**Breakfast Menu**

*Served 7:30 - 10:00 a.m.*

### Entrées

**MOMO's Breakfast Sandwich**
Includes 2 Eggs and your choice from:

- **Bread:** bagel, wrap, biscuit, croissant or toast
- **Meat:** ham, sausage, turkey sausage, or bacon
- **Cheese:** provolone, Swiss, or cheddar

$6.50

*Add on Spinach or tomatoes for $0.25 and/or grilled peppers & onions for $1.00*

**Monte Cristo Breakfast Sandwich**
with 2 eggs, bacon OR ham, cheddar, Swiss, on French toast and a side of raspberry jam

$7.50

**Biscuits and gravy**

$3.50

### Daily Breakfast Specials

**Hash Brown Plate**
with two eggs your way and a choice of meat

$5.50

**Breakfast Combo**
Choice of one item: Two Eggs your way OR either a sausage, or bacon, or egg biscuit
With your choice of a cup of coffee or a bottled water

$5.00

**2 Eggs, 2 Bacon**
with your choice of a cup of coffee or a bottled water

$6.50

**Bacon Biscuit**

$3.25

**Sausage Biscuit**

$2.75

**Egg Biscuit**

$3.00

### A la Carte

**2 Eggs your way**

$3.00

**2 Sausage patties**

$3.00

**Bagel and Cream Cheese**

$2.25

**2 Strips of bacon**

$2.50

**2 Slices of French Toast**

$5.00

**Fruit Cup**

$2.25

**PRICES INCLUDE 13.5% Tax**

Grab n’ Go Available Daily from 7:30 a.m. to 1:30 p.m. ~ local - homemade - delicious - family-owned
**Entrees**

- **Beef stroganoff**
  with egg noodles and steamed broccoli
  $10.00

- **Greek paella**
  with chicken, shrimp, olives, feta, sundried tomatoes and garbanzo beans with green beans
  $10.00

- **Half and Half - Choose 2**
  Half a sandwich (any weekly sandwich) and half an entrée salad or cup of soup
  $9.00

**Salads**

- **Create your Own Salad**
  Spinach, field greens, romaine, carrots, cucumbers, peppers, onions, scallions, blueberries, craisins, tomatoes, spicy almonds, strawberries, mushrooms, feta, parmesan, shredded cheddar, black beans, avocado, broccoli, olives and crackers
  $6.00

- **Add a protein**
  Chicken, turkey, ham, chicken salad
  $2.50 Per

- **Half & Half**
  Choose Two: Half a sandwich (any weekly sandwich) and half an entrée salad or cup of soup
  $9.00

**Salad Plate**

- Choose two: Pasta salad, cole-slaw, dual potato salad, herb roasted potato salad, side salad or fresh fruit
- Choose one: sliced chicken, ham salad, turkey or chicken salad
  $9.00

- **Chopped**
  with field greens, chicken, feta, black beans, scallions, mushrooms, peppers, cucumbers, tomatoes, avocado and choice of dressing
  $8.00 sm
  $10.00 lg

- **Caprese Salad**
  with spinach, chicken, avocado, fresh mozzarella, tomatoes, pesto and balsamic glaze
  $8.00 sm
  $10.00 lg

- **Field Green Salad**
  with strawberries, blueberries, almonds, feta, craisins, and chicken salad
  $8.00 sm
  $10.00 lg

**Flat Bread Pizzas**

- **Veggie**
  Sauce, cheese, tomatoes, peppers, onions, mushrooms, olives
  $7.00

- **Greek**
  Sauce, feta, parmesan, tomatoes, cucumbers, onions, olives and chicken
  $7.00

- **Meatlovers**
  Bacon, pepperoni, sausage and ham
  $7.00

- **BBQ Chicken Pizza**
  BBQ Sauce, BBQ chicken, onions, bacon, goat cheese
  $7.00

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**PRICES INCLUDE 13.5% Tax**
**Sandwiches**

Served with a choice one side of pasta salad, dual potato salad, fresh fruit, side salad or chips and a pickle

MOMO’s Tuna Melt ................................................................. $10.50 $8.75
with fresh mozzarella, spinach, tomato and pesto on white bread

Turkey Reuben ................................................................. $10.50 $8.75
on rye bread

Roasted pork and Swiss flatbread ........................................ $10.50 $8.75
with spicy mustard, spinach and pepper strips

Chicken salad wrap ......................................................... $10.25 $8.50
with spinach and tomatoes

Turkey on wheatberry bread ............................................... $10.50 $8.75
with cranberry mayo, brie, lettuce and tomato

Veggie wrap ................................................................. $9.75 $8.00
with hummus, lettuce, tomato, black beans, roasted peppers and onions, mushrooms, cucumber

Chicken, bacon and ranch wrap ...................................... $10.25 $8.50

Curried chicken salad sandwich ....................................... $10.50 $8.75
on wheat toast with field greens

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**Beverages and Snacks**

Coffee/Iced tea $2.25
Cup of ice $.50
Bottled sodas/teas $2.25
Monster $2.50
Bottled juice $2.75
Bottled water $2.00
Canned Sparkling Water $2.00

Cookie packs (chocolate chip cream, oatmeal cream, peanut butter chocolate cream) $2.25
Peanut Butter and Chocolate Protein Bar (vegetarian) $2.00
Lemon bar, peanut butter bar, brownie $2.75
Coffee Cake $3.50
Greek Yogurt $2.25
Granola bars $1.50
Chips $1.75

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**Grab & Go**

**Hummus and Veggies $5.00**
(a scoop of hummus with tomatoes, cucumbers, peppers and broccoli)

**Ice Cream Novelties:**
Häagen-Dazs $2.25
FatBoy Ice Cream Sandwich $1.75
Kit-Kat drumstick $1.75

**Cookie Packs $2.25**
(chocolate chip cream, oatmeal cream, peanut butter chocolate cream)

MOMO’s Brazilian Coffee Blend $10.00 bag
Homemade Basil Vinaigrette Dressing $8.00
Homemade Sweet Onion Dressing $8.00

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**Featured Soup**
Asian chicken and rice
SM $5.00 / LG $7.00

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**Walk-Ins Welcome or Place Your Order in Advance:**
Call x 7370 or Text 757-206-3212 (No voicemails please)
Place your order a minimum of 10 minutes ahead of your pick-up time.
Family Take Home Dinner for Four

$30.00
for the week of June 28, 2021

Choose one of the following meal options

Pork burritos with tomato, black bean and corn salad and yellow rice
or
Meat sauce with pasta, garlic bread and a field green salad

- No Substitutions.
- Payment due when placing the order.
- Order day before, or morning of pick up.
- Pick-up is available in the Quark Café no later than 1:45 p.m. on your designated pick-up day.
- Food will be cold at pick-up and labeled with heating instructions.
- Refrigeration required after pick-up.

To place your order, Call x 7370 or Text 757-206-3212
(No voicemails please)

Monday – Friday by 10:00 a.m. for same day pickup