

Oct.
25-29



Breakfast Menu

Served 7:30 - 10:00 a.m.

Daily Breakfast Specials

MOMO's Breakfast Sandwich	\$6.50
<i>Includes 2 Eggs and your choice from:</i>	
Bread: bagel, wrap, biscuit, croissant or toast	
Meat: ham, sausage, turkey sausage, or bacon	
Cheese: provolone, Swiss, or cheddar	
	Add-ons spinach or tomatoes for \$0.25 grilled peppers & onions for \$1.00 mushrooms for \$1.00 avocado for \$1.25
Monte Cristo Breakfast Sandwich	\$7.50
<i>with 2 eggs, bacon OR ham, cheddar, Swiss, on French toast and a side of raspberry jam</i>	
Biscuits and gravy	\$4.00
Omelet	\$6.50
<i>Your choice of a meat and a cheese with up to three add-ons</i>	
Hash Brown Plate	\$6.00
<i>with two eggs your way and a choice of meat</i>	
Quiche	\$4.50
<i>Ham, Swiss and sundried tomato</i>	
2 Eggs, 2 Bacon	\$6.50
<i>with your choice of a cup of coffee or a bottled water</i>	

A la Carte

2 Eggs your way	\$3.00
2 Sausage patties	\$3.50
Bagel and Cream Cheese	\$2.50
2 Strips of bacon	\$2.75
2 Slices of French Toast	\$5.00
Fruit Cup	\$2.25
Toast or Biscuit	\$1.50

PRICES INCLUDE 13.5% Tax

Grab n' Go Available Daily from 7:30 a.m. to 1:30 p.m. ~ local - homemade - delicious - family-owned

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Lunch Menu

Served 11:30 a.m. - 1:30 p.m

Entrées

Meatball and mushroom stew	\$10.50
<i>with couscous and roasted cauliflower</i>	
Stuffed chicken with mozzarella and sundried tomatoes in a pesto cream sauce	\$10.50
<i>with penne pasta and vegetable medley</i>	
Half and Half - Choose 2	\$9.50
<i>Half a sandwich (any grab-and-go or weekly sandwich), half a small salad or cup of soup</i>	

Custom-made Salads

Weekly assortment of fresh fruits and veggies plated and served to you for \$9.50/lb

Rotating examples include: Spinach, field greens, romaine, carrots, cucumbers, peppers, onions, scallions, blueberries, raisins, tomatoes, spicy almonds, strawberries, mushrooms, feta, parmesan, shredded cheddar, black beans, avocado, broccoli, olives, crackers, chicken salad, turkey, ham, pasta salad, potato salad

Entrée Salads

Chopped	\$8.00
<i>with field greens, chicken, feta, black beans, scallions, mushrooms, peppers, cucumbers, tomatoes, avocado and choice of dressing</i>	
Caprese Salad	\$8.00
<i>with spinach, chicken, avocado, fresh mozzarella, tomatoes, pesto and balsamic glaze</i>	
Field Green Salad	\$8.00
<i>with strawberries, blueberries, almonds, feta, raisins, and chicken salad</i>	

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Flat Bread Pizzas

Veggie	\$7.00
<i>Sauce, cheese, tomatoes, peppers, onions, mushrooms, olives</i>	
Greek	\$7.00
<i>Sauce, feta, parmesan, tomatoes, cucumbers, onions, olives and chicken</i>	
Meatlovers	\$7.00
<i>Bacon, pepperoni, sausage and ham</i>	

Grab-and-go Sandwiches

Turn any sandwich into a combo with a side and 12oz drink for \$11.75

Chicken salad wrap	\$8.75
<i>with spinach and tomatoes</i>	
Turkey on wheatberry bread	\$8.75
<i>with cranberry mayo, brie, lettuce and tomato</i>	
Veggie wrap	\$8.25
<i>with hummus, lettuce, tomato, black beans, roasted peppers and onions, mushrooms, cucumber</i>	
Chicken, bacon and ranch wrap	\$8.75
Curried chicken salad sandwich	\$8.75
Turkey and Swiss cheese on a sub roll	\$8.00



Hot Dogs: 1 for \$3.50 or 2 for \$6.00

Hot Dog Combo: 1 hot dog, your choice of chips and canned drink for \$6.00

Featured Sandwiches

Turn any sandwich into a combo with a side and 12oz drink for \$11.75

Buffalo chicken wrap	\$9.00
<i>with roasted chicken, buffalo mayo, spinach, tomato and blue cheese</i>	
MOMO's grilled cheese	\$8.50
Roasted pork on white bread	\$9.00
<i>with pickled onions, spinach, Swiss cheese and Dijon mustard</i>	

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Grab & Go

Hummus and Veggies \$5.00

(a scoop of hummus with tomatoes, cucumbers, peppers and broccoli)

Charcuterie \$4.00

Assortment of meats and cheeses to go.

Ice Cream Novelties:

Häagen-Dazs \$2.25

FatBoy Ice Cream Sandwich \$1.75

Kit-Kat drumstick \$1.75

Cookie Packs \$2.25

(chocolate chip cream, oatmeal cream, peanut butter chocolate cream)

MOMO's Brazilian Coffee Blend \$10.00 bag

Homemade Basil Vinaigrette Dressing \$8.00

Homemade Sweet Onion Dressing \$8.00

Beverages and Snacks

Coffee/Iced tea \$2.25

Cup of ice \$.50

Bottled sodas/teas \$2.50

Monster \$2.75

Bottled juice \$3.00

Bottled water \$2.00

Canned Sparkling Water \$2.00

Canned 12oz drinks \$1.75

Lemon bar, peanut butter bar, brownie
\$3.00

Coffee Cake \$3.75

Greek Yogurt \$2.25

Granola bars \$1.50

Sides for \$2.25

Pasta Salad

Dual potato salad

Fresh Fruit

Roasted potato salad

Side salad

Sides for \$1.75

Assorted chips

Featured Soup:

Shrimp and Corn Chowder

SM \$5.00 / LG \$7.00

Walk-Ins Welcome or Place Your Order in Advance:

Call x 7370 or Text 757-206-3212

(No voicemails please)

Place your order a minimum of 10 minutes ahead

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Family Take Home Dinner for Four \$30.00

Choose one of the following meal options

**Meatloaf with roasted potatoes and green beans
or
Chicken enchiladas with yellow rice
and roasted vegetable medley**

- No Substitutions.
- Payment due when placing the order.
- Order day before, or morning of pick up.
- Pick-up is available in the Quark Café no later than 1:45 p.m. on your designated pick-up day.
- Food will be cold at pick-up and labeled with heating instructions.
- Refrigeration required after pick-up.

**To place your order, Call x 7370 or Text 757-206-
3212(No voicemails please)**

**Monday – Friday by 10:00 a.m. for same day
pickup**

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