# Breakfast Menu

Served 7:30 - 10:00 a.m.

## Entées

### MOMO’s Breakfast Sandwich

![Image](https://via.placeholder.com/150)

Includes 2 Eggs and your choice from:

- **Bread**: bagel, wrap, biscuit, croissant or toast
- **Meat**: ham, sausage, turkey sausage, or bacon
- **Cheese**: provolone, swiss, or cheddar

Add on Spinach or tomatoes for $0.25 and/or grilled peppers & onions for $1.00

$6.50

### Monte Cristo Breakfast Sandwich

![Image](https://via.placeholder.com/150)

with 2 eggs, bacon OR ham, cheddar, swiss, on French toast and a side of raspberry jam

$7.50

### Breakfast bread pudding

![Image](https://via.placeholder.com/150)

made with corn bread, sausage, scallions and cheddar cheese

$4.00

**Or**

$5.50 w/ Fruit

## Daily Breakfast Specials

### Hash Brown Plate

![Image](https://via.placeholder.com/150)

with two eggs your way and a choice of meat

$5.50

### Breakfast Combo

![Image](https://via.placeholder.com/150)

Choice of one item: Two Eggs your way OR either a sausage, or bacon, or egg biscuit

With your choice of a cup of coffee or a bottled water

$5.00

### 2 Eggs, 2 Bacon

![Image](https://via.placeholder.com/150)

with your choice of a cup of coffee or a bottled water

$6.50

### Bacon Biscuit

![Image](https://via.placeholder.com/150)

$3.25

### Sausage Biscuit

![Image](https://via.placeholder.com/150)

$2.75

### Egg Biscuit

![Image](https://via.placeholder.com/150)

$3.00

## A la Carte

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 Eggs your way</td>
<td>$3.00</td>
</tr>
<tr>
<td>2 Sausage patties</td>
<td>$3.00</td>
</tr>
<tr>
<td>Bagel and Cream Cheese</td>
<td>$2.25</td>
</tr>
<tr>
<td>2 Strips of bacon</td>
<td>$2.50</td>
</tr>
<tr>
<td>2 Slices of French Toast</td>
<td>$5.00</td>
</tr>
<tr>
<td>Fruit Cup</td>
<td>$2.25</td>
</tr>
</tbody>
</table>

## PRICES INCLUDE 13.5% Tax

Grab n’ Go Available Daily from 7:30 a.m. to 1:30 p.m. ~ local - homemade - delicious - family-owned
**Lunch Menu**

Served 11:30 a.m. - 1:30 p.m

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**Entrées**

Chicken breast topped with pesto
With provolone and roasted tomatoes, herb garlic couscous and Brussels sprouts

Greek paella
with orzo, chicken and shrimp with green beans

Half and Half - Choose 2
Half a sandwich (any weekly sandwich) and half an entrée salad or cup of soup

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**Salads**

Create your Own Salad
Spinach, field greens, romaine, carrots, cucumbers, peppers, onions, scallions, blueberries, craisins, tomatoes, spicy almonds, strawberries, mushrooms, feta, parmesan, shredded cheddar, black beans, avocado, broccoli, olives and crackers

Add a protein
Chicken, turkey, ham, chicken salad

Half & Half
Choose Two: Half a sandwich (any weekly sandwich) and half an entrée salad or cup of soup

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**Salad Plate**
Choose two: Pasta salad, cole-slaw, dual potato salad, herb roasted potato salad, side salad or fresh fruit
Choose one: sliced chicken, ham salad, turkey or chicken salad

Chopped
with field greens, chicken, feta, black beans, scallions, mushrooms, peppers, cucumbers, tomatoes, avocado and choice of dressing

Caprese Salad
with spinach, chicken, avocado, fresh mozzarella, tomatoes, pesto and balsamic glaze

Field Green Salad
with strawberries, blueberries, almonds, feta, craisins, and chicken salad

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**Flat Bread Pizzas**

Veggie
Sauce, cheese, tomatoes, peppers, onions, mushrooms, olives

Greek
Sauce, feta, parmesan, tomatoes, cucumbers, onions, olives and chicken

Meatlovers
Bacon, pepperoni, sausage and ham

BBQ Chicken Pizza
BBQ Sauce, BBQ chicken, onions, bacon, goat cheese

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PRICES INCLUDE 13.5% Tax

**Grab n' Go Available Daily from 7:30 a.m. to 1:30 p.m. ~ local - homemade - delicious - family-owned**
**Sandwiches**

Served with a choice one side of pasta salad, dual potato salad, fresh fruit, side salad or chips and a pickle

