

June 28 -
July 2



Breakfast Menu

Served 7:30 - 10:00 a.m.

Entrées

MOMO's Breakfast Sandwich	\$6.50
<i>Includes 2 Eggs and your choice from:</i>	
<i>Bread: bagel, wrap, biscuit, croissant or toast</i>	
<i>Meat: ham, sausage, turkey sausage, or bacon</i>	
<i>Cheese: provolone, Swiss, or cheddar</i>	
<div style="border: 1px solid green; padding: 5px; display: inline-block;"><i>Add on Spinach or tomatoes for \$0.25 and/or grilled peppers & onions for \$1.00</i></div>	
Monte Cristo Breakfast Sandwich	\$7.50
<i>with 2 eggs, bacon OR ham, cheddar, Swiss, on French toast and a side of raspberry jam</i>	
Biscuits and gravy	\$3.50

Daily Breakfast Specials

Hash Brown Plate	\$5.50
<i>with two eggs your way and a choice of meat</i>	
Breakfast Combo	\$5.00
<i>Choice of one item: Two Eggs your way OR either a sausage, or bacon, or egg biscuit</i>	
<i>With your choice of a cup of coffee or a bottled water</i>	
2 Eggs, 2 Bacon	\$6.50
<i>with your choice of a cup of coffee or a bottled water</i>	
Bacon Biscuit	\$3.25
Sausage Biscuit	\$2.75
Egg Biscuit	\$3.00

A la Carte

2 Eggs your way	\$3.00
2 Sausage patties	\$3.00
Bagel and Cream Cheese	\$2.25
2 Strips of bacon	\$2.50
2 Slices of French Toast	\$5.00
Fruit Cup	\$2.25

PRICES INCLUDE 13.5% Tax

Grab n' Go Available Daily from 7:30 a.m. to 1:30 p.m. ~ local - homemade - delicious - family-owned

**June 28 -
July 2**



Lunch Menu

Served 11:30 a.m. - 1:30 p.m

Entrées

Beef stroganoff	\$10.00
<i>with egg noodles and steamed broccoli</i>	
Greek paella	\$10.00
<i>with chicken, shrimp, olives, feta, sundried tomatoes and garbanzo beans with green beans</i>	
Half and Half - Choose 2	\$9.00
<i>Half a sandwich (any weekly sandwich) and half an entrée salad or cup of soup</i>	

Salads

Create your Own Salad	\$6.00
<i>Spinach, field greens, romaine, carrots, cucumbers, peppers, onions, scallions, blueberries, raisins, tomatoes, spicy almonds, strawberries, mushrooms, feta, parmesan, shredded cheddar, black beans, avocado, broccoli, olives and crackers</i>	
Add a protein	\$2.50
<i>Chicken, turkey, ham, chicken salad</i>	Per
Half & Half	\$9.00
<i>Choose Two: Half a sandwich (any weekly sandwich) and half an entrée salad or cup of soup</i>	
Salad Plate	\$9.00
<i>Choose two: Pasta salad, cole-slaw, dual potato salad, herb roasted potato salad, side salad or fresh fruit</i>	
<i>Choose one: sliced chicken, ham salad, turkey or chicken salad</i>	
Chopped	\$8.00 sm
<i>with field greens, chicken, feta, black beans, scallions, mushrooms, peppers, cucumbers, tomatoes, avocado and choice of dressing</i>	\$10.00 lg
Caprese Salad	\$8.00 sm
<i>with spinach, chicken, avocado, fresh mozzarella, tomatoes, pesto and balsamic glaze</i>	\$10.00 lg
Field Green Salad	\$8.00 sm
<i>with strawberries, blueberries, almonds, feta, raisins, and chicken salad</i>	\$10.00 lg

Flat Bread Pizzas

Veggie	\$7.00
<i>Sauce, cheese, tomatoes, peppers, onions, mushrooms, olives</i>	
Greek	\$7.00
<i>Sauce, feta, parmesan, tomatoes, cucumbers, onions, olives and chicken</i>	
Meatlovers	\$7.00
<i>Bacon, pepperoni, sausage and ham</i>	
BBQ Chicken Pizza	\$7.00
<i>BBQ Sauce, BBQ chicken, onions, bacon, goat cheese</i>	

