sigma_{\pi N}$	σ_0	σ_s	y
Old scenario	45(8)	35(5)	130(91)	0.23
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- Old scenario:

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m_p	45(8) MeV	150(91) MeV	813(106) MeV
%	4.8(9)%	13.9(9.7)%	81.3(10.6)%

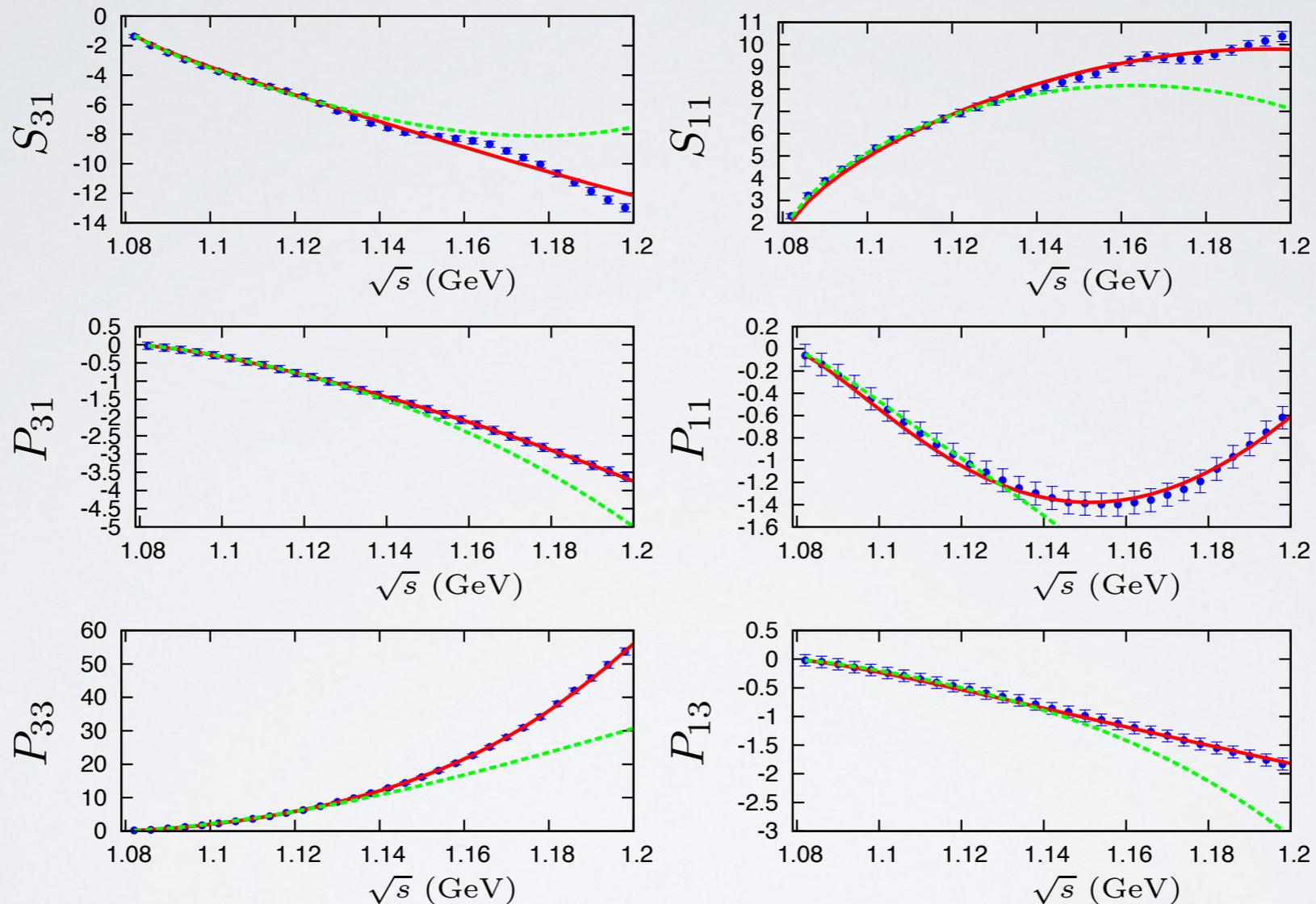
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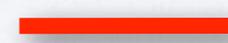
Fits to PWAs

