

**March  
1 - 5**



# Breakfast Menu

**Served 7:30 - 10:00 a.m.**

## Entrées

<b>MOMO's Breakfast Sandwich</b> .....	<b>\$6.50</b>
<i>Includes 2 Eggs and your choice from:</i>	
<i><b>Bread:</b> bagel, wrap, biscuit, croissant or toast</i>	
<i><b>Meat:</b> ham, sausage, turkey sausage, or bacon</i>	
<i><b>Cheese:</b> provolone, swiss, or cheddar</i>	
<div style="border: 1px solid green; padding: 5px; display: inline-block;"><i>Add on Spinach or tomatoes for \$0.25 and/or grilled peppers &amp; onions for \$1.00</i></div>	
<b>Monte Cristo Breakfast Sandwich</b> .....	<b>\$7.50</b>
<i>with 2 eggs, bacon OR ham, cheddar, swiss, on French toast and a side of raspberry jam</i>	
<b>Chicken Salad</b> .....	<b>\$6.50</b>
<i>on a large sweet potato biscuit</i>	

## Daily Breakfast Specials

<b>Hash Brown Plate</b> .....	<b>\$5.50</b>
<i>with two eggs your way and a choice of meat</i>	
<b>Breakfast Combo</b> .....	<b>\$5.00</b>
<i>Choice of one item: Two Eggs your way OR either a sausage, or bacon, or egg biscuit</i>	
<i>With your choice of a cup of coffee or a bottled water</i>	
<b>2 Eggs, 2 Bacon</b> .....	<b>\$6.50</b>
<i>with your choice of a cup of coffee or a bottled water</i>	
<b>Bacon Biscuit</b> .....	<b>\$3.25</b>
<b>Sausage Biscuit</b> .....	<b>\$2.75</b>
<b>Egg Biscuit</b> .....	<b>\$3.00</b>

## A la Carte

<b>2 Eggs your way</b> .....	<b>\$3.00</b>
<b>2 Sausage patties</b> .....	<b>\$3.00</b>
<b>Bagel and Cream Cheese</b> .....	<b>\$2.25</b>
<b>2 Strips of bacon</b> .....	<b>\$2.50</b>
<b>2 Slices of French Toast</b> .....	<b>\$5.00</b>
<b>Fruit Cup</b> .....	<b>\$2.25</b>

PRICES INCLUDE 13.5% Tax

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# Lunch Menu

**Served 11:30 a.m. - 1:30 p.m**

## Entrées

<b>Honey mustard chicken thighs</b> .....	<b>\$10.00</b>
<i>with mashed sweet potatoes and Brussels sprouts</i>	
<b>Herb roasted pork</b> .....	<b>\$10.00</b>
<i>with a side of peach chutney, roasted potatoes and green beans</i>	
<b>Half and Half - Choose 2</b> .....	<b>\$9.00</b>
<i>Half a sandwich (any weekly sandwich) and half an entrée salad or cup of soup</i>	

## Salads

<b>Create your Own Salad</b> .....	<b>\$6.00</b>
<i>Spinach, field greens, romaine, carrots, cucumbers, peppers, onions, scallions, blueberries, raisins, tomatoes, spicy almonds, strawberries, mushrooms, feta, parmesan, shredded cheddar, black beans, avocado, broccoli, olives and crackers</i>	
<b>Add a protein</b> .....	<b>\$2.50</b>
<i>Chicken, turkey, ham, chicken salad</i>	<b>Per</b>
<b>Half &amp; Half</b> .....	<b>\$9.00</b>
<i>Choose Two: Half a sandwich (any weekly sandwich) and half an entrée salad or cup of soup</i>	
<b>Salad Plate</b> .....	<b>\$9.00</b>
<i>Choose two: Pasta salad, cole-slaw, dual potato salad, herb roasted potato salad, side salad or fresh fruit</i>	
<i>Choose one: sliced chicken, ham salad, turkey or chicken salad</i>	
<b>Chopped</b> .....	<b>\$8.00 sm</b>
<i>with field greens, chicken, feta, black beans, scallions, mushrooms, peppers, cucumbers, tomatoes, avocado and choice of dressing</i>	<b>\$10.00 lg</b>
<b>Caprese Salad</b> .....	<b>\$8.00 sm</b>
<i>with spinach, chicken, avocado, fresh mozzarella, tomatoes, pesto and balsamic glaze</i>	<b>\$10.00 lg</b>
<b>Field Green Salad</b> .....	<b>\$8.00 sm</b>
<i>with strawberries, blueberries, almonds, feta, raisins, and chicken salad</i>	<b>\$10.00 lg</b>

## Flat Bread Pizzas

<b>Veggie</b> .....	<b>\$7.00</b>
<i>Sauce, cheese, tomatoes, peppers, onions, mushrooms, olives</i>	
<b>Greek</b> .....	<b>\$7.00</b>
<i>Sauce, feta, parmesan, tomatoes, cucumbers, onions, olives and chicken</i>	
<b>Meatlovers</b> .....	<b>\$7.00</b>
<i>Bacon, pepperoni, sausage and ham</i>	
<b>BBQ Chicken Pizza</b> .....	<b>\$7.00</b>
<i>BBQ Sauce, BBQ chicken, onions, bacon, goat cheese</i>	

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# Sandwiches

Served with a choice one side of pasta salad, dual potato salad, fresh fruit, side salad or chips and a pickle

	<u>Combo</u>	<u>Sandwich Only</u>
<b>MOMO's Grilled cheese</b> .....	\$10.00	\$8.25
<b>MOMO's Tuna Melt</b> ..... <i>on a bun with creole mayonnaise, lettuce and tomato</i>	\$10.50	\$8.75
<b>Turkey Reuben on rye</b> ..... <i>with Thousand Island, Swiss cheese and sauerkraut</i>	\$10.50	\$8.75
<b>Chicken salad wrap</b> ..... <i>with spinach and tomatoes</i>	\$10.25	\$8.50
<b>Turkey on wheatberry bread</b> ..... <i>with cranberry mayo, brie, lettuce and tomato</i>	\$10.50	\$8.75
<b>Veggie wrap</b> ..... <i>with hummus, lettuce, tomato, black beans, roasted peppers and onions, mushrooms, cucumber</i>	\$9.75	\$8.00
<b>Chicken, bacon and ranch wrap</b> .....	\$10.25	\$8.50

**Walk-Ins Welcome or Place Your Order in Advance:**  
**Call x 7370 or Text 757-206-3212 (No voicemails please)**  
*Place your order a minimum of 10 minutes ahead  
of your pick-up time.*

**Featured Soup**  
**Sausage, Sweet  
potato & Kale**  
SM \$5.00 / LG \$7.00

**Beverages and Snacks**

Coffee/Iced tea \$2.25  
Cup of ice \$.50  
Bottled sodas/teas \$2.25  
Monster \$2.50  
Bottled juice \$2.75  
Bottled water \$2.00  
Canned Sparkling Water \$2.00

Cookie packs (chocolate chip cream, oatmeal cream, peanut butter chocolate cream) \$2.25  
Peanut Butter and Chocolate Protein Bar (vegetarian) \$2.00  
Lemon bar, peanut butter bar, brownie \$2.75  
Coffee Cake \$3.50  
Greek Yogurt \$2.25  
Granola bars \$1.50  
Chips \$1.75

**Grab & Go**

**Hummus and Veggies \$5.00**  
(a scoop of hummus with tomatoes, cucumbers, peppers and broccoli)

**Ice Cream Novelties:**  
Häagen-Dazs \$2.25  
FatBoy Ice Cream Sandwich \$1.75  
Kit-Kat drumstick \$1.75

**Cookie Packs \$2.25**  
(chocolate chip cream, oatmeal cream, peanut butter chocolate cream)

MOMO's Brazilian Coffee Blend \$10.00 bag  
Homemade Basil Vinaigrette Dressing \$8.00  
Homemade Sweet Onion Dressing \$8.00

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# Family Take Home Dinner for Four \$30.00

for the week of March 1, 2021

Choose one of the following meal options

**Salmon cakes with pineapple salsa,  
Cole slaw and roasted sweet potatoes  
or  
Chicken Alfredo with Caesar salad and garlic bread**

- No Substitutions.
- Payment due when placing the order.
- Order day before, or morning of pick up.
- Pick-up is available in the Quark Café no later than 1:45 p.m. on your designated pick-up day.
- Food will be cold at pick-up and labeled with heating instructions.
- Refrigeration required after pick-up.

**To place your order, Call x 7370 or Text 757-206-3212**

**(No voicemails please)**

**Monday – Friday by 10:00 a.m. for same day pickup**

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