PRICES INCLUDE 13.5% Tax

Grab n' Go Available Daily from 7:30 a.m. to 1:30 p.m. ~ local - homemade - delicious - family-owned



Sandwiches

Served with a choice one side of pasta salad, dual potato salad, fresh fruit, side salad or chips and a pickle

	<u>Combo</u>	<u>Sandwich Only</u>
MOMO's Tuna Melt <i>with fresh mozzarella, spinach, tomato and pesto on white bread</i>	\$10.50	\$8.75
Turkey Reuben <i>on rye bread</i>	\$10.50	\$8.75
Roasted pork and Swiss flatbread <i>with spicy mustard, spinach and pepper strips</i>	\$10.50	\$8.75
Chicken salad wrap <i>with spinach and tomatoes</i>	\$10.25	\$8.50
Turkey on wheatberry bread <i>with cranberry mayo, brie, lettuce and tomato</i>	\$10.50	\$8.75
Veggie wrap <i>with hummus, lettuce, tomato, black beans, roasted peppers and onions, mushrooms, cucumber</i>	\$9.75	\$8.00
Chicken, bacon and ranch wrap	\$10.25	\$8.50
Curried chicken salad sandwich <i>on wheat toast with field greens</i>	\$10.50	\$8.75

Walk-Ins Welcome or Place Your Order in Advance:
Call x 7370 or Text 757-206-3212 (No voicemails please)
*Place your order a minimum of 10 minutes ahead
of your pick-up time.*

Featured Soup
**Asian chicken
and rice**
SM \$5.00 / LG \$7.00

Beverages and Snacks

Coffee/Iced tea \$2.25
Cup of ice \$.50
Bottled sodas/teas \$2.25
Monster \$2.50
Bottled juice \$2.75
Bottled water \$2.00
Canned Sparkling Water \$2.00

Cookie packs (chocolate chip cream, oatmeal cream, peanut butter chocolate cream) \$2.25
Peanut Butter and Chocolate Protein Bar (vegetarian) \$2.00
Lemon bar, peanut butter bar, brownie \$2.75
Coffee Cake \$3.50
Greek Yogurt \$2.25
Granola bars \$1.50
Chips \$1.75

Grab & Go

Hummus and Veggies \$5.00
(a scoop of hummus with tomatoes, cucumbers, peppers and broccoli)

Ice Cream Novelties:
Häagen-Dazs \$2.25
FatBoy Ice Cream Sandwich \$1.75
Kit-Kat drumstick \$1.75

Cookie Packs \$2.25
(chocolate chip cream, oatmeal cream, peanut butter chocolate cream)

MOMO's Brazilian Coffee Blend \$10.00 bag
Homemade Basil Vinaigrette Dressing \$8.00
Homemade Sweet Onion Dressing \$8.00

PRICES INCLUDE 13.5% Tax

Grab n' Go Available Daily from 7:30 a.m. to 1:30 p.m. ~ local - homemade - delicious - family-owned



Family Take Home Dinner for Four \$30.00

for the week of June 28, 2021

Choose one of the following meal options

**Pork burritos with tomato, black bean and
corn salad and yellow rice**

or

**Meat sauce with pasta, garlic bread
and a field green salad**

- No Substitutions.
- Payment due when placing the order.
- Order day before, or morning of pick up.
- Pick-up is available in the Quark Café no later than 1:45 p.m. on your designated pick-up day.
- Food will be cold at pick-up and labeled with heating instructions.
- Refrigeration required after pick-up.

To place your order, Call x 7370 or Text 757-206-3212

(No voicemails please)

Monday – Friday by 10:00 a.m. for same day pickup

PRICES INCLUDE 13.5% Tax

Grab n' Go Available Daily from 7:30 a.m. to 1:30 p.m. ~ local - homemade - delicious - family-owned