<table>
<thead>
<tr>
<th>Entrées</th>
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</thead>
<tbody>
<tr>
<td>MOMO’s Breakfast Sandwich ..................................................................</td>
<td>$6.50</td>
</tr>
<tr>
<td>Includes 2 Eggs and your choice from:</td>
<td></td>
</tr>
<tr>
<td>Bread: bagel, wrap, biscuit, croissant or toast</td>
<td></td>
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<tr>
<td>Meat: ham, sausage, turkey sausage, or bacon</td>
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<tr>
<td>Cheese: provolone, swiss, or cheddar</td>
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<tr>
<td>Add on Spinach or tomatoes for $0.25 and/or grilled peppers &amp; onions for $1.00</td>
<td></td>
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<tr>
<td>Monte Cristo Breakfast Sandwich ..................................................</td>
<td>$7.50</td>
</tr>
<tr>
<td>with 2 eggs, bacon OR ham, cheddar, swiss, on French toast and a side of raspberry jam</td>
<td></td>
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<tr>
<td>Biscuits and gravy ..........................................................................</td>
<td>$3.50</td>
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</tbody>
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<table>
<thead>
<tr>
<th>Daily Breakfast Specials</th>
<th></th>
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<tbody>
<tr>
<td>Hash Brown Plate ..............................................................................</td>
<td>$5.50</td>
</tr>
<tr>
<td>with two eggs your way and a choice of meat</td>
<td></td>
</tr>
<tr>
<td>Breakfast Combo ...............................................................................</td>
<td>$5.00</td>
</tr>
<tr>
<td>Choice of one item: Two Eggs your way OR either a sausage, or bacon, or egg biscuit</td>
<td></td>
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<tr>
<td>With your choice of a cup of coffee or a bottled water</td>
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<tr>
<td>2 Eggs, 2 Bacon ...............................................................................</td>
<td>$6.50</td>
</tr>
<tr>
<td>with your choice of a cup of coffee or a bottled water</td>
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</tr>
<tr>
<td>Bacon Biscuit ..................................................................................</td>
<td>$3.25</td>
</tr>
<tr>
<td>Sausage Biscuit ...............................................................................</td>
<td>$2.75</td>
</tr>
<tr>
<td>Egg Biscuit .....................................................................................</td>
<td>$3.00</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>A la Carte</th>
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</thead>
<tbody>
<tr>
<td>2 Eggs your way ...............................................................................</td>
<td>$3.00</td>
</tr>
<tr>
<td>2 Sausage patties ...........................................................................</td>
<td>$3.00</td>
</tr>
<tr>
<td>Bagel and Cream Cheese ...................................................................</td>
<td>$2.25</td>
</tr>
<tr>
<td>2 Strips of bacon ...........................................................................</td>
<td>$2.50</td>
</tr>
<tr>
<td>2 Slices of French Toast ..................................................................</td>
<td>$5.00</td>
</tr>
<tr>
<td>Fruit Cup .......................................................................................</td>
<td>$2.25</td>
</tr>
</tbody>
</table>
**Entrées**

Swiss and sundried tomato stuffed chicken ................................................................. $10.00
  chicken topped with pesto with herb couscous and green beans

Chicken BBQ plate ........................................................................................................ $11.00
  with coleslaw and macaroni n' cheese

Half and Half - Choose 2 ............................................................................................... $9.00
  Half a sandwich (any weekly sandwich) and half an entrée salad or cup of soup

**Salads**

Create your Own Salad.................................................................................................. $6.00
  Spinach, field greens, romaine, carrots, cucumbers, peppers, onions, scallions, blueberries, craisins, tomatoes, spicy almonds, strawberries, mushrooms, feta, parmesan, shredded cheddar, black beans, avocado, broccoli, olives and crackers

Add a protein.................................................................................................................. $2.50
  Chicken, turkey, ham, chicken salad

Half & Half .................................................................................................................... $9.00
  Choose Two: Half a sandwich (any weekly sandwich) and half an entrée salad or cup of soup

Salad Plate...................................................................................................................... $9.00
  Choose two: Pasta salad, cole-slaw, dual potato salad, herb roasted potato salad, side salad or fresh fruit
  Choose one: sliced chicken, ham salad, turkey or chicken salad

Chopped ......................................................................................................................... $8.00 sm
  with field greens, chicken, feta, black beans, scallions, mushrooms, peppers, cucumbers, tomatoes, avocado and choice of dressing