<table>
<thead>
<tr>
<th>Sandwich Description</th>
<th>Combo</th>
<th>Sandwich Only</th>
</tr>
</thead>
<tbody>
<tr>
<td>Corned Beef Reuben on rye with Thousand Island, Swiss cheese and sauerkraut</td>
<td>$10.50</td>
<td>$8.75</td>
</tr>
<tr>
<td>Turkey melt on white with bacon, spicy mustard, pickled onions and cheddar cheese</td>
<td>$10.50</td>
<td>$8.75</td>
</tr>
<tr>
<td>BBQ chicken burrito with goat cheese, grilled peppers and onions, spinach and tomato</td>
<td>$10.50</td>
<td>$8.75</td>
</tr>
<tr>
<td>Chicken salad wrap with spinach and tomatoes</td>
<td>$10.25</td>
<td>$8.50</td>
</tr>
<tr>
<td>Turkey on wheatberry bread with cranberry mayo, brie, lettuce and tomato</td>
<td>$10.50</td>
<td>$8.75</td>
</tr>
<tr>
<td>Veggie wrap with hummus, lettuce, tomato, black beans, roasted peppers and onions, mushrooms, cucumber</td>
<td>$9.75</td>
<td>$8.00</td>
</tr>
<tr>
<td>Chicken, bacon and ranch wrap</td>
<td>$10.25</td>
<td>$8.50</td>
</tr>
</tbody>
</table>

**Walk-Ins Welcome or Place Your Order in Advance:**
**Call x 7370 or Text 757-206-3212 (No voicemails please)**
Place your order a minimum of 10 minutes ahead of your pick-up time.

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**Beverages and Snacks**

- Coffee/Iced tea: $2.25
- Cup of ice: $0.50
- Bottled sodas/teas: $2.25
- Monster: $2.50
- Bottled juice: $2.75
- Bottled water: $2.00
- Canned Sparkling Water: $2.00

- Cookie packs: chocolate chip cream, oatmeal cream, peanut butter chocolate cream: $2.25
- Peanut Butter and Chocolate Protein Bar (vegetarian): $2.00
- Lemon bar, peanut butter bar, brownie: $2.75
- Coffee Cake: $3.50
- Greek Yogurt: $2.25
- Granola bars: $1.50
- Chips: $1.75

**Grab & Go**

- **Hummus and Veggies**: $5.00
  (a scoop of hummus with tomatoes, cucumbers, peppers and broccoli)

- **Ice Cream Novelties**:
  - Häagen-Dazs: $2.25
  - FatBoy Ice Cream Sandwich: $1.75
  - Kit-Kat drumstick: $1.75

- **Cookie Packs**: $2.25
  (chocolate chip cream, oatmeal cream, peanut butter chocolate cream)

- MOMO's Brazilian Coffee Blend: $10.00 bag
- Homemade Basil Vinaigrette Dressing: $8.00
- Homemade Sweet Onion Dressing: $8.00

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**Featured Soup**

**Corned Beef and Cabbage**
SM $5.00 / LG $7.00

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**PRICES INCLUDE 13.5% Tax**

Grab n’ Go Available Daily from 7:30 a.m. to 1:30 p.m. ~ local - homemade - delicious - family-owned
Family Take Home  
**Dinner for Four**  
$30.00  
for the week of March 22, 2021

Choose one of the following meal options

- Shepherd’s pie with rolls and a field green salad
- Ham and swiss stuffed chicken breast with herb-roasted potatoes and Brussel sprouts

- No Substitutions.
- Payment due when placing the order.
- Order day before, or morning of pick up.
- Pick-up is available in the Quark Café no later than 1:45 p.m. on your designated pick-up day.
- Food will be cold at pick-up and labeled with heating instructions.
- Refrigeration required after pick-up.

To place your order, Call x 7370 or Text 757-206-3212

(No voicemails please)

Monday – Friday by 10:00 a.m. for same day pickup