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Fits to KA85



Δ -less ChPT

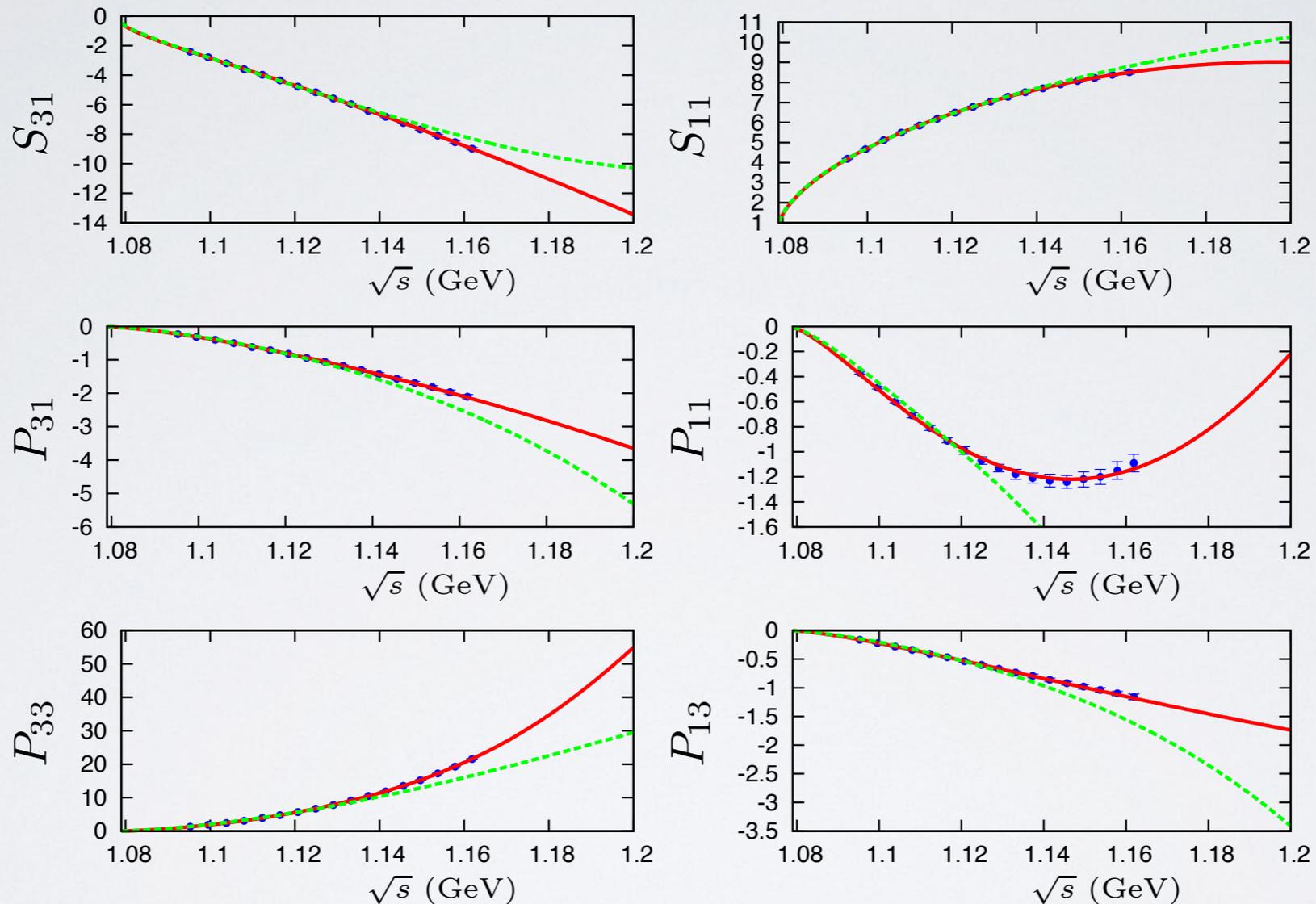


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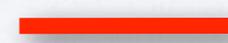
[Alarcón, Martin Camalich and Oller, *Ann. of Phys.* 336 (2013)]

Fits to PWAs

Fits to EM06



Δ -less ChPT



Δ -ChPT

[Alarcón, Martin Camalich and Oller, *Ann. of Phys.* 336 (2013)]

