Breakfast Menu
Served 7:30 - 10:00 a.m.

Daily Breakfast Specials

MOMO’s Breakfast Sandwich ................................................................. $6.50
Includes 2 Eggs and your choice from:
Bread: bagel, wrap, biscuit, croissant or toast
Meat: ham, sausage, turkey sausage, or bacon
Cheese: provolone, Swiss, or cheddar

Add-ons
spinach or tomatoes for $0.25
grilled peppers & onions for $1.00
mushrooms for $1.00
avocado for $1.00

Monte Cristo Breakfast Sandwich ....................................................... $7.50
with 2 eggs, bacon OR ham, cheddar, Swiss, on French toast and a side of raspberry jam

Biscuits and gravy ........................................................................ $3.75

Omelet ............................................................................................... $6.00
Your choice of a meat and a cheese with up to three add-ons

Hash Brown Plate ........................................................................... $5.75
with two eggs your way and a choice of meat

Quiche ............................................................................................... $4.50
Bacon, cheddar and scallion

2 Eggs, 2 Bacon ................................................................................ $6.50
with your choice of a cup of coffee or a bottled water

A la Carte

2 Eggs your way ................................................................................ $3.00
2 Sausage patties ............................................................................. $3.00
Bagel and Cream Cheese ................................................................. $2.25
2 Strips of bacon ............................................................................. $2.50
2 Slices of French Toast ................................................................... $5.00
Fruit Cup ............................................................................................. $2.25
Toast or Biscuit ............................................................................... $1.50

PRICES INCLUDE 13.5% Tax

Grab n’ Go Available Daily from 7:30 a.m. to 1:30 p.m. ~ local - homemade - delicious - family-owned
**Lunch Menu**

_Served 11:30 a.m. – 1:30 p.m_

---

**Entrées**

- **Ground beef or veggie baked ziti** ................................................................. $10.00
  with green beans and garlic bread

- **Chicken BBQ plate** ......................................................................................... $10.00
  with spoon bread and steamed broccoli and a small side of coleslaw

- **Half and Half - Choose 2** ............................................................................... $9.00
  Half a sandwich (any grab-and-go or weekly sandwich), half a small salad or cup of soup

---

**Custom-made Salads**

**Weekly assortment of fresh fruits and veggies plated and served to you for $9.50/lb**

_Rotating examples include: Spinach, field greens, romaine, carrots, cucumbers, peppers, onions, scallions, blueberries, craisins, tomatoes, spicy almonds, strawberries, mushrooms, feta, parmesan, shredded cheddar, black beans, avocado, broccoli, olives, crackers, chicken salad, turkey, ham, pasta salad, potato salad_

---

**Entrée Salads**

- **Chopped** ........................................................................................................ $8.00
  with field greens, chicken, feta, black beans, scallions, mushrooms, peppers, cucumbers, tomatoes, avocado and choice of dressing

- **Caprese Salad** ................................................................. $8.00
  with spinach, chicken, avocado, fresh mozzarella, tomatoes, pesto and balsamic glaze

- **Field Green Salad** ......................................................................................... $8.00
  with strawberries, blueberries, almonds, feta, craisins, and chicken salad

---

PRICES INCLUDE 13.5% Tax

Grab n’ Go Available Daily from 7:30 a.m. to 1:30 p.m. ~ local - homemade - delicious - family-owned
**Flat Bread Pizzas**

- **Veggie**
  - Sauce, cheese, tomatoes, peppers, onions, mushrooms, olives
  - $7.00
- **Greek**
  - Sauce, feta, parmesan, tomatoes, cucumbers, onions, olives and chicken
  - $7.00
- **Meatlovers**
  - Bacon, pepperoni, sausage and ham
  - $7.00

**Grab-and-go Sandwiches**

*Turn any sandwich into a combo with a side and 12oz drink for $11.50*

- **Chicken salad wrap**
  - with spinach and tomatoes
  - $8.50
- **Turkey on wheatberry bread**
  - with cranberry mayo, brie, lettuce and tomato
  - $8.75
- **Veggie wrap**
  - with hummus, lettuce, tomato, black beans, roasted peppers and onions, mushrooms, cucumber
  - $8.00
- **Chicken, bacon and ranch wrap**
  - $8.50
- **Curried chicken salad sandwich**
  - $8.75
- **Turkey and cheddar cheese on a sub roll**
  - $8.00

**Hot Dogs**

- 1 for $3.50 or 2 for $6.00
- Hot Dog Combo: 1 hot dog, your choice of chips and canned drink for $6.00

**Featured Sandwiches**

*Turn any sandwich into a combo with a side and 12oz drink for $11.50*

- **MOMO’s tuna melt**
  - with peppers and onions and pepper jack cheese
  - $8.75
- **Ham, brie and apple**
  - with cranberry chutney on wheat
  - $8.75
- **Chicken chipotle club flatbread**
  - with chicken, bacon, pepper jack cheese, spinach, tomatoes and chipotle mayo
  - $8.75

**Prices Include 13.5% Tax**

Grab n’ Go Available Daily from 7:30 a.m. to 1:30 p.m. ~ local - homemade - delicious - family-owned
Grab & Go

Hummus and Veggies $5.00
(a scoop of hummus with tomatoes, cucumbers, peppers and broccoli)

Charcuterie $4.00
Assortment of meats and cheeses to go.

Ice Cream Novelties:
Häagen-Dazs $2.25
FatBoy Ice Cream Sandwich $1.75
Kit-Kat drumstick $1.75

Cookie Packs $2.25
(chocolate chip cream, oatmeal cream, peanut butter chocolate cream)

MOMO's Brazilian Coffee Blend $10.00 bag
Homemade Basil Vinaigrette Dressing $8.00
Homemade Sweet Onion Dressing $8.00

Beverages and Snacks

Coffee/Iced tea $2.25
Cup of ice $.50
Bottled sodas/teas $2.25
Monster $2.50
Bottled juice $2.75
Bottled water $2.00
Canned Sparkling Water $2.00

Cookie packs (chocolate chip cream, oatmeal cream, peanut butter chocolate cream) $2.25
Lemon bar, peanut butter bar, brownie $2.75
Coffee Cake $3.50
Greek Yogurt $2.25
Granola bars $1.50

Sides for $2.25
Pasta Salad
Dual potato salad
Fresh Fruit
Roasted potato salad
Side salad

Sides for $1.75
Assorted chips

Featured Soup:

Chicken and Rice

SM $5.00 / LG $7.00

Walk-Ins Welcome or Place Your Order in Advance:
Call x 7370 or Text 757-206-3212
(No voicemails please)
Place your order a minimum of 10 minutes ahead

PRICES INCLUDE 13.5% Tax

Grab n’ Go Available Daily from 7:30 a.m. to 1:30 p.m. ~ local - homemade - delicious - family-owned
Family Take Home Dinner for Four
$30.00

Choose one of the following meal options

Meatloaf with roasted potatoes and green beans
or
Chicken enchiladas with yellow rice
and roasted vegetable medley

- No Substitutions.
- Payment due when placing the order.
- Order day before, or morning of pick up.
- Pick-up is available in the Quark Café no later than 1:45 p.m. on your designated pick-up day.
- Food will be cold at pick-up and labeled with heating instructions.
- Refrigeration required after pick-up.

To place your order, Call x 7370 or Text 757-206-3212 (No voicemails please)

Monday – Friday by 10:00 a.m. for same day pickup

PRICES INCLUDE 13.5% Tax
Grab n’ Go Available Daily from 7:30 a.m. to 1:30 p.m. ~ local ~ homemade ~ delicious ~ family-owned