Caprese Salad ............................................................................................................... $8.00 sm
  with spinach, chicken, avocado, fresh mozzarella, tomatoes, pesto and balsamic glaze

Field Green Salad ......................................................................................................... $8.00 sm
  with strawberries, blueberries, almonds, feta, craisins, and chicken salad

**Flat Bread Pizzas**

Veggie............................................................................................................................ $7.00
  Sauce, cheese, tomatoes, peppers, onions, mushrooms, olives

Greek............................................................................................................................... $7.00
  Sauce, feta, parmesan, tomatoes, cucumbers, onions, olives and chicken

Meatlovers .................................................................................................................... $7.00
  Bacon, pepperoni, sausage and ham

BBQ Chicken Pizza...................................................................................................... $7.00
  BBQ Sauce, BBQ chicken, onions, bacon, goat cheese

**PRICES INCLUDE 13.5% Tax**

Grab n' Go Available Daily from 7:30 a.m. to 1:30 p.m. ~ local - homemade - delicious - family-owned
**Sandwiches**

Served with a choice one side of pasta salad, dual potato salad, fresh fruit, side salad or chips and a pickle

- **Brie, apple and Swiss sandwich**
  - on white bread with cranberry chutney
  - combo $10.00, sandwich only $8.25

- **Grilled BLT and cheese**
  - with bacon, spinach, tomato, cheddar cheese and Dijon mustard on white bread
  - combo $10.50, sandwich only $8.75

- **Chicken, pepperoni, pesto and provolone**
  - with bacon, tomato, spinach, chipotle mayo and pepper jack cheese
  - combo $10.50, sandwich only $8.75

- **Chicken salad wrap**
  - with spinach and tomatoes
  - combo $10.25, sandwich only $8.50

- **Turkey on wheatberry bread**
  - with cranberry mayo, brie, lettuce and tomato
  - combo $10.50, sandwich only $8.75

- **Veggie wrap**
  - with hummus, lettuce, tomato, black beans, roasted peppers and onions, mushrooms, cucumber
  - combo $9.75, sandwich only $8.00

- **Chicken, bacon and ranch wrap**
  - combo $10.25, sandwich only $8.50

- **Curried chicken salad sandwich**
  - on wheat toast with field greens
  - combo $10.50, sandwich only $8.75

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**Beverages and Snacks**

- Coffee/Iced tea $2.25
- Cup of ice $.50
- Bottled sodas/teas $2.25
- Monster $2.50
- Bottled juice $2.75
- Bottled water $2.00
- Canned Sparkling Water $2.00
- Cookie packs (chocolate chip cream, oatmeal cream, peanut butter chocolate cream) $2.25
- Peanut Butter and Chocolate Protein Bar (vegetarian) $2.00
- Lemon bar, peanut butter bar, brownie $2.75
- Coffee Cake $3.50
- Greek Yogurt $2.25
- Granola bars $1.50
- Chips $1.75

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**Featured Soup**

- **Creamy Tomato**
  - SM $5.00 / LG $7.00

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**Grab & Go**

- **Hummus and Veggies $5.00**
  - (a scoop of hummus with tomatoes, cucumbers, peppers and broccoli)

- **Ice Cream Novelties:**
  - Häagen-Dazs $2.25
  - FatBoy Ice Cream Sandwich $1.75
  - Kit-Kat drumstick $1.75

- **Cookie Packs $2.25**
  - (chocolate chip cream, oatmeal cream, peanut butter chocolate cream)

- **MOMO’s Brazilian Coffee Blend** $10.00 bag
- **Homemade Basil Vinaigrette Dressing** $8.00
- **Homemade Sweet Onion Dressing** $8.00

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**PRICES INCLUDE 13.5% Tax**

Grab n’ Go Available Daily from 7:30 a.m. to 1:30 p.m. ~ local - homemade - delicious - family-owned
Family Take Home Dinner for Four

$30.00
for the week of June 1, 2021

Choose one of the following meal options

- Pork burritos with tomato, black bean and corn salad and yellow rice
- Meat sauce with pasta, garlic bread and a field green salad

- No Substitutions.
- Payment due when placing the order.
- Order day before, or morning of pick up.
- Pick-up is available in the Quark Café no later than 1:45 p.m. on your designated pick-up day.
- Food will be cold at pick-up and labeled with heating instructions.
- Refrigeration required after pick-up.

To place your order, Call x 7370 or Text 757-206-3212
(No voicemails please)

Monday – Friday by 10:00 a.m. for same day pickup