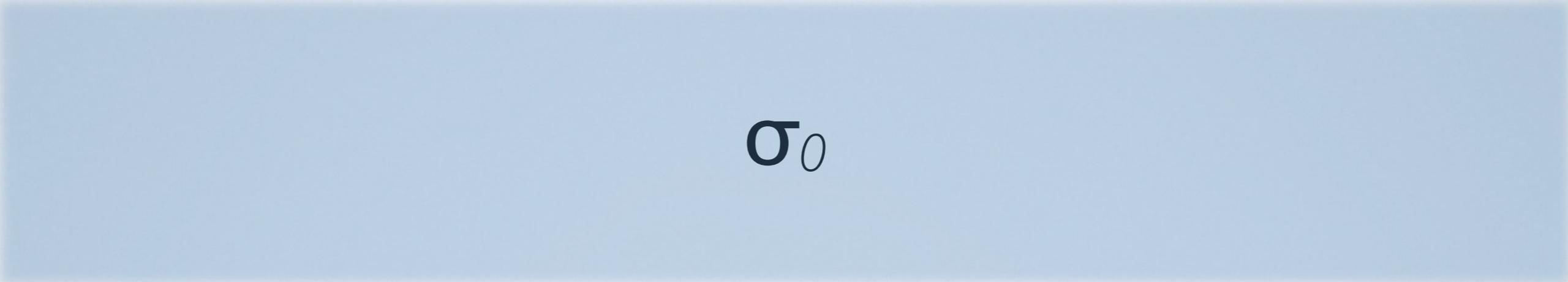
Consequences of $\sigma_{\pi N}$ for nuclear matter

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$$\langle \Omega | \bar{q}q | \Omega \rangle = \langle 0 | \bar{q}q | 0 \rangle \left(1 - \frac{\sigma_{\pi N}}{M_{\pi}^2 f_{\pi}^2} \rho + \dots \right)$$

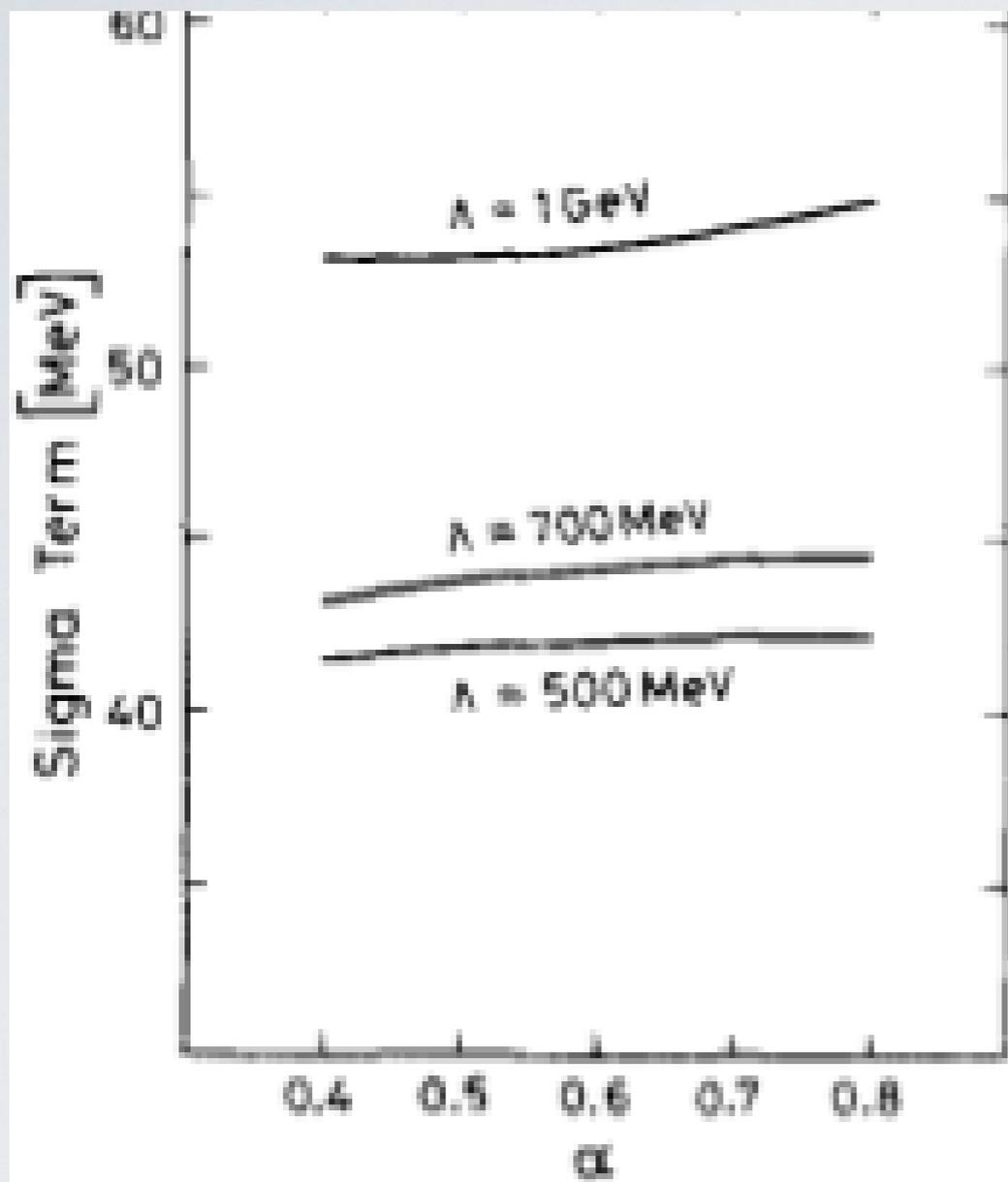
- Restoration of chiral symmetry requires a zero temporal component of f

$$f_t = f_{\pi} \left\{ 1 + \frac{2\rho}{f^2} \left(c_2 + c_3 - \frac{g_A^2}{8m_N} \right) \right\}$$



σ_0

σ_0



[Gasser, *Annals of Phys.* 136, 62 (1981)]

- This plot is for $m_0 = 750 \text{ MeV}$, which is equivalent to fix b_0 .
- Gasser points out that the natural choice is $\Lambda = 1 \text{ GeV}$ because corresponds to the axial vector form factor fit given by Sehgal [*Sehgal, "Proceedings of the International Conference on High Energy Physics"*].
- He finally takes $\Lambda = 700 \text{ MeV}$ because for $\Lambda = 1 \text{ GeV}$ the mass shift of the nucleon due to massless pions is -200 MeV while for $\Lambda = 700 \text{ MeV}$ is -90 MeV .

Comparison with HB

	Octet	$\mathcal{O}(p^3)$	Octet+Decuplet	$\mathcal{O}(p^3)$
	HB	Cov.	HB	Cov.
σ_0 (MeV)	58(23)	46(8)	89(23)	58(8)

Subthreshold region

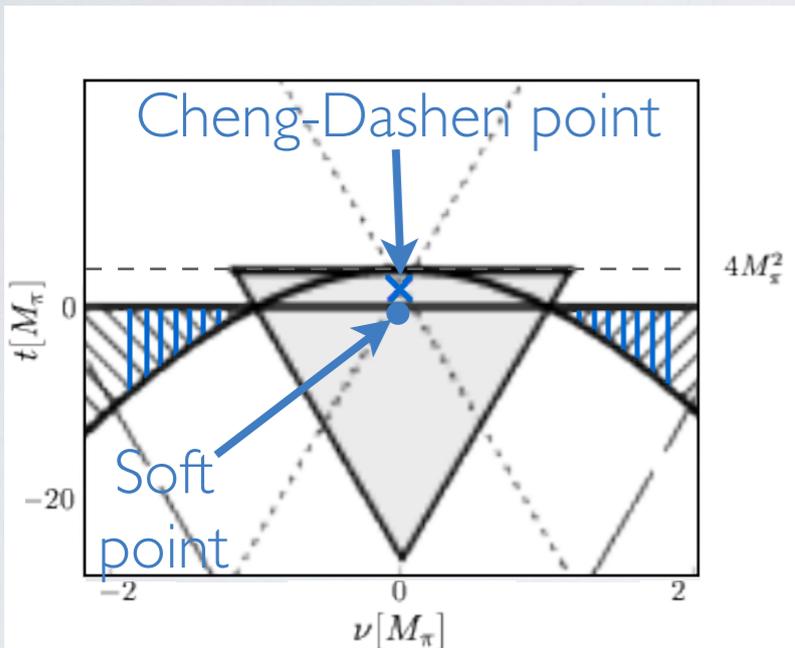
Subthreshold region

- The disagreement found in [Becher and Leutwyler, JHEP (2001)] is related to the disagreement in the subthreshold expansion.

$$T(\nu, t) = \bar{u} \left(D(\nu, t) - \frac{1}{4m_N} B(\nu, t) [q, q'] \right) u$$

$$\bar{D}^+(\nu, t) = d_{00}^+ + d_{01}^+ t + d_{10}^+ \nu^2 + d_{02}^+ t^2 + \dots \quad \bar{B}^+(\nu, t) = b_{00}^+ \nu + \dots$$

$$\bar{D}^-(\nu, t) = d_{00}^- \nu + d_{01}^- \nu t + d_{10}^- \nu^3 + \dots \quad \bar{B}^-(\nu, t) = b_{00}^- + \dots$$



	KA85 Δ -ChPT	WI08 Δ -ChPT	EM06 Δ -ChPT	KA85 Δ -ChPT	WI08 Δ -ChPT	EM06 Δ -ChPT	KA85 [50]	WI08 [4]
$d_{00}^+ (M_\pi^{-1})$	-2.02(41)	-1.65(28)	-1.56(5)	-1.48(15)	-1.20(13)	-0.98(4)	-1.46	-1.30
$d_{01}^+ (M_\pi^{-3})$	1.73(19)	1.70(18)	1.64(4)	1.21(10)	1.20(9)	1.09(4)	1.14	1.19
$d_{10}^+ (M_\pi^{-3})$	1.81(16)	1.60(18)	1.532(45)	0.99(14)	0.82(9)	0.631(42)	1.12(2)	-
$d_{02}^+ (M_\pi^{-5})$	0.021(6)	0.021(6)	0.021(6)	0.004(6)	0.005(6)	0.004(6)	0.036	0.037
$b_{00}^+ (M_\pi^{-3})$	-6.5(2.4)	-7.4(2.3)	-7.01(1.1)	-5.1(1.7)	-5.1(1.7)	-4.5(9)	-3.54(6)	-
$d_{00}^- (M_\pi^{-2})$	1.81(24)	1.68(16)	1.495(28)	1.63(9)	1.53(8)	1.379(8)	1.53(2)	-
$d_{01}^- (M_\pi^{-4})$	-0.17(6)	-0.20(5)	-0.199(7)	-0.112(25)	-0.115(24)	-0.0923(11)	-0.134(5)	-
$d_{10}^- (M_\pi^{-4})$	-0.35(10)	-0.33(10)	-0.267(14)	-0.18(5)	-0.16(5)	-0.0892(41)	-0.167(5)	-
$b_{00}^- (M_\pi^{-2})$	17(7)	17(7)	16.8(7)	9.63(30)	9.755(42)	8.67(8)	10.36(10)	-

[Alarcón, Martin Camalich and Oller, Ann. of Phys. 336 (2013)]

Agreement with the dispersive results!

- CD theorem: $\Sigma \equiv f_\pi^2 \bar{D}^+(0, 2M_\pi^2) = \sigma(t = 2M_\pi^2) + \Delta_R = \sigma_{\pi N} + \Delta_\sigma + \Delta_R$ Underestimated in ~ 10 MeV

$$\Sigma = \underbrace{f_\pi^2 (d_{00}^+ + 2M_\pi^2 d_{01}^+)}_{\Sigma_d} + \underbrace{f_\pi^2 (4M_\pi^4 d_{02}^+ + \dots)}_{\Delta_D} \quad \sigma_{\pi N} = \Sigma_d + \underbrace{\Delta_D - \Delta_\sigma}_{\text{Remains small}} - \Delta_R$$

Δ_D Underestimated in ~ 10 MeV as well!

$$\Delta_D - \Delta_\sigma = -3.3(2) \text{ MeV (disp.)} \longleftrightarrow \Delta_D^{(3)} - \Delta_\sigma^{(3)} = -3.5(2.0) \text{ MeV (O}(p^3)\text{ ChEFT)}$$