PRICES INCLUDE 13.5% Tax

Grab n’ Go Available Daily from 7:30 a.m. to 1:30 p.m. ~ local - homemade - delicious - family-owned

**Entrées**

MOMO’s Breakfast Sandwich ........................................................................................................................................  $6.50
Includes 2 Eggs and your choice from:
- **Bread:** bagel, wrap, biscuit, croissant or toast
- **Meat:** ham, sausage, turkey sausage, or bacon
- **Cheese:** provolone, swiss, or cheddar

Add on Spinach or tomatoes for $0.25 and/or grilled peppers & onions for $1.00

Monte Cristo Breakfast Sandwich .................................................................................................................................. $7.50
with 2 eggs, bacon OR ham, cheddar, swiss, on French toast and a side of raspberry jam

Breakfast bread pudding .................................................................................................................................................. $4.00
$5.50 w/ Fruit

made with corn bread, sausage, scallions and cheddar cheese

**Daily Breakfast Specials**

Hash Brown Plate ............................................................................................................................................................. $5.50
with two eggs your way and a choice of meat

Breakfast Combo .............................................................................................................................................................. $5.00
Choice of one item: Two Eggs your way OR either a sausage, or bacon, or egg biscuit
With your choice of a cup of coffee or a bottled water

2 Eggs, 2 Bacon ................................................................................................................................................................. $6.50
with your choice of a cup of coffee or a bottled water

Bacon Biscuit ................................................................................................................................................................. $3.25

Sausage Biscuit ................................................................................................................................................................. $2.75

Egg Biscuit ................................................................................................................................................................. $3.00

**A la Carte**

2 Eggs your way ............................................................................................................................................................... $3.00

2 Sausage patties .............................................................................................................................................................. $3.00

Bagel and Cream Cheese ................................................................................................................................................ $2.25

2 Strips of bacon ............................................................................................................................................................... $2.50

2 Slices of French Toast .................................................................................................................................................... $5.00

Fruit Cup ................................................................................................................................................................. $2.25
**Lunch Menu**

Served 11:30 a.m. - 1:30 p.m

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### Entrées

- **Cheesy hamburger and macaroni bake**
  with cornbread and steamed broccoli
  $10.00

- **Teriyaki chicken thighs**
  with fried rice and green beans
  $11.00

- **Half and Half - Choose 2**
  Half a sandwich (any weekly sandwich) and half an entrée salad or cup of soup
  $9.00

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### Salads

- **Create your Own Salad**
  Spinach, field greens, romaine, carrots, cucumbers, peppers, onions, scallions, blueberries, craisins, tomatoes, spicy almonds, strawberries, mushrooms, feta, parmesan, shredded cheddar, black beans, avocado, broccoli, olives and crackers
  $6.00

- **Add a protein**
  Chicken, turkey, ham, chicken salad
  $2.50 per

- **Half & Half**
  Choose Two: Half a sandwich (any weekly sandwich) and half an entrée salad or cup of soup
  $9.00

- **Salad Plate**
  Choose two: Pasta salad, cole-slaw, dual potato salad, herb roasted potato salad, side salad or fresh fruit
  Choose one: sliced chicken, ham salad, turkey or chicken salad
  $9.00

- **Chopped**
  with field greens, chicken, feta, black beans, scallions, mushrooms, peppers, cucumbers, tomatoes, avocado and choice of dressing
  $8.00 sm
  $10.00 lg

- **Caprese Salad**
  with spinach, chicken, avocado, fresh mozzarella, tomatoes, pesto and balsamic glaze
  $8.00 sm
  $10.00 lg

- **Field Green Salad**
  with strawberries, blueberries, almonds, feta, craisins, and chicken salad
  $8.00 sm
  $10.00 lg

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### Flat Bread Pizzas

- **Veggie**
  Sauce, cheese, tomatoes, peppers, onions, mushrooms, olives
  $7.00

- **Greek**
  Sauce, feta, parmesan, tomatoes, cucumbers, onions, olives and chicken
  $7.00

- **Meatlovers**
  Bacon, pepperoni, sausage and ham
  $7.00

- **BBQ Chicken Pizza**
  BBQ Sauce, BBQ chicken, onions, bacon, goat cheese
  $7.00

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## Sandwiches

Served with a choice one side of pasta salad, dual potato salad, fresh fruit, side salad or chips and a pickle

<table>
<thead>
<tr>
<th>Sandwich Name</th>
<th>Combo</th>
<th>Sandwich Only</th>
</tr>
</thead>
<tbody>
<tr>
<td>MOMO's Tuna Melt</td>
<td>$10.50</td>
<td>$8.75</td>
</tr>
<tr>
<td>Margherita grilled cheese</td>
<td>$10.00</td>
<td>$8.25</td>
</tr>
<tr>
<td>on white with fresh mozzarella, tomato and pesto</td>
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<td></td>
</tr>
<tr>
<td>Ham, brie and apple sandwich</td>
<td>$10.50</td>
<td>$8.75</td>
</tr>
<tr>
<td>on wheat bread with cranberry sauce</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Chicken salad wrap</td>
<td>$10.25</td>
<td>$8.50</td>
</tr>
<tr>
<td>with spinach and tomatoes</td>
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<td></td>
</tr>
<tr>
<td>Turkey on wheatberry bread</td>
<td>$10.50</td>
<td>$8.75</td>
</tr>
<tr>
<td>with cranberry mayo, brie, lettuce and tomato</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Veggie wrap</td>
<td>$9.75</td>
<td>$8.00</td>
</tr>
<tr>
<td>with hummus, lettuce, tomato, black beans, roasted peppers and onions, mushrooms, cucumber</td>
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<td></td>
</tr>
<tr>
<td>Chicken, bacon and ranch wrap</td>
<td>$10.25</td>
<td>$8.50</td>
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</tbody>
</table>

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### Walk-Ins Welcome or Place Your Order in Advance:

**Call x 7370 or Text 757-206-3212 (No voicemails please)**

*Place your order a minimum of 10 minutes ahead of your pick-up time.*

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## Beverages and Snacks

- Coffee/Iced tea $2.25
- Cup of ice $.50
- Bottled sodas/teas $2.25
- Monster $2.50
- Bottled juice $2.75
- Bottled water $2.00
- Canned Sparkling Water $2.00
- Cookie packs (chocolate chip cream, oatmeal cream, peanut butter chocolate cream) $2.25
- Peanut Butter and Chocolate Protein Bar (vegetarian) $2.00
- Lemon bar, peanut butter bar, brownie $2.75
- Coffee Cake $3.50
- Greek Yogurt $2.25
- Granola bars $1.50
- Chips $1.75

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## Featured Soup

**Beef and Rice**

SM $5.00 / LG $7.00

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## Grab & Go

**Hummus and Veggies $5.00**

(a scoop of hummus with tomatoes, cucumbers, peppers and broccoli)

**Ice Cream Novelties:**

- Häagen-Dazs $2.25
- FatBoy Ice Cream Sandwich $1.75
- Kit-Kat drumstick $1.75

**Cookie Packs $2.25**

(chocolate chip cream, oatmeal cream, peanut butter chocolate cream)

- MOMO's Brazilian Coffee Blend $10.00 bag
- Homemade Basil Vinaigrette Dressing $8.00
- Homemade Sweet Onion Dressing $8.00

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Family Take Home

Dinner for Four

$30.00

for the week of April 12, 2021

Choose one of the following meal options

- Chicken chimichangas, yellow rice and corn, tomato, and black bean salad
- Ham and swiss stuffed chicken breast with herb-roasted potatoes and Brussel sprouts

- No Substitutions.
- Payment due when placing the order.
- Order day before, or morning of pick up.
- Pick-up is available in the Quark Café no later than 1:45 p.m. on your designated pick-up day.
- Food will be cold at pick-up and labeled with heating instructions.
- Refrigeration required after pick-up.

To place your order, Call x 7370 or Text 757-206-3212

(No voicemails please)

Monday – Friday by 10:00 a.m. for same